

GREATER OUTREACH GAZETTE

MESSAGE FROM THE CEO

Hello All,

Reflecting on an Exciting Quarter

This has been quite an eventful few months! On October 6th, we officially moved into our new office at 2525 Meridian Parkway, Suite LL50, Durham, NC. We invite you to stop by and visit! This new space allows us to grow and expand the number of in-person programs we can offer our clients. One of these exciting initiatives is our Food Pantry, which will kick off just in time for Thanksgiving. If you would like to contribute—through food or monetary donations—your generosity will be deeply appreciated. To learn more, please contact Trika Lane at tlane@greateroutreachsvcs.com.

Spreading Joy: Our Annual Toy Drive

We are also launching our Toy Drive in partnership with the U.S. Marines Toys for Tots program! If your clients are in need of toys for their children (up to age 13), please **email Trika Lane** at tlane@greateroutreachsvcs.com **before November 21st** for details.

Professional Milestone

I am pleased to announce that I am now a Certified Trainer for the new State-approved Peer Support Curriculum: Foundations II. This certification represents an important step forward in our mission to equip and empower individuals through effective peer support training.

Holiday Celebration

Let's wrap up this amazing year together! Please join us for our company's Holly Jolly Holiday Party. Take the day off from Greater Outreach Services, bring your family, and enjoy an evening filled with good food, great company, and holiday fun at King's Bowl in Raleigh, Dec. 12th.



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Holiday Celebration

You've all worked incredibly hard this year through challenging and uncertain times. I want to take this opportunity to celebrate each of you and everything we have accomplished together. Please **RSVP to Sybil Ingram singram-henson@greateroutreachservices.com by December 1st**. I look forward to seeing everyone there!

-Nyesha Robinson
Chief Executive Officer



NCCPSS Recertification Reminders

All NC Certified Peer Support Specialists with a **January 2026 certificate expiration date or earlier** can now submit the [NC CPSS recertification application](#) to maintain NC CPSS certification.



If you or someone you know is in emotional distress or experiencing a mental health crisis, help is available. Call or text 988 to reach the Suicide & Crisis Lifeline—free, confidential support 24/7.

Health & Mental Health Awareness

Breast Cancer Awareness Month highlights the importance of medical screening and support. As clinicians, we are often the first to notice when physical health concerns are impacting a client's mental well-being. This is a reminder to hold space for conversations around health, body image, grief, and resilience in the face of illness. October is also Depression and Mental Health Screening Month. Depression and anxiety continue to affect countless individuals, often silently. Let's reflect on how we are incorporating validated screening tools, like the PHQ-9 and GAD-7, into our practice. These tools not only provide structure but also open the door to critical conversations with clients who may be struggling in ways not immediately visible.

Awareness Events:

- Mental Illness Awareness Week: October 5–11
- World Mental Health Day: October 10
- OCD Awareness Week: October 13–19
- ADHD Awareness Month: All month long

With gratitude,
Kimani Seryby LMHC
Clinical Director