

# HEALTH HISTORY

## Personal Information

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Occupation \_\_\_\_\_ Marital Status: \_\_\_\_\_ Name of Partner/Spouse: \_\_\_\_\_

**Race:**  Asian  Black or African American  Native American  White / Caucasian  
 Other: \_\_\_\_\_

**Ethnicity:** Do you identify with an Ethnic origin? If yes, please note: \_\_\_\_\_

Number of children: \_\_\_\_\_ Children's Names/Ages: \_\_\_\_\_

Names/Specialties/Locations of Other Physicians Caring for You, including previous primary care doctor: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Medical Information

Please list any **MEDICATIONS** you are currently taking, prescribed or over the counter (use the back of the page if needed and indicate so):

Medication	Dosage	Route	Frequency

Any **Allergies** to Medication or Food (list reactions): \_\_\_\_\_

Preferred **Pharmacy**: \_\_\_\_\_

Date of Last Complete Physical Exam: \_\_\_\_\_ Date of Last Blood Work: \_\_\_\_\_

Date of Last Colonoscopy: \_\_\_\_\_ Date of Last Tetanus Shot: \_\_\_\_\_

**For Females:** Date of Last Menstrual Period: \_\_\_\_\_ Date of Last Pap Smear: \_\_\_\_\_

History of Abnormal Pap (list date/s)? \_\_\_\_\_ Date of Last: Mammogram: \_\_\_\_\_ DEXA: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Terminations: \_\_\_\_\_ Living Children: \_\_\_\_\_

Method/s of Contraception: \_\_\_\_\_