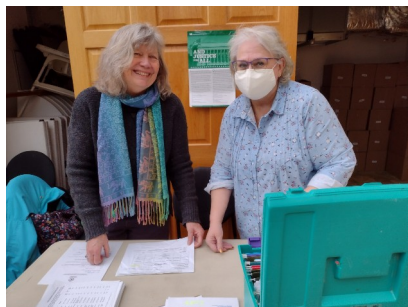




# The Pantry Door

Published monthly by the Homer Community Food Pantry – April, 2023

## Senior CSFP Food Boxes



Pat Moreth and Donna Wells

CSFP food boxes are delivered monthly to HCFP. The boxes contain food items to provide nutrients for our clients. Usually rice/pasta, cereal, canned fruits and vegetables, meat, plant-based protein, milk and cheese. Clients are senior citizens over 60 years of age, who are at or below 130% of the Federal Poverty Income Guideline. Food Bank of Alaska in 2021 delivered over 25,000 boxes with the help of partner agencies. The State of Alaska Department of Health & Social Services, Division of Public Assistance & Family Nutrition Programs administer the boxes. If you qualify for this program, [sign up!](#)

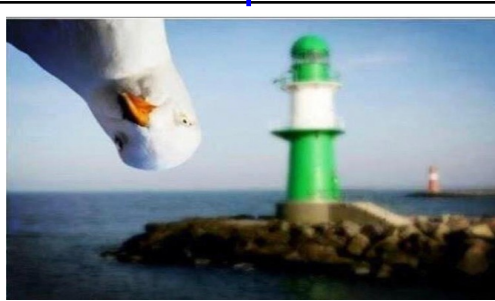
## Proud Popcorn Packers!



For several years now, students from the Homer High School have donated their time and energy to helping at HCFP. Pictured here are Lance Parkinson, Kate Crowley (para), Albert Freeman, Stefan Avent Mercadante and Stella Dye. *We love you & popcorn!*

*Providing food and emergency assistance, with compassion, to those seeking our services.*

## A Plethora of Protein! Coop's Coffee Delivers!



**That's right, I'm talking to you!** That was the plea for protein that Coop's Coffee sent out to its patrons! If you brought in fish, beef, pork or poultry, to Coop's Coffee, your drink was free as a thank you!



## Kelly Cooper you are A Keeper!

If you are familiar with **Kelly Cooper**, you know her as someone *always willing* to promote a good cause! We are so grateful!

**Elsa Milne**, standing at the window of Coop's Coffee, ready to grant your wish of a beverage of your choice if you provided protein for the Homer Community Food Pantry the week of March 26<sup>th</sup> -April 1<sup>st</sup>.

## All Things Recovery Coalition & Ninilchik Traditional Council Outreach

The goal of this outreach program is to spread the message of hope, that recovery from addiction is possible and to share the resources that are available in our community. At our table at HCFP we have pamphlets from local agencies that offer addiction treatment and behavioral health services.

We're also able to distribute Narcan kits and help individuals connect to services they are seeking.

This could include finding local support group meetings such as AA or NA or connecting with an agency that offers MAT.

By building relationships and sharing our stories with one another, it builds the recovery community. There is often so much stigma attached to



Jaclyn Rainwater

addiction. People are afraid to ask for help and feel alone in their struggle. My hope each week at the food pantry is to end the stigma around addiction and to let people know there is a recovery community ready to support them wherever they are in their journey!