

# MISS SOPHIE'S

Lunch Served  
Monday-Friday  
11:00 – 2:00

At the National Museum of the Eighth Air Force, 175 Bourne Avenue, Pooler GA  
912-330-0778 /www.sophiesmarketplace.com

Let the team of Miss Sophie's and Savannah Bell Catering cater your next event. From blue jeans to black tie affairs our well seasoned team can make your next event unforgettable



## SPECIALTY SANDWICHES

All Sandwiches served with a crisp pickle and a bag of chips  
Unless otherwise noted.

### TURKEY CRANBERRY GRILL – 7.75

Oven roasted turkey breast and brie on hearty wheat, with our house made cranberry-apple relish

### CHICKEN BACON & APPLE GRILL – 7.75

Sliced chicken breast, bacon and brie on ciabatta, with an apple butter spread

### GRILLED CHICKEN WRAP – 7.75

Perfectly seasoned, grilled all natural chicken tenders, lettuce and melted Havarti cheese on a spinach wrap served with our house ranch for dipping (add mashed avocado for .75/bacon for 1.00)

### PUB CLUB – 9.00

Ham, turkey, bacon, provolone cheese, lettuce & tomato (no side included)

### WEST COAST PUB – 9.00

Turkey, bacon, Swiss cheese, baby spinach, tomato and mashed avocado with house made chipotle aioli (no side included)

### GRILLED CHEESE – 5.50

Choose your flavor – Provolone, Cheddar, Swiss or Havarti (Extra Cheese \$1.00/slice)

### SOPHISTICATED GRILLED CHEESE – 6.50

A decadent combination of sliced Havarti & Pimento Cheese (Add fried green tomatoes or bacon for \$1 extra)

### PESTO BLT – 5.50

Premium hickory smoked bacon, lettuce, tomato and our house made pesto (add smashed avocado for .75)

See reverse side for more sandwiches and sides

## SOUTHERN COMFORT FOOD

### Southern Plate – 9.95

1 entrée, 2 sides, bread and beverage

Veggie Plate – 7.75

4 sides, bread and beverage

All YOU CAN EAT - 13.00 (Includes Dessert)

### LOAFING MONDAY

Meatloaf, Country Fried Steak and Gravy, Mashed Potatoes, Garden Peas, Green Beans, Pasta Salad, Breadsticks

### CHOPPING TUESDAY

Fried Pork Chops, Chef's Entrée, Roasted Potatoes, Carrot Casserole, Corn Casserole, Mac & Cheese, Green Beans, Rolls

### ROASTED WEDNESDAY

Pot Roast with Potatoes and Carrots, Fried Chicken, Sweet Potato Crunch, Rice, Green Beans, Broccoli Casserole, Corn Muffins /Rolls

### CLUCKING THURSDAY

Fried Chicken, Entrée Casserole Special, Green Beans, Roasted Squash Medley, Macaroni & Cheese,

Sweet Potato Crunch,

Breadsticks/ Rolls

### FISHY FRIDAY

Fried Fish, Baked Fish, Chicken Tenders, Twice Baked Potato Casserole, Green Beans, Cheese Grits, Cole Slaw, Hushpuppies/Rolls

Dessert of the Day \$1.99

## SALADS

RED WHITE & BLUE SALAD SMALL \$7.00/LARGE 8.00  
Artisan Greens, strawberries, blueberries, feta cheese, & sunflower seeds with our house made Honey Vinaigrette

CHEF SALAD SMALL 8.00/LARGE 9.00  
Artisan Greens, ham, turkey, bacon, eggs, tomatoes, cheddar cheese & red onions

COBB SALAD SMALL 8.00/LARGE 9.00  
Romaine, grilled chicken, bacon, diced eggs, tomatoes, onions and blue cheese, smashed avocado, blue cheese dressing

FALL MIXED GREENS SALAD SMALL 6.50/LARGE 8.00  
Artisan Greens, sweetened cranberries, walnuts, and blue cheese with our house made Poppy Seed dressing

ORCHARD DELIGHT SMALL 6.50/LARGE 9.00  
Artisan greens, sliced apples, pecans & feta cheese with our house made Honey Vinaigrette

STRAWBERRY SPINACH SMALL 6.00/LARGE 7.50  
Spinach, strawberries, and feta cheese with our homemade Poppy Seed dressing

GARDEN SALAD SMALL 6.00/LARGE 7.50  
Artisan Greens, tomatoes, cucumbers, & cheddar cheese

### ADD A LITTLE SOMETHING EXTRA

Chick Peas	1.00	Tuna Salad	2.75
Smashed Avocado	1.50	Shrimp Salad	3.50
Grilled Chicken	3.00	Chicken Salad	3.50
Fried Chicken Tenders	3.50		

### DRESSINGS:

House Made: Ranch\*Blue Cheese\*Italian\*  
Honey vinaigrette\*Poppy Seed\*

Other Options: Balsamic Vinaigrette\*Caesar\*Thousand Island

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**WHAT'S FOR DINNER?**  
How about one of our frozen  
ready-to-bake casseroles?  
Ask your server what  
We have available today!

## DELI SANDWICHES

All Sandwiches served with a crisp pickle and a bag of chips  
Unless otherwise noted

MISS SOPHIE'S FAMOUS CHICKEN SALAD – 8.00

**Best chicken salad in the south with pecans and juicy grapes**

SHRIMP SALAD – 8.50

**Plump shrimp dressed with our time tested & wildly delicious sauce**

TUNA SALAD – 7.00

**Old fashioned goodness! Made with Dukes mayo and sweet relish**

HOMEMADE PIMENTO CHEESE – 7.50

**The south is known for pimento cheese and so are we!!**

HUMMUS VEGGIE WRAP – 7.00

**House made hummus, sliced tomatoes, shredded carrots, cucumbers, spinach & red onion**

BUILD A DELI SANDWICH - \$7.50

**(1 protein, 1 cheese, sauce, veggies)**

PROTEIN (extra proteins \$1 each)

Black Forest Ham - Oven Roasted Turkey Breast – Oven Roasted Chicken Breast – Roast Beef - Bacon

CHEESE (extra slice \$1 each)

Cheddar – Provolone- Havarti- Swiss-Brie-American

VEGGIES

Green Lettuce-Spinach-Tomato-Onion (Mashed Avocado \$1 extra)

BREAD

Croissant - Hearty Wheat – Country White – Rye – Ciabatta Roll

Plain Wrap or Spinach Wrap

SAUCE

Mayonnaise - Chipotle Aioli – Yellow Mustard – Pub Mustard – Horseradish Sauce

## FROM OUR GRILL

Grill Items are cooked to order so please allow 15 minutes  
For us to make it awesome for you!

HUNTER CATTLE GRASS FED BURGER – 8.95

**1/3 pound patty with Lettuce, Tomato, Pickle & Onions**

VEGGIE BURGER – 7.95

**Made with quinoa, brown rice, bulgur, roasted corn, black beans and roasted red peppers**

**ADD A LITTLE SOMETHING EXTRA**

Bacon 1.25

Fried Green Tomato 1.50

Pimento Cheese 1.25

Avocado 1.50

Cheese Slice 1.00

Fried Egg 1.50

ALL BEEF HOT DOG – 5.95

**Just because every menu needs a good dog!**

GRILLED CHICKEN PESTO SANDWICH – 7.95

**Chicken breast, pesto, lettuce, tomato and red onion on a toasted bun with or without the cheese of your choice**

**Add Fries, Potato Chippers or Tater Tots for \$1.50**

MEATLOAF SANDWICH – 8.95

**Our homemade meatloaf with mashed potatoes and gravy served open faced on country white toast**

FISH & CHIPS – 9.95

**A tribute to the beautiful English pub décor, beer battered cod and chippers served with house remoulade sauce and malt vinegar**

TENDERS & TOTS – 7.95

**Crispy fried all white meat chicken tenders and tater tots with Sophie's Pub Sauce for dipping**

## SIDES

FRENCH FRIES \$1.99  
POTATO CHIPPERS \$1.99  
TATER TOTS \$1.99  
SIDE SALAD \$1.99  
POTATO CHIPS \$.93

## BEVERAGES

Tea/Coke/Diet Coke/Coke Zero/Pink Lemonade/Mr. Pibb/Coffee  
Small (20 oz) \$1.75  
Large (32 oz) \$2.25

## CHILDREN'S MENU

Peanut Butter & Jelly Sandwich \* Grilled Cheese Sandwich\* Chicken Nuggets  
Served with a bag of chips or sliced apples  
4.50

## CATERING

We are a full service caterer! Corporate or Social  
blue jeans or black tie –Miss Sophie's will handle your catering needs in true  
Southern Bell Style!