

Gratitude Worksheet

01/02

List ten things you have a reason to be thankful for:

01

How are my challenges making me learn:

02

The people in my life I'm really thankful for:

03

Things I'm looking forward to:

04

Gratitude Worksheet

02/02

Today I'm grateful for:

01

People I'm grateful for:

02

Something awesome that happened:

03

My best memories:

04

Best parts of my day:

05

Things that made me smile:

06