

FCCLA Planning Process Worksheet



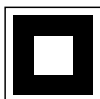
IDENTIFY CONCERNS

I identified a concern in my state amongst high school seniors and college freshmen. I found that many people in this age group were struggling with issues related to unhealthy eating choices. I also found that it was hard for most people in this age group to afford healthy food.



SET A GOAL

I set a goal to create a video that showed high school seniors and college freshman how to grocery shop while in college. In this video I went over how to plan for grocery shopping, what food to get, and how to save money when paying.



FORM A PLAN

Who- I created this video, and plan to share it on youtube and the Nebraska City High School website for high school seniors and college freshmen to see.

What- I created a tutorial video using elements on Canva and posted the video to youtube.

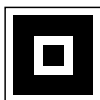
Where- This video will be posted on Youtube and the Nebraska City High School website. Once the Nebraska City FCCLA chapter website is finished, it will also be posted on there.

When- I created this video during November of 2023, and I will be posting it during January of 2024. This will give highschool seniors a chance to see the video before they head to college. It will also give college freshman a chance to see it before the new semester.

Why- I created this video to teach college or college-bound students how to find and afford healthy food while in college. I am a college-bound senior who struggles with knowing how to grocery shop. This video will help those like me have a better understanding of grocery shopping.

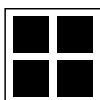
How- This video was created using Canva. This allowed for the video to have the main points pop out using interesting graphics that will catch the viewers eye.

- who
- what
- where
- when
- why
- how



ACT

I created this video in November of 2023 using Canva and Microsoft microphone recorder. This video was then posted on Youtube and the Nebraska City High School website for highschool seniors and college freshman to view.



FOLLOW UP

I presented this video at a chapter meeting of the Nebraska City High School FCCLA chapter. I included feedback form for the students to fill out once they saw the video. Many had said that they learned lots of valuable information that they did not know before. They had also said that they would watch it again. One thing that could have gone better, is that this could have been a series with different recipes and the ingredients used for college students to view. I plan on making this a series with different recipes in the future and publishing it on the Nebraska City High School website.

What could have gone better/what did you learn?