



Chief Executive Officer
Supervisory Staff Psychotherapist

Currently Offering Teletherapy

Accepting clients 9+ & Adults

Accepted Insurances

Maryland Medicaid
BlueCross and BlueShield
Cigna/Evernorth
Aetna

BYRAN LCADC

Byran is a licensed mental health therapist with a master's degree in counseling from Coppin State University. He works with children aged 9+, adolescents, and adults with mental health challenges and addiction issues.

Byran specializes in working with individuals with severe mental health disorders and co-occurring disorders. He also has experience working with individuals and families with relational challenges, anxiety, depression, ADHD, and behavioral issues.

Byran takes an integrative approach to therapy, incorporating Cognitive Behavioral Therapy (CBT), Mindfulness-Based techniques, and Person-Centered Therapy to meet each client's unique needs and goals. He believes in empowering individuals by providing them with the tools and strategies to foster resilience and personal growth.

Byran strives to create a warm, supportive, and nonjudgmental space where clients of all genders and sexual orientations feel heard and valued. He believes therapy is a collaborative process that empowers clients in their journey toward self-discovery, healing, and personal growth.

Byran understands that seeking therapy can be a big step, and he is committed to walking alongside his clients with compassion and understanding and looks forward to supporting them on their path to healing.

Specialties:

- Severe mental health disorders
- Substance-related and co-occurring conditions
- ADHD
- Depression
- Anxiety and stress management
- Trauma (sexual, physical, and emotional)
- Life transitions and adjustment
- Grief and loss
- Communication and relationship skills

Education:

- M.S., Coppin State University, College of Behavioral and Social Sciences
- B.S., University of Baltimore, College of Public Affairs

Board-Approved to Supervise:

- Licensed Graduate Professional Counselors
- Licensed Graduate Alcohol and Drug Counselors
- Certified Associate Counselors – Alcohol and Drug
- Certified Supervised Counselors – Alcohol and Drug
- Alcohol and Drug Trainees

Treatment Experience:

- Regional Supervisor, *Maryland Department of Public Safety and Correctional Services, Baltimore, MD*
- Therapist, *MPB Group, Inc., Columbia, MD*
- Therapist, *MDH Spring Grove Hospital Center, Catonsville, MD*
- Therapist, *MDH Clifton T. Perkins Hospital Center, Jessup, MD*
- Counselor, *TIME Organization, Inc., Baltimore, MD*
- Counselor, *Treatment Resources for Youth, Inc., Baltimore, MD*