

Membership Overview

Pathways Behavioral Health Group's Internship Membership Program offers clients an affordable way to receive mental health services from **Graduate Counseling Student Interns** under the direct supervision of licensed mental health professionals. This program provides cost-effective access to therapy while ensuring high-quality care and compliance with ethical and legal standards.

Membership Tiers & Pricing

Clients can choose from the following monthly membership plans, each offering different levels of access to services:

1. Essential Care Plan - \$99/month

- 2 individual therapy sessions per month (30-45 minutes each)
- Access to psychoeducational workshops
- Messaging support for general guidance (non-crisis, response within 48 hours)
- Referrals & coordination of care as needed

2. Standard Care Plan - \$149/month

- 4 individual therapy sessions per month (30-45 minutes each)
- Access to group therapy sessions (up to 2 per month)
- Priority scheduling for therapy sessions
- Access to psychoeducational resources & guided self-help modules
- Messaging support for general guidance (response within 24 hours)

3. Comprehensive Care Plan - \$199/month

- Weekly individual therapy sessions (4-5 per month, 45-60 minutes each)
- Unlimited access to group therapy sessions
- Customized mental health and wellness planning
- Priority scheduling & direct support from a licensed supervisor as needed

Program Guidelines & Benefits

1. Who is Eligible?

- Individuals seeking affordable therapy services who do not require intensive crisis intervention.
- Clients who are comfortable receiving therapy from graduate-level interns working under the direct supervision of a licensed mental health professional.
- Adults, adolescents (with parental consent), and children (ages 12+ who can self-consent under Maryland law).

2. Supervision & Quality Assurance

- Some sessions are recorded (with consent) for supervision & training purposes.
- A licensed mental health professional supervises and reviews all treatment plans & progress.
- Clients receive co-signed clinical documentation and treatment adjustments as needed.

3. No Insurance Hassles

- Clients in the membership model do not need insurance.
- Transparent pricing—no hidden fees or surprise bills.
- Flat monthly rate covers all services included in the chosen plan.

4. Additional Services (Optional Add-ons)

- Family Therapy Session (with an intern, supervised) - \$50/session
- Couples Therapy Session - \$75/session
- Psychoeducational Testing & Assessments - \$75+ (varies based on test)
- Additional Individual Session - \$45 (beyond included sessions)

Terms & Conditions

- Membership fees are non-refundable and charged monthly.
- Sessions do not roll over if unused within the month.
- Membership can be canceled with 30 days' notice.
- Graduate counseling student's internship typically last one academic year, which usually means two semesters.
- Clients must sign a **Treatment Consent Agreement** acknowledging their services are provided by an intern under supervision.