

Staff Psychotherapist II, Couples and Families (1099 Contract)

Full-time/Part-time
Remote/Telehealth

Full Job Description

The Staff Psychotherapist II, Couples and Families, provides professional therapeutic counseling to individuals, couples, and families addressing mental health, relational, and co-occurring conditions. This position emphasizes evidence-based and systemic approaches to enhance communication, resolve conflicts, and promote overall wellness within couples and family dynamics. The role includes collaborating with multidisciplinary teams to deliver integrated care while maintaining accurate clinical documentation and ensuring high-quality services.

Therapeutic Counseling for Couples and Families:

- *Provide mental health diagnosis, clinical counseling and case management services to clients with mental and emotional disorders.*
- *Provide individual, couple, and family therapy sessions to address mental health concerns, relationship conflicts, and substance use issues.*
- *Facilitate effective communication, conflict resolution, and problem-solving within family systems.*
- *Utilize evidence-based practices such as Cognitive-Behavioral Therapy (CBT), Emotionally Focused Therapy (EFT), or Family Systems Theory to support clients.*

Assessment and Treatment Planning:

- *Conduct comprehensive assessments to identify clients' needs and relational dynamics.*
- *Develop and implement treatment plans tailored to the unique goals of individuals, couples, and families.*
- *Monitor progress and adjust treatment interventions as needed.*

Case Management and Collaboration:

- *Maintain accurate and timely clinical documentation in compliance with organizational and regulatory standards.*
- *Collaborate with multidisciplinary teams, including psychiatrists, social workers, and other therapists, to ensure comprehensive care.*
- *Provide case consultation and participate in team discussions on client care strategies.*

Crisis Intervention and Support:

- *Offer crisis counseling and risk assessments for couples and families in distress.*
- *Develop and implement safety plans when necessary.*

Client Advocacy and Education:

- *Advocate for clients by connecting them with community resources and support services.*
- *Educate clients and families about therapeutic approaches, coping strategies, and available resources to support their goals.*

Minimum Qualifications

Education: A master's degree from an accredited college or university in one of the following fields: psychology, addiction counseling, mental health counseling, art therapy, marriage and family therapy, social work, psychiatric mental health nursing, or a closely related behavioral science discipline.

Experience: A minimum of two (2) years of professional experience providing therapeutic counseling to clients with mental health disorders or substance use disorders.

License Requirement:

Applicants must possess one of the following licenses, issued by the State of Maryland, prior to appointment:

- Licensed Clinical Marriage and Family Therapy (LCMFT);
- Licensed Clinical Alcohol and Drug Counselor (LCADC);
- Licensed Clinical Professional Counselor (LCPC);
- Licensed Clinical Professional Art Therapist (LCPAT);
- Licensed Certified Social Worker-Clinical (LCSW-C); or
- Nurse Psychotherapist (APRN-PMH)

Preferred Skills and Competencies:

- Strong understanding of systemic therapy approaches for couples and families.
- Proficiency in evidence-based practices such as Emotionally Focused Therapy (EFT) or Structural Family Therapy.
- Excellent interpersonal, communication, and conflict-resolution skills.
- Ability to collaborate effectively as part of a multidisciplinary team.
- Commitment to professional ethics and client-centered care.