# Staff Psychotherapist II, Creative Art Therapy (1099 Contract)

Full-time/Part-time Remote/Telehealth

## **Full Job Description**

The Staff Psychotherapist II, Creative Art Therapy, is responsible for providing therapeutic services utilizing creative art therapy techniques to clients with mental health and co-occurring conditions. This position focuses on leveraging art as a medium to facilitate emotional expression, healing, and personal growth. The incumbent will collaborate with multidisciplinary teams to deliver evidence-based care, maintain clinical documentation, and support clients in achieving their therapeutic goals.

## Creative Art Therapy:

- Provide mental health diagnosis, clinical counseling and case management services to clients with mental and emotional disorders.
- Design and implement individualized and group creative art therapy sessions to address clients' mental health and substance use challenges.
- Utilize art-based interventions to facilitate emotional expression, self-awareness, and coping skills development.
- Incorporate evidence-based practices and culturally sensitive approaches into therapeutic sessions.

## Assessment and Treatment Planning:

- Conduct diagnostic assessments to evaluate clients' needs, strengths, and treatment goals.
- Develop and implement treatment plans integrating creative art therapy as a core modality.
- Monitor and document client progress, adjusting interventions as needed.

## Case Management and Collaboration:

- Maintain accurate and timely clinical documentation in compliance with organizational, state, and federal guidelines.
- Collaborate with multidisciplinary teams, including therapists, social workers, and medical professionals, to ensure comprehensive care.
- Provide case consultation and contribute to team discussions regarding client care.

#### Crisis Intervention:

- Provide crisis counseling and conduct risk assessments to ensure client safety.
- Develop and implement safety plans when necessary.

### Client Advocacy and Support:

- Advocate for clients' needs by connecting them with community resources and support services.
- Educate clients and families about the role and benefits of creative art therapy in treatment.

## **Minimum Qualifications**

**Education:** A master's degree from an accredited college or university in one of the following fields: psychology, addiction counseling, mental health counseling, art therapy, marriage and family therapy, social work, psychiatric mental health nursing, or a closely related behavioral science discipline.

**Experience:** A minimum of two (2) years of professional experience providing therapeutic counseling to clients with mental health disorders or substance use disorders.

## **License Requirement:**

Applicants must possess one of the following licenses, issued by the State of Maryland, prior to appointment:

- Licensed Clinical Professional Art Therapist (LCPAT);
- Licensed Clinical Alcohol and Drug Counselor (LCADC);
- Licensed Clinical Professional Counselor (LCPC);
- Licensed Clinical Marriage and Family Therapy (LCMFT);
- Licensed Certified Social Worker-Clinical (LCSW-C); or
- Nurse Psychotherapist (APRN-PMH)

## **Preferred Skills and Competencies:**

- Expertise in creative art therapy techniques and their application to mental health and substance use disorders.
- Strong interpersonal and communication skills to engage clients effectively.
- Ability to collaborate with multidisciplinary teams and adapt to dynamic clinical environments.
- Proficiency in conducting assessments, developing treatment plans, and documenting client progress.
- Commitment to professional ethics and client-centered care.