

Staff Psychotherapist II, Trauma-Informed Care (1099 Contract)

Full-time/Part-time
Remote/Telehealth

Full Job Description

The Staff Psychotherapist II, Trauma-Informed Care, provides therapeutic counseling and trauma-informed interventions to individuals experiencing mental health challenges, co-occurring conditions, or the impact of trauma. This role emphasizes creating a safe, supportive, and empowering environment for clients to heal and achieve their therapeutic goals. The incumbent collaborates with multidisciplinary teams to deliver evidence-based care, ensures compliance with clinical standards, and promotes recovery through trauma-informed practices.

Trauma-Informed Counseling:

- *Provide mental health diagnosis, clinical counseling and case management services to clients with mental and emotional disorders.*
- *Provide individual, group, and family therapy using trauma-informed approaches to address mental health and substance use challenges.*
- *Utilize evidence-based interventions such as Cognitive Behavioral Therapy (CBT), Eye Movement Desensitization and Reprocessing (EMDR), Trauma-Focused CBT, or Dialectical Behavior Therapy (DBT).*
- *Establish a therapeutic environment that prioritizes safety, trust, and collaboration for clients.*

Assessment and Treatment Planning:

- *Conduct comprehensive assessments to identify the impact of trauma on clients' mental health and functioning.*
- *Develop and implement individualized treatment plans that integrate trauma-informed principles and evidence-based practices.*
- *Monitor client progress, adjusting treatment strategies as needed.*

Case Management and Documentation:

- *Maintain accurate and timely clinical documentation in accordance with organizational, state, and federal standards.*
- *Collaborate with multidisciplinary teams to ensure holistic and integrated client care.*
- *Provide referrals and connect clients with appropriate community resources to support recovery and healing.*

Crisis Intervention and Risk Management:

- *Deliver immediate crisis counseling and risk assessments to ensure client safety and stability.*
- *Develop and implement safety and crisis intervention plans for individuals at risk.*

Client Advocacy and Education:

- *Advocate for clients' needs and rights, empowering them to take an active role in their recovery.*
- *Educate clients and their families about the effects of trauma and strategies for building resilience.*

Minimum Qualifications

Education: A master's degree from an accredited college or university in one of the following fields: psychology, addiction counseling, mental health counseling, art therapy, marriage and family therapy, social work, psychiatric mental health nursing, or a closely related behavioral science discipline.

Experience: A minimum of two (2) years of professional experience providing therapeutic counseling to clients with mental health disorders or substance use disorders.

License Requirement:

Applicants must possess one of the following licenses, issued by the State of Maryland, prior to appointment:

- Licensed Clinical Professional Counselor (LCPC);
- Licensed Clinical Alcohol and Drug Counselor (LCADC);
- Licensed Clinical Marriage and Family Therapy (LCMFT);
- Licensed Clinical Professional Art Therapist (LCPAT);
- Licensed Certified Social Worker-Clinical (LCSW-C); or
- Nurse Psychotherapist (APRN-PMH)

Preferred Skills and Competencies:

- Expertise in trauma-informed care and evidence-based trauma treatment modalities.
- Strong understanding of the impact of trauma on mental health, behavior, and recovery.
- Excellent interpersonal, communication, and crisis management skills.
- Ability to collaborate effectively as part of a multidisciplinary team.
- Commitment to professional ethics and client-centered care.