



## mODULe tHREe

**Welcome** to module three, in the adventure so far you have a journal within which you are participating in what some wise ancestors called the great work, or simply put, your life. In module one you spent a module stretching, exercising and exploring your imagination to research and collect the wildest dreams and fantasies that are your individual own yearnings, from the deepest recesses of your heart. The life you see as yours beyond limitations of time, money or ability. The seeds of your destiny, which like the seed of a tree has the inherent design of the species it represents, though will be still shaped by individuality and conditions and circumstance. The story you have written as a result of following the exercise in module one will have within it a theme that represents a design for your life purpose, like the species represented in the seed of the tree. It may not be immediately obvious, so now the purpose of your journal will become more apparent, as it presents itself as a tool of capture and reflection. It will allow capture and storage of your mindscape, as we journey through the modules and you will have solid reflections to survey.

In module two we have explored actuality, who and what we are right now in realdom. The point in space and time, where we will begin our journey toward the manifestation of our

wildest dreams and fantasy's. We also have an honest inspection of the present condition and capabilities of the amazing machine which will transport us. We have two mindscapes in our journal, one- wildest dreams and fantasies, our destination, and two-actuality, our present location.

AIR	FIRE	WATER	EARTH
Module 1 Magician Script Writer Wildest Dreams	Module 2 Warrior Director Actuality	Module 3 Lover Actor Who	Module 4 Sovereign Producer How

Module three is a journey into discovering who the actor in your life movie is, the being behind the character we have come to know on the screen or stage of life, expressing, relating and interacting,

To go walk-about, is a saying of the Australian aboriginal, which describes a process of going off to see who you are. You leave all of who and what is familiar too you, and journey through new landscapes and people seeking reflections that are not available to you any other way. If you have travelled alone through new and strange places you will know the feeling and the revelations of this process.

As one travels through the unfamiliar and sometimes hostile scenes of our shared earth scape, there is one tool that provides a degree of safety and protection. Invisibility, the ability to move with out being noticed, while satisfying self of the nature and properties of the realm entered. The power of silence, and withdrawal, allow sanctuary from other's needs and intentions, while establishing knowledge of our own motivations and position. Point being, to acknowledge to ourselves again, to enjoy fully the sacred space of the morning walk, or any other area of daily contemplation you have employed, some where you may be alone and invisible to the rest of life. Then there is the need also to keep our journal work private and invisible, as the negativity of others can destroy the fragile seeds of empowerment you are nurturing, in the realms of your new mindscapes.

## STALKING THE PREY

# THE EGO

It was the quest of the many mystery school traditions to remove the obstacle of ego from the unfolding of the life of the participating students. Monks employed the vows of chastity, poverty and obedience, as a means to capture reflections of their deeper self, to learn the art of stalking and capture of personal self-importance, the seat of the Ego. The action of challenging our desires and applying the restriction of self imposed discipline upon their manifesting, sets venue to capture the feelings and desires of the ego and its rebellion to limits, and reveal view of its nature. From the seat of self-importance the Ego may take control of the entire being, to the point where we may believe we are the ego instead of the possessor of one.

The energy wasting emotions and habits that consume life, like self-pity, depression, jealousy, anger, etc. are only possible because of ego indulgence in self-importance. Not to discount the realms of emotion and the amazing lessons we experience through them, for feeling is the experience of self-ness in its realms of memory and fantasy in its colouring its character through the emotional experience of commercing with all creation. Meanwhile our experience of I-ness, simply observes, simply accepts, simply understands, simply is and simply loves.

Our world of law and the mind boggle we may enjoy with all the 'common law' movement has brought to our attention some ponder on how the official, law structure of our world seems to see the whole ego conundrum and may be useful here to ponder.

We are not a person from the perspective of law and order we have a person. This mind boggle is best sorted if we simply ponder our beingness from this perspective. I have covered it in module one but lets go through it all from another angle here.

I am not just a person I am sort of three persons, when I appear in this reality in my first person - I am! The simple I am. I exist and I am the living witness receiving the evidence of existence through my senses.

Now in my second person I am my self. That is I have an interface go between that allows me to extend out from my personal inner infinity which is where I access my own personal connection to the source of creation and I may extend my living expression of my beingness out into the shared external infinity where I may interact with all the others with whom I share external infinity. It is this ethereal beingness interface we call the ego. E-go out into the world and express and commune and commerce with all others.

My third person is the thing with which I may take my self out into the world and meet the other selves, who are also equipped with their very own living physical body. So my third person being the structure of my physical body and structure of my character.

So summary here, I am = first person; my self in ego form = second person; my human body and the structure of my character = third person.

So when dealing with our system you need to ponder the notion that you are not an 'I ' you are a 'we' and so in all your dealings it is best to refer to your beingness as 'We'

Further clues are given us in the whole conundrum of the use of name. Remember as mentioned in module one- my parents gave me an appellation to which I answer. This is a sound which carries a vibration which may be identified by my self and others. When this sound is captured and noted down on paper it is then that it becomes a name. A Maxim of law - A name is the noting of something.

So in our quest to catch a glimpse of 'ego' ponder I am not my name, I have a name!

When we are dealing with our systems we may be acting in the capacity of the name as they are or we may be just being ourselves. A Doctor, a policeman a judge are all acting in the capacity of their role and because they are acting they come under the jurisdiction of Acts. The Acts of parliament guide those who act. The doctor, the policeman the judge all wear costumes or they prefer to call uniforms.

So ponder those who serve the public are acting in the capacity of their roles They are not being themselves. We are not acting, we are just being who we are. But as you journey

through this module you may ponder the notion. - Am I acting or am I being myself?

Am i acting out my egos self importance and desires for sensory experience of sex, food, fame and fortune and is that self importance righteously self justifying my hurt or harm to others. OR is my ego more spirit centred enjoying its connection to the source of creation in the inner infinity of heartfelt imagination and with self awareness and mindfulness extend out through the fabric of the soul -

soul = all that which has been programed from either the inner or outer infinity. Generally our soul is programmed by the external infinity, our parents, our family our culture, our community, our schooling, our being governed our religiosities.

The ego suffers a condition called separation. What is it separated from we might ask. The separated ego is separated from its being a true unhindered expression of the source of creation. It exists so to allow the fractal we are to express and interact in creation, so creation may fulfill its purpose of becoming aware of itself.

A good example of separated ego is to ponder our collective systems which govern, control and direct our species. We see cells of the organism dressed in finery and calling themselves kings and queens and have hypnotised masses bowing and serving their fictional status. We have important world leaders and politicians, C.E.O of corpse- orations and we have celebrities all displaying for us understanding of the damage and delusion of the separated ego in action. When our species heals from the separated ego delusion we will see a planetary resource management strategy emerge which honours every living cell of our collective organism and our biosphere. Presently our collective planetary management strategy is a casino of wonder for the sociopath and psychopath.

Just where are we coming from in this life, who are we endeavouring to be, who are we seeking to impress, what degree of importance are we seeking to impress upon our world.

how may we grasp a picture of the motivations and attitudes that we express, are we aspiring with efforts toward more, or sat in comfort zones basking in indulgence?

Complex questions needing simple revealing answers.

The simple view we will begin with here, is to imagine our mysterious energy body, in its relationship with the physical world, as a play of the opposites--the attraction of indulging in the sensations of the solid physical world, and the indulging in the limitlessness of our dreaming and imagination.

fEMINe

iNViSiBLe

iNTRoVERT

mASCULINe

vISiBLe

eXTRoVEREt

### Earth Tail Sky Tail

The Earth Tail, our human sexuality seeking experience in sex, food, fame and fortune, and our Sky Tail our spirit's urge to look beyond and aspire toward a more elevated and purposeful experience of reality, to know and experience goodness. Two temptations in two directions, above and below.

Life Force streams through us, and our connection and participation with physical reality is apparent, existence exists. This connection to the material realm is essential, the stronger and more balanced our earthing, the more freedom we may enjoy from illusion. Your attachments, as your desires and your feelings, anchor your being-ness to solidity. So lets say the earth tail is the tail of our energy body seeking to earth our connection to the material world so as to experience it completely and thoroughly, to feel it completely emotionally and sensually (water and earth). Our Sky Tail assimilates experience and explores and strategies where we go next, seeks motivation and imagines what to do when there (air and fire). With out the fine balance of the Sky Tail, total indulgence would prevail and our Earth Tail would plunge us into the depths of gravity. The Sky Tail with out the grounding balance of the Earth Tail would become lost in delusion, and fanciful dreams. Examples of the extremes of each may be seen in observations of the people of our world, there are many lost in destruction and self-destruction, equally along side the fanatical idealists, creating turmoil and disruption and misery for many. Samples of the

imbalance of the play between Mother Earth and Father Sky, between the inner balance of cleverness and dreaming, and the negotiating and dealing between our state of I-ness or some say higher self and our animal nature and its ego mask; another example of our human need of reconciliation of ego and spirit.

The exercises in module three endeavour to explore ways to capture a peek of our ego, that elusive part of our being that is described as our self importance, who we want others to see or think we are, in how we express both passively in appearance, and actively as actions. These next exercises are an inventory with which we will attempt to capture a peek of who we are and make a visual representation of our motivations, the dance of our tails.

### PEEK

We will begin with an extension of what we have done in module two, and bring to our attention a description of ourselves as a separate character. Ego is really nothing more than a description, which may be shaped by our thoughts and actions, our memories and fantasies, our feelings and desires. You will need to be ruthlessly honest and totally objective in the facts you record, so as to capture a peek of Ego, and see it is as vulnerable to modification and deletion, as is your written description. Answer clearly the following prompts in your journal.

Your name, and nicknames or pet names?

Your age?

Your aboriginality?

Your culture?

Your belief structure?

How do you dress and present your self?

How do you wear your hair?

State of health?

Your demeanour?

Common moods?

Daily routines?

Daily rituals?

What sort of work do you do?

How do you relate to colleagues, clients, and bosses?

What type of people you are attracted to?

What type of people you avoid?

How do you relate to youth?

How do you relate to aged?

How do you spend your free time?

What are your indulgences?

How do you approach sexual attraction?

How do you approach repulsion?

What is your attitude to charging, or getting monies?

What is your attitude to spending?

What sort of car do you drive?

What sort of car do you want to be seen driving?

What are your greatest virtues?

What are your greatest vices?

What are the greatest things you have ever done?

What are the worst things you have ever done?

What are the greatest blessings in your life?

What are the greatest burdens?

What is your greatest expectation for our world?

What is your most pessimistic expectation for our world?

How do you express goodness?

What makes you laugh?

How often and how powerfully do you laugh?

## PATTERNS

This next exercise is a big one, it will be used to survey the patterns in your life, and attempt to see the interaction of the Sky tail and Earth tail. It will take much thought and require keen attention.

Write down three chronologies of events, starting in this moment and working backward to the year of your beginning. The events will be associated with areas of your life that are significant, such as a list of all the places you have ever lived, a list of all your love relationships, and a list of your passions, the things you dedicate time, effort and money to, because you want to. You may have a passion for fast cars or motorcycles or boats, collecting stamps or anything, a list of each significant addition to your collection. You may prefer to list a chronology of years, or work adventures or creations, a list of anything you think significant in your journey. Next we will write down a couple of significant events or happenings that come to mind for each of those items, in each of those lists. This may be a long and involved list, as we are attempting to chart the whole of your life here, say you have had 40 different places of residence and 10 different relationships and 20 different work situations, that makes 70 items. Then we will write two or three events associated with each of those items, some major life change or challenge, some significant happening that marks your memory. This makes in this example up to 200 plus events or happenings that we have to look into. This will be column one, the Air, our design. Don't worry! If this seems too much, work up to it and choose one area first, and keep the points simple, just go thru the exercise and feel it out.

You will need to set this up so there is room enough to then write a description of whether or not this event or happening was an offence energy you initiated, or a situation of defence as a response to energies from life, the Fire column. Was it a lesson in self-importance or humility, the Water column? Was it energy of pursuing illusion or truth or indulging in stagnancy or making effort, the Earth column? Set out your work in the style we have employed in all the modules so far. Recording the events in the Air and plotting the movement of the tails in the other three. The focus and effort of going through this process will present its own revelations as your pattern recognition muscles strengthen, this part of you is your right brain, your feminine side, your inner goddess and your connection to the dreaming.

air	phIRe	wATeR	eARTh
your list of events and happeneings	assertive or defensive action	Self importance or humility	Indulgence in stagnancy or effort
			Illusion or truth

Earth taiL	Sky tail
Automatic action of force	Purposeful use of power
Defence	Offence
Humility Stagnation	Self Importance Illusion

## NAME

The next work of this module is to name the four faces of the character that we are, to ask "who am I?" in relation to the four elements, our continuing guide in these modules.

In module one I used the image of magician as the means to define the part of us in relation to our cleverness, the warrior to define our enthusiasm and motivation, the lover to seek definition of feeling and emotions and the Sovereign to define structure. Here we seek to put a name to the faces of each of these facets of our character. Like the players in any movie, it is their name that defines them from the other characters. It is time now to employ the morning walk, to seek these four names.

As the magician, your intellectual self, explore thoughts of who you are when you communicate to others, how you communicate your cleverness and advice to the world. Are you flamboyant and proud or a quiet achiever, are you able to relate clearly and easily, or do you find it a task. Which magicians or witches of the story world do you relate to, Merlin of Camelot, Gandalf of Lord of the rings, Harry Potter?

As a Warrior, the active forceful self, the motivator and enthusiast, who are you as a pioneer, a leader or an inspirer. Find a name that suggests power and endurance. Joan of Ark, Genghis Khan, Conan the Barbarian.

In this module we will use the image of the musician as the means to find a name for this part of our being, the feeling romantic self. The musician is the ultimate expression of the water element, able to express feeling and emotion right into the hearts of others. Name that face of your character that sings who you are to the world.

As a Sovereign, the structuring self, who are you as an accumulator and displayer of wealth and solidity. Who are you as a generous and caring sharer of abundance? Who are you as a creator? Alexander the Great, Roger the Incinerator, Karen the Kind...

## SEXUALITY

For many of us it is one of the biggest issues of our life, insofar as we require coming to terms, for sake of internal harmony, with how we are to express and satisfy our feelings and desires for sexual contact. The exploration of sexuality is a means to capture yet another view of our Ego. The expression on earth of this energy is as broad and diverse as is our imagination. From total abstinence and celibacy to absolute indulgence of all the senses without inhibition, and everything in between, all is available to us upon the supermarket shelves of choice.

**REMEMBER** we are endeavouring to set up a mindscape of objective criticism, where we will not be self-judgmental nor will we enter self-condemnation. We will accept and allow who and what we find we are and present to ourselves an open, objective report, viewing the good, the bad and the ugly, equally alongside the beautiful and inspiring. Remember we are an endless play of opposites. We want to get to the bottom of what moves us and what stops us moving forward, what excites us and what it is that turns us off. It doesn't matter what it is that moves and excites at this point of the exercise, just to be clear and come to know the components of the mechanics of the unique assembly of human that we are, Knowing that any thing we are is merely a brew drawn from the puddle that we all are collectively.

What are the components of your sexuality, Are you drawn to the opposite sex or the same sex? To be with one partner or more than one? What form excites you, young, old, large, small, soft, athletic, black, white, yellow, the beautiful the bland the ugly? Are you excited by the action of giving affection or receiving? Is affection nothing to do with it? Do you love to feel the freedom of absolute sensual pleasure, gently, intensely or violently? Do you want to hurt or be hurt, experience the outrageous, the daring, or the ridiculous? Or do you wish for a companionship and relationship that shares an intimate love filled expression, where sex is a reflection? Maybe sex is not something that enters your thinking, you have no need or desire, and it is simply not an issue.

Now we have some components, what circumstances prevail to allow satisfaction of your sexuality, or do you not allow your self-permission because of self-expectation or the expectation of others? Are their conflicts within yourself that disallow expression due to culture, family, society or lack of confidence or esteem? In exercise one, where we explored our wildest dreams and fantasies, review or rewrite the section on sexual fantasy if it will help here in this exercise.

The attitude in some spiritual works toward sexuality is simply to indulge completely, fill to the top so you require no more, you have been there done it and got the t-shirt, and

are now free to see clearly the mechanics of that part of your being, reflect and understand it and move on to the next adventure. To know a little more the truth, that our sexual expression and our very spirit are one and the same. Taking great care of course to not be consumed beyond retrieval in the process. To play and experiment in any realm of indulgence is hazardous to say the least. In indulgence humans eagerly spend all their energy and more without thought. Somewhere it says; The path of lust leads to the tower of wisdom, though just how much energy or life force you have left when (or if) you get there is completely up to you. So it may be safer to say that the path of lust tread and enjoyed in complete awareness, may lead to the tower of wisdom. Orgasm is a destiny propellant. In the end our state of I-ness simply loves, and our state of self-ness simply doubts, never satisfied its feelings or desires are fulfilled.

What are the collective attitudes to sex and the sex industry, what might we identify as the mechanics of the sexscape of our modern world. Prostitutes are accredited with being the oldest profession, described generally as the basic need of the human male when balanced and satisfied by the female for an energy exchange. Our attitude toward the need and expression of this basic human exchange varies from culture to culture, and nation to nation, state to state and town to town and attitude varies also quite markedly from person to person.

To get down to basics man in his state of self-ness requires satisfying his desire, which manifests generally as his common worldwide need to earth his attraction to the female. Our western civilization has blatant use of the female form in commercial advertising to lure dollars from pockets, cashing in on the instinct, magazines predominate in the display of the beauty of the female form as a commonly accepted means of enjoyably indulging the senses. There is the huge sex industry, cashing in on the human condition and it is run largely by shady characters, which may be associated with criminal elements and the gravity laden end of the collective Earth tail, seeking total indulgence with the aid of the experience amplifiers, drugs alcohol and stimulants.

The failure of our collective earth tails to find an open honest limitless access to earthing our sexuality has the organism of our bodies and minds functioning wrongly or rebelling in confusion to what would be the organic cry, and to what are the imposed intellectual moral structures. Feeling and instinct-ing one way, thinking and desiring another disrupt the smooth workings of the whole structure causing certain thoughts and ideas to not be eliminated, remaining within to corrupt all that would be good.

The nature of mankind, and its delicate egos in the pursuit of power and leadership takes on pre designed moralities, and for fear of not being voted in, or upsetting the religious, relieve them selves of the responsibility of being in control of the issues of satisfying the earthing and balance of our delicate and sacred collective sexuality, to those with only motivation for profit and indulgence.

In this new century of enlightened thinking will we see spiritually strong and limitlessly sexual, female energy, take control and give direction to the resources eagerly given by male energy to satisfy and earth their desires. This energy given openly without fear of ridicule, and a sharing of education, to be aware that the process may lead to some deeper self knowledge and a moving forward into more lightness from knowledge, instead of the gravity of indulgence. The industry exists; it is enormous and is profited upon by those who have no concern for the welfare and good of all. There is room for the spiritually minded to take control and redirect what exists, for the good of all, with the blessing of the powers that be. Should some one in power be brave enough to initiate the idea? There could be no shame in seeking to profit from this most intimate of exchanges, as any exchange of any thing, intercourse is another word for commerce. Note Sweden has changed positively the dynamics of the whole sex industry by making legal the sale of sex but illegal the buying of it.

## Commerce

**The Random House College Dictionary defines Commerce as:**

*1. an interchange of goods or commodities; 2. engaged in commerce; 3. Sexual intercourse; 4. Intellectual or spiritual interchange; communion. (The root is Latin; to trade together; com plus marcari, from merc of merz, [Merchandise], goods)..*

**Commerce**—any and all interchange between people, including but not limited by : the activity normally associated with the term, i.e. the buying and selling (trading) of goods and services; social intercourse; sexual intercourse (original meaning). All law is contract; and in every interchange between people a contract is formed; all commerce is a contract. A timeless maxim of law: "Contract makes the law"----- from *Cracking The Code*

## SPIRITUALSEXUALITY

The wisdom of the east brings much to our attention, and in the area of the mechanics of our sexuality, they have much to share that is sobering and exciting. You come to realize that males collectively have little idea of the life force they throw away needlessly by indulging in ejaculation. And the delights that await those who care to discipline and empower their attitude toward sex, are simply awaiting those bold enough to invest the time focus and effort. We have a whole society that promotes and uses condom for the capture and disposal of semen, there is the health aspect that we may honour, but nothing much is commented popularly, as to the virtue of semen retention. Some cultures have the attitude that you are not a man if you cannot contain your seed, planting it only when you see fit. Like a child no longer needs nappies once control of body function has been achieved, man will no longer need condom once semen control is achieved.

There are some amazing writers giving practical direction to learn and earn a new and efficiently powerful way to be, and to share our sexuality. Mantak and Maneewan Chai find them on the Internet.

## ORGANIC SEXUALITY

Let us share ideas to capture understandings of our human condition and tease our mind with some what ifs. The following summary is a notion captured from digesting many books on the subject, and which we may use to employ capturing yet an other view of the motivating factors of our sexuality and hence a further description of Ego

Eastern schools of metaphysical thought have described a picture of our energy body as having nexus points or chakras, and each energy point being responsible for activating a part of our body and a part of our life. Acupuncture has made use of these energy lines for millennia.

The crown chakra is the connection point to the unknown and the known and it is found at the top of our head.

The brow or third eye is activator of imagining into the unknown and applying higher wisdom to the earth plane, it is said to be within the pineal and pituitary, symbolically upon our forehead between our eyes.

Next is the throat nexus point, activator of expression of intelligence and wisdom when in contact with the above, or expression of desires and feeling when attached to earth, it is in our throat and hence related to our spoken word and our ability to truly listen.

The heart nexus, is the gate way, that if closed will prevent access to higher understandings and emotions of grace, gratitude and compassion, also the place where the roots of the sky and earth tails are found, the seat of attitude and opinion.

The solar plexus or navel is the site of our warrior power of bravery and boldness, adventure and action.

The spleen the site of the digestion of all we consume and experience in order to set the brews of chemicals and hormones for body to interact with its world and spirit to understand it.

The base point is where the feelings and desires seek to rub earth, to be connected to and be at one with the physical world. The point where our spirit in the form of our sexuality seeks to earth, and know itself thru experiencing this reality.

In modern life it is becoming more and more difficult to describe just what is a normal expectation for the sexual expression of the human. Clues to what an organic expression of sexuality for we humans may be found in surmising the unfoldment of the life of the Australian Aborigine, or any other Tribal culture, pre their disruption by civilization. We all have human aboriginality some where in our ancestry, and at some distant point have descended from people with an organic relationship with our Mother the Earth.

The aboriginal cultures lived in harmony with the elements, free from time. They lived naked and open, born on to the earth and grew freely among each other hiding nothing, Their children were organically allowed to earth their sexuality during their innocence, seeing and touching their sexuality completely and naturally, effectively dissolving the mystery. They wore a "been there done that "sort of feel, by the time their life force, moving organically through their energy system had reached the nexus point of the solar plexus, where they are becoming ready to enter tribal life in their expected station of warrior, a position essential for contributing to the survival of the whole. With the mystery of their physical differences' earthed during their innocence, all energy became available and ready to focus upon the task of becoming a warrior, having their adventures of relating unfold with more clarity.

As the warrior years pass and the wisdom of intimacy and relating earths and reflectively moves up to nourish the heart in the right order and proportion, the heart opens and nourishes an organic open expression and develops the movement toward the years of beginning to become an elder.

The elder years unfold and further nourish the next nexus points and allow experiences earned from the base nexus point to nourish the opening of the heart. The opening of the heart is the connection to the mysterious energy of love and good. Flow through an open heart allows the throat and the brow nexus points find connection to the unknown or what the Australian Aborigine calls "The Dreaming" (their spiritual tradition of understanding and being at one with the universe). This connection becomes a side effect of what was their natural and organic lifestyle. An organic expression of good

Without an open heart no insight or revelations from earthing in the physical world may reach the throat or brow. With out the earthing of our sexuality, within the simple open energy of innocence, there is little organic power available to open the heart. With out connection to our Mother the Earth, by living far removed from what is natural and organic, attitudes in the form of resentments may grow in the unnourished heart. Our Earth tail seeks to be earthed, and if it is not, has no feedback for Sky tail, when without proper feedback, reaches into delusional thoughts. The connection between love and sexuality is the relationship between our base chakra and our heart chakra; between our living sexual expression and the glow of our luminosity.

In Western Culture collective organizations have placed restrictions upon the organic sexual expressions of the children of its flocks. Like barbed wire tied around a sapling tree, the being is unable to follow or honour the organic movement of life force, suppressing and holding back till warrior energy explodes out of control seeking a deviated or compromised earthing.

In your own exploration of your sexuality, what were the conditions of your sexual expression during your innocence? Were you allowed to find your way with out being made to feel bad or dirty for your feelings and desires in your organic sexual development? What interference was exacted upon you by church or culture? What resentments lay within as a result of not being allowed earth, or what wild, estranged from nature, thoughts took up residence within your mindscape? How were you introduced to the energy of love? What attitudes need to be recreated? What fantasies need to be lived? What is in your description, whom have you been able to become...Ego?

wHo gOEs fORTh to eNACt yOUy  
wILDESt dREAMs aNd fANTASIEs

Summary

After the journey through the exercises of module one, you will have a feel for the dreams you would like to be living as your life, module two has you armed with a clear and honest statement of where you are at in your life adventure right now, and now at the end of module three, you have a feel for "who" the hero of your journey is, warts and all. This "who" now has a secret name, made up as a combination of the four names found for magician, warrior, musician and Sovereign. This is whom we will work with in the continuing sanctuary of your Sacred Space. Remembering to keep secret all your work as a means to have this adventure of self-empowerment work like a pressure cooker. Containing the energy of imagination, excitement, anticipation and expectation, building up all of these forces within and having them available to you for use in your every day as a tonic and a treat each time you find a quiet moment to ponder, plan, strategize and dream. The power of silence is a powerful tool that you will come to appreciate more and more as you become more familiar with it. It will allow you to go about your work quietly and invisibly, while the processes of change, transformation and empowerment grow solidly within you without the distraction of other's opinions and criticism.

Immediately following this module is a section I have called *My Jolly Goodness*. It is a script for a meditation to absorb some of the basic truths we are exploring in *Limitlessmile*.

In the next step of this adventure, in module four we will be looking into the mechanics of change, to disrupt and recreate the personal habits, attitudes and opinions that do not serve the manifestation of our wildest dreams and fantasies.

The Wonder of Creation precedes the Saturation with Life  
The Saturation with Life precedes the Reflection of Self  
The Reflection of Self precedes the Healing of Inner Wholeness  
Inner Wholeness precedes the Mood of the Warrior  
The Mood of the Warrior precedes the Way of the Wizard  
The way of the Wizard precedes the Glow of Illumination  
Illumination precedes Enlightenment  
**RIDICULTIZER**  
Enlightenment precedes Ascension  
Ascension precedes the Wonder of Creation

be sure to  
always use  
your



Life is a Romantic Adventure of Mystical Proportions

LIMITLESSmile