

Blue Valley North High School Baseball 1997 & 2012 State Champions 2023 State Runner-Up

REQUIRED FORMS: (https://bluevallevsd-ar.rschooltodav.com/)

- Activity/Athletic Participation Packet
 - o Found Online / Submitted Online
 - Physical (signed and dated)

2025 Tryout schedule: (Subject to change which will be noted on social media and website)

Monday March 3rd - Thursday March 6th

Indoor Schedule:

6:00-7:30am: All pitchers/catchers in gym 5:30-6:30pm- Sr./ Jr. hitters in cages 6:30-7:30pm So./ Fr. hitters in cages
** Late time 7:30-9:30pm

Outdoor Schedule:

3:00 - 4:30 Jr/Sr on field (running/defense/pens) 4:30 - 6:00 Fr/So on field (running/defense) ** If outside, Fr/So pens on Tues

** Late hitting inside 6-8pm

The location of practice, indoor/outdoor, will be posted on:

Twitter: @bvnbaseball1 Instagram: @bvnbaseball1

BVN Baseball website: www.bvnbaseball.com

Friday March 7th

The coaching staff will meet with players starting at 2:45pm. During that meeting, you will be informed of your status on the team. Whether you make the team or not, you will meet with the coaching staff. These meetings will occur in room 304. Report times:

- Seniors 2:30
- Juniors 3:15
- Sophomores 3:45
- Freshmen 4:30

Saturday March 8th

9:00 am Parent Meeting (PAC) 10:00 am Player Meeting (PAC)

11:00 am Practice gear checkout in room 310.

- Each player needs a check made out to Triple Crown Club for:
 - o Seniors TBD
 - o JR/SO/FR TBD
- Players will receive a game hat, 2 practice shirts, practice shorts, workout hoodie, pullover hoodie, beanie, and team shirt. (TEAM STORE WILL ALSO BE OPEN).

1:00 pm Practice All Levels

3:30 pm Go Home

^{**}Day 1 & 2 will follow one of these schedules depending on weather. Most likely a mix of outside/inside...

^{**}Please arrive early enough that you are warmed-up and ready to go at the time listed! Sessions can begin earlier than scheduled.