

# PATIENT INTAKE FORM

## PATIENT INFORMATION

Name \_\_\_\_\_ Soc. Sec. # \_\_\_\_\_  
Last Name First Name Initial  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Sex ☐ M ☒ F Age \_\_\_\_\_ Birth date \_\_\_\_\_ ☐ Single ☐ Married ☐ Widowed ☐ Separated ☐ Divorced  
 Patient Employed By \_\_\_\_\_ Occupation \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work/Mobile phone \_\_\_\_\_  
 Whom may we thank for referring you? \_\_\_\_\_  
 In case of emergency, who should be notified? \_\_\_\_\_ Phone \_\_\_\_\_

## PRIMARY INSURANCE

Person Responsible for Account \_\_\_\_\_  
Last Name First Name Initial  
 Relationship to Patient \_\_\_\_\_ Birth date \_\_\_\_\_ Soc. Sec. # \_\_\_\_\_  
 Address (if different from patient's) \_\_\_\_\_ Phone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Person Responsible Employed by \_\_\_\_\_ Occupation \_\_\_\_\_  
 Business Address \_\_\_\_\_ Business Phone \_\_\_\_\_  
 Insurance Company \_\_\_\_\_ Ins. ID No. \_\_\_\_\_  
 Names of other dependents covered under this plan \_\_\_\_\_

## ADDITIONAL INSURANCE

Is patient covered by additional insurance? ☒ Yes ☐ No  
 Subscriber Name \_\_\_\_\_ Relation to Patient \_\_\_\_\_ Birth date \_\_\_\_\_  
 Address (if different from patient's) \_\_\_\_\_ Phone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Subscriber Employed by \_\_\_\_\_ Business Phone \_\_\_\_\_  
 Insurance Company \_\_\_\_\_ Ins. ID No. \_\_\_\_\_  
 Names of other dependents covered under this plan \_\_\_\_\_

## ASSIGNMENT AND RELEASE

I, the undersigned, certify that I (or my dependent) have insurance coverage with \_\_\_\_\_  
Name of Insurance Company(ies)  
 and assign directly to my provider all insurance benefits otherwise payable to me for services rendered. I understand that I am ultimately responsible for all charges accumulated. I hereby authorize the doctor to release all information necessary to secure the payment of benefits, and authorize the use of this signature on all insurance submissions.

\_\_\_\_\_  
Responsible Party Signature Relationship Date

I give permission for treatment of myself/my dependent to my assigned provider.

\_\_\_\_\_  
Responsible Party Signature Relationship Date

## Patient Financial and Fee Agreement

Your insurance will be billed at the following rate. You will be responsible for co-pays, co-insurance, or deductibles as directed by your insurer at the time of service.

SERVICE	FEE
Initial evaluation and diagnostic inventory	\$150.00
Individual psychotherapy session	\$125.00
Family psychotherapy session	\$125.00
Group psychotherapy session	\$50.00
Psychological testing (per hour)	\$125.00
Court testimony, inc. travel, wait time (per hour)	\$175.00
Missed appointment	\$75.00
Late cancellation (less than 24 hour notice)	\$50.00

Due to insurance carriers' tardiness in regards to service claims submitted by providers, please read the following information:

If your insurance company does not respond in a timely fashion a "Statement" will be released to you. Upon receipt of the "Statement" we suggest that you contact your insurance carrier and request that they process your claim.

Should you receive any correspondence from your insurance company in regards to your services in this office, **you must respond to that correspondence immediately**, in order to have the claim processed and paid.

Please remember that insurance is considered a method of reimbursing the patient for fees paid to the doctor and is not a substitute for payment. Some companies pay a fixed allowance for certain procedures, and others pay a percentage of the charge. It is your responsibility to pay any deductible amount, co-insurance, or any other balance not paid by your insurance at the time of service.

**Patient's or authorized person's signature:** I authorize the release of any medical or other information necessary to process my insurance claim.

**Insured's or authorized person's signature:** I authorize payment of medical benefits to the provider for services. I fully understand that, regardless of insurance coverage, I am legally responsible for all fees due the doctor.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Responsible Party's Signature \_\_\_\_\_ Date \_\_\_\_\_

Returned checks will be assessed a \$30.00 fee. Please note that unless your appointment is cancelled with a 24-hour notice, late cancellation fees will apply. Delinquent accounts are subject to referral to collection agencies and interest at a rate of 10% per annum will apply for balances over 60 days old. Any questions regarding financial issues may be directed to the Office Manager.

# Psychiatric/Medical/Family History

Please answer these questions as best as you can to help facilitate a more thorough evaluation.

## PAST PSYCHIATRIC HISTORY

*Please check the box that applies.*

Seen a psychiatric practitioner	<input type="checkbox"/> Yes <input type="checkbox"/> No	Suicide attempts	<input type="checkbox"/> Yes <input type="checkbox"/> No
Been on psychiatric medications	<input type="checkbox"/> Yes <input type="checkbox"/> No	Alcohol/drug treatment	<input type="checkbox"/> Yes <input type="checkbox"/> No
Counseling	<input type="checkbox"/> Yes <input type="checkbox"/> No	Legal problems	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hospitalization	<input type="checkbox"/> Yes <input type="checkbox"/> No	DUI/DWI conviction	<input type="checkbox"/> Yes <input type="checkbox"/> No

## MEDICAL HISTORY

*Indicate which of the following you have experienced or are currently experiencing:*

<input type="checkbox"/> Heart surgery/disease/attack	<input type="checkbox"/> Liver disease (inc. jaundice)	<input type="checkbox"/> Paralysis, stroke
<input type="checkbox"/> Severe muscular/skeletal problem	<input type="checkbox"/> Sexually transmitted disease	<input type="checkbox"/> Seizure
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Currently pregnant	<input type="checkbox"/> Neurological disorder
<input type="checkbox"/> Thyroid disease	<input type="checkbox"/> Currently nursing	<input type="checkbox"/> Stomach problem
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Bleeding tendencies	<input type="checkbox"/> Visual impairment
<input type="checkbox"/> Cancer	<input type="checkbox"/> Severe respiratory problem	<input type="checkbox"/> Hearing impairment
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Severe urinary tract problems	<input type="checkbox"/> Glaucoma

If you checked any of these conditions, or are experiencing others, please indicate the specific nature here:

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If you have a family history of these conditions, or similar conditions, please indicate the specific nature here:

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## CURRENT MEDICAL STATUS

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Please indicate any prescribed and/or over-the-counter medications that you are currently taking.

MEDICATION	DOSAGE (mg)	FREQUENCY	PRESCRIBER

Allergies \_\_\_\_\_

Have you seen a physician in the past two years? ☐ Yes ☐ No Date of last physical exam: \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Telephone number \_\_\_\_\_

# Problem Inventory

## CURRENT PROBLEMS

*I am currently experiencing the following problems (please check all that apply)*

- |   |   |
|---|---|
| <input type="checkbox"/> Marital relationship problems  | <input type="checkbox"/> Feeling the urge to do something unnecessary                         |
| <input type="checkbox"/> Physical abuse   | <input type="checkbox"/> Checking, hand washing, hair pulling                                 |
| <input type="checkbox"/> Problems on the job  |   |
| <input type="checkbox"/> Losing someone or something close to me (person, job, pet, moving, etc.) | <input type="checkbox"/> People following me, out to hurt me, or talking about me             |
| <input type="checkbox"/> Problems with my children  | <input type="checkbox"/> People reading my thoughts   |
| <input type="checkbox"/> Sexual abuse   | <input type="checkbox"/> Hearing voices   |
| <input type="checkbox"/> Current problems from past sexual abuse                                  | <input type="checkbox"/> Thoughts being put into my head, controlling me, making me do things |
| <input type="checkbox"/> Alcohol abuse  | <input type="checkbox"/> Special messages to me from TV or radio                              |
| <input type="checkbox"/> Drug abuse   |   |
| <input type="checkbox"/> Feeling guilty about past misdeeds                                       | <input type="checkbox"/> Feeling emotionally "numb"   |
| <input type="checkbox"/> Feeling that I am no good  | <input type="checkbox"/> Recurring nightmares   |
| <input type="checkbox"/> Feeling the need to get more sleep                                       | <input type="checkbox"/> Frequently feeling startled  |
| <input type="checkbox"/> Losing pleasure in my daily activities                                   | <input type="checkbox"/> Being troubled by painful memories                                   |
| <input type="checkbox"/> Often feeling restless or irritable                                      |   |
| <input type="checkbox"/> Thinking about dying or killing myself                                   | <input type="checkbox"/> Parts of my body not functioning well                                |
| <input type="checkbox"/> Trouble keeping my mind on a task  | <input type="checkbox"/> Feeling aches and pains all over my body                             |
| <input type="checkbox"/> Feeling sad or "down in the dumps"                                       | <input type="checkbox"/> Often feeling sickly   |
|   | <input type="checkbox"/> Fear of having or getting a disease                                  |
| <input type="checkbox"/> Preoccupied with sexual thoughts or urges                                | <input type="checkbox"/> Problems with my memory  |
| <input type="checkbox"/> Needing less sleep than usual  | <input type="checkbox"/> Knowing where or who I am  |
| <input type="checkbox"/> Spending sprees  | <input type="checkbox"/> Getting lost or confused   |
| <input type="checkbox"/> Trouble making myself slow down or talk less                             |   |
| <input type="checkbox"/> Fear of crowds or public places  | <input type="checkbox"/> Having trouble remembering my past                                   |
| <input type="checkbox"/> Specific fear of a thing or place  | <input type="checkbox"/> Finding things I don't remember having                               |
| <input type="checkbox"/> Attacks of fearfulness where I feel I need to run                        | <input type="checkbox"/> Feeling that I've lost time  |
| <input type="checkbox"/> Heart palpitations   |   |
| <input type="checkbox"/> Chest pains or discomfort  | <input type="checkbox"/> Urges to do something harmful to myself or others                    |
| <input type="checkbox"/> Feeling dizzy or unsteady  | <input type="checkbox"/> Urges to set fires   |
| <input type="checkbox"/> Feeling things that aren't there   | <input type="checkbox"/> Difficulty controlling my temper                                     |
| <input type="checkbox"/> Tingling in hands or feet  | <input type="checkbox"/> Feeling anger or resentment  |
| <input type="checkbox"/> Hot or cold flashes  |   |
| <input type="checkbox"/> Trouble breathing  | <input type="checkbox"/> Taking laxatives to control my weight                                |
| <input type="checkbox"/> Feeling trembly or shaking   | <input type="checkbox"/> Vomiting to control my calorie intake                                |
| <input type="checkbox"/> Fears of dying or going crazy  | <input type="checkbox"/> Exercising frequently and vigorously                                 |
|   | <input type="checkbox"/> Fasting in order to control my weight                                |
| <input type="checkbox"/> Feeling the urge to avoid certain places or objects                      | <input type="checkbox"/> Feeling helpless about my eating habits                              |
| <input type="checkbox"/> Feeling troubled by repetitive thoughts                                  | <input type="checkbox"/> Extreme changes in my weight   |
| <input type="checkbox"/> Feeling anxious and nervous  |   |
| <input type="checkbox"/> Worrying about things over and over                                      |   |

Any other problems not mentioned above

## Notice Of Privacy Practices For Protected Health Information

*This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.*

This office is required to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices. This office will not use or disclose your health information except as described in this Notice. If you consent, the office is permitted by federal privacy laws to make uses and disclosures of your health information for purposes of treatment, payment, and health care operations. Protected health information is the information we create and obtain in providing our services to you. Such information may include documenting your symptoms, medical history, examination and test results, diagnoses, treatment, and applying for future care or treatment. It also includes billing documents for those services.

Examples of uses of your health information for treatment purposes are:

- *A provider or assistant obtains treatment information about you and records it in a health record.*
- *During the course of your treatment, the provider determines he/she will need to consult with another specialist in the area. He/she will obtain your signed authorization before sharing information with such specialists to obtain his/her input.*
- *Referral information may be forwarded to Diagnostic Testing Labs for further treatment or testing where the provider will want results of such treatment or testing reported back to him/her.*
- *If the provider is a specialist, your health information and progress may be reported back to your primary care provider or referring provider, upon receipt of your written authorization.*

Example of use of your health information for payment purposes:

- *We submit requests for payment to your health insurance company. The health insurance company requests health information from us regarding medical care given. We will provide information to them about you and the care given. For example, a bill sent to your health insurance company may include information that identifies your diagnosis, and the procedures and supplies used.*

Example of use of your health information for health care operations:

- *We obtain services from our insurers or other business associates (an individual or entity under contract with us to perform or assist us in a function or activity that necessitates the use or disclosure of health information) such as quality assessment, quality improvement, outcome evaluation, protocol and clinical guidelines development, training programs, credentialing, medical transcription, medical review, legal services, and insurance. We will share health information about you with our insurers or other business associates as necessary to obtain these services. We require our insurers and other business associates to protect the confidentiality of your health information.*

### **YOUR HEALTH INFORMATION RIGHTS**

The health and billing records we maintain are the physical property of the treating provider. The information in it, however, belongs to you. You have the right to:

- *Request a restriction on certain uses and disclosures of your health information by delivering the request in writing to our office. We are not required to grant the request but we will comply with any request granted as required by law;*
- *Obtain a paper copy of the Notice of Privacy Practices for Protected Health information ("Notice") by making a request at our office.*
- *Request that you be allowed to inspect and copy your billing record - you may exercise this right by delivering the request in writing to our office;*
- *Obtain an accounting of disclosures of your health information as required to be maintained by law, upon request. An accounting will not include internal uses of information for treatment, payment, operations, or disclosures made to you; and*
- *Revoke authorizations that you made previously to use or disclose information except to the extent information or action has already been taken by delivering a written revocation to our office.*

If you want to exercise any of the above rights, please contact Kathleen Tierney, 480-775-8811, at 4015 S. McClintock Dr., Suite 112, Tempe, AZ 85282, in person or in writing, during normal business hours. She will provide you with assistance on the steps to take to exercise your rights.

*(continued on back)*

You have the right to review this Notice before signing the consent authorizing use and disclosure of your protected health information for treatment, payment, and health care operations purposes.

## **OUR RESPONSIBILITIES**

This office is required to:

- Maintain the privacy of your health information as required by law;
- Provide you with a notice as to our duties and privacy practices as to the information we collect and maintain about you;
- Abide by the terms of this Notice;
- Notify you if we cannot accommodate a requested restriction or request; and
- Accommodate your reasonable requests regarding methods to communicate health information with you.

We reserve the right to amend, change, or eliminate provisions in our privacy practices and access practices and to enact new provisions regarding the protected health information we maintain. If our information practices change, we will amend our Notice. You are entitled to receive a revised copy of the Notice by calling and requesting a copy or our "Notice" or by visiting our office and picking up a copy.

## **TO REQUEST INFORMATION OR FILE A COMPLAINT**

If you have questions, would like additional information, or want to report a problem regarding the handling of your information, you may contact *Kathleen Tierney, 480-775-8811*. Additionally, if you believe your privacy rights have been violated, you may file a written complaint at our office by delivering the written complaint to Kathleen Tierney. You may also file a complaint by mailing it to the Secretary of Health and Human Services. We cannot, and will not, require you to waive the right to file a complaint with the Secretary of Health and Human Services (HHS) as a condition of receiving treatment from the office. Likewise, we cannot, and will not, retaliate against you for filing a complaint with the Secretary of Health and Human Services.

## **OTHER DISCLOSURES AND USES**

*Notification of Family/Friends:* Our office does NOT disclose protected health information or any other information to family members.

*Appointment Reminders and Treatment Information:* We may contact you and/or leave a message on your telephone answering machine to provide you with appointment reminders, lab results, prescription information, or billing information.

*Workers Compensation:* If you are seeking compensation through Workers Compensation, we may disclose your health information to the extent necessary to comply with laws relating to Workers Compensation.

*Abuse, Neglect & Domestic Violence:* We may disclose your health information to public authorities as allowed by law to report abuse, neglect, or domestic violence.

*Inmates:* If you are an inmate of a correctional institution or under the custody of a law enforcement officer, we may disclose to the institution or law enforcement official health information necessary for your health and safety or the health and safety of other individuals.

*Law Enforcement:* We may disclose your health information for law enforcement purposes as required by law, such as when required by a court order; for identification of a victim of a crime if certain protective requirements are met; to report a crime in emergencies; and other appropriate situations as permitted by law.

*Judicial/Administrative Proceedings:* We may disclose your health information in the course of any judicial or administrative proceeding as allowed or required by law or as directed by a proper court order or in response to a subpoena, discovery request or other lawful process if certain specific requirements are met. To avert a serious threat to health or safety, we may disclose your health information consistent with applicable law to prevent or lessen a serious, imminent threat to the health or safety of a person or the public.

*Other Uses:* Any other uses and disclosures of your health information besides those identified in this Notice will be made only as otherwise authorized by law or with your written authorization and you may revoke the authorization as previously provided.

*Effective Date: June 16, 2004*

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Signature acknowledging receipt

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Date

**Wendy Hart, Ph.D.**  
**6101 S. Rural Rd., Ste. 103, Tempe AZ 85283**  
**Ph: (480) 775-8811 ♦ Fax (602) 429-8425**

## AUTHORIZATION FOR EXCHANGE OF INFORMATION

Patient name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Information about you cannot be exchanged without your consent. Your signature on this release authorizes your provider to obtain or release medical records or information regarding your care. For the purposes hereof, "Medical Records" include all confidential HIV-related information, confidential communicable disease-related information, confidential alcohol or drug-abuse related information, and confidential psychological, behavioral health, medical, and educational data.

This disclosure is for the purpose of diagnosis, treatment planning, follow-up, subpoena for records, coordination of care, employment, and/or any reason listed below:

\_\_\_\_\_

The following limitations/exceptions to the disclosure of this information apply:

- ☐ Please release information to:  
☐ Please request information from:

- ☐ Please release information to:  
☐ Please request information from:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City State Zip Code

\_\_\_\_\_  
City State Zip Code

\_\_\_\_\_  
Phone Number Fax Number

\_\_\_\_\_  
Phone Number Fax Number

I certify that this request has been made voluntarily and that the information given above is accurate to the best of my knowledge. I understand that I may revoke this authorization at any time, except to the extent that action based on this authorization has already been taken. This consent will expire automatically one year from the date on which it is signed. Any disclosure of medical record information by the recipients is not authorized except when implicit in the purposes of this disclosure.

☐ **I decline this authorization;** I do not wish to have my medical records exchanged.

\_\_\_\_\_  
Signature of client or authorized person

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date