

## News Letter – September 2018

Welcome back to the Autumn Term and I hope everyone had a great summer – it was certainly a very different one with all that great weather! We have lots of new customers this term and I look forward to meeting you all over the coming weeks. As I now have 3 pools, it won't be possible for me to be at every lesson each week; however I will be visiting each class as much as I can and will be happy to chat. As always I am happy to hear from you via email or telephone if it hasn't been possible to speak to me at the pool.

As we are heading towards the colder weather, please remember that any pool closures will be posted on our website and also on Facebook – so please make sure you are following us! Any unforeseen closures will also be posted onto Facebook as soon as I hear, so it is well worth giving us a follow!

### A New Era

As most of you will know, this is the start of a new era for me and H2O Swim School. Following our first year, I have now taken over from Helen's Swimming School at both St Mary's and Ashdown pools. It is both very exciting and also a little sad as lots of our children have swum with Helen for a very long time (30 years for some of you who now bring grandchildren!) I am continuing as Helen has left off and everything remains the same, including our wonderful staff – Helen is also continuing to teach for me and I am sure you would like to join me in thanking her for all the years of help teaching our children and also wish her a lovely semi-retirement!!

### Parking

Please adhere to the rules re parking at each of the pools (these are the schools' rules not H2O's and it will cause me problems if you don't!). **Mayfield** – park in the designated visitor car park at the bottom of the school. **St Mary's** – no parking in the school whatsoever – the driveway down to the school belongs to the church so this is out of bounds to traffic too. There is plenty of parking around the green. **Ashdown** – the school kindly let us park in their playground, however we mustn't arrive onto the premises until after 3.45.

### Pool Cleanliness

At both **Mayfield** and **Ashdown** pools, shoes need to be taken off in the foyer of the building – they mustn't be worn into the changing rooms or on poolside (I always took a carrier bag for our shoes when my children swam – to save mix ups!!) **St Mary's** – shoes mustn't be worn to the left of the pool as you enter – only to the left where parents can sit. Again these are the rules of the schools and are to try to stop dirt entering the water via the children's feet, as this can lead to pool closures.

### Swimming Hats and Towels

I still have some Helen's Swimming School hats in stock that I will be selling for a reduced price of £2 each. I have got some H2O hats on order, however they will not be available until after the term has started. Additionally, I have some microfibre swimming towels which I have had embroidered with the H2O logo. They will be available to order at a cost of £15 each and there will be one at each pool for you to have a look at if you are interested. Please contact me to order.

### Non Competitive and Adult Stroke Technique Classes

We are running a couple of additional classes on a Tuesday evening at Mayfield this term. Both classes are at 7.45 for half an hour. The Non Competitive class is aimed at children who have gained a good standard of swimming, are competent in deep water and would like to continuing swimming for fitness and fun. The Adult class is for people who are fairly good swimmers, but would like to improve their stroke technique. Please contact me for more information and to book.

As I mentioned earlier I will be around to all the pools as much as I can and am looking forward to seeing the progress the children make.

Happy swimming!!!

## Venetia