

## Dear Physician and/or Nurse Practitioner:

I am accepting Referrals for Consultation to see your patients who are <u>motivated to increase their level of physical activity</u> but find it difficult to begin exercising due to health or physical limitations, prior illness or living with chronic conditions.

**Consultation** - (A911/A912 - *out of basket*) with written recommendations to you and the patient. Referrals are categorized into three main areas:

- 1. Exercises for chronic low back pain
- 2. Exercises in the setting of chronic disease (including cancer) non-acute
- 3. Exercises as adjunct to weight loss/lifestyle changes

FAX REFERRAL FORM is on the reverse or you can download a PDF version by clicking on the QR Code

Please contact me anytime for more information.

Marcel Doré MD



Website for more details on consultation services and DDPY Fitness: https://transitioncoach.ca/

working with the principles of:

ExeRcise is Medicine Canada

# **Request for Medical Consultation**

## Marcel J.R. Doré MD

DDPY Fitness Instructor / Functional Aging Fitness Instructor 812 Woolwich St, Guelph, Ontario, Canada N1H 6J2 Tel: 226-770-3310 - Email: marcel@transitioncoach.ca

#### Please fax to: 1-833-964-0888

For anyone motivated to exercise but finding it difficult to begin due to health or physical limitations, prior illness or living with chronic conditions such as arthritis, low back pain, cancer, obesity, post-surgery, deconditioning, neurological and more

Date of Referral:	Referring Physician/NP:	
Clinic Phone# (inside number):	Referring Physician/NP Billing Number:	
Clinic Fax#:		
Patient Last Name:	Patient First Name:	
Date of Birth:	OHIP Number:	
Patient Email Address:	Contact Telephone #:	

#### Reason for Referral: (Check ☑ all applicable):

Exercise in the setting of	Details:
chronic disease	
Exercise as adjunct to	Details:
weight loss (obesity)	
Exercise for chronic low	Details:
back pain	
Other/Additional Notes: PL	EASE INCLUDE CUMULATIVE PATIENT PROFILE, MEDICATION LIST AND RELEVANT
IMAGING	