



DDPY SUMMER – Starts July 2, 2019

QUESTIONS about DDPY Classes in Guelph and area?

Web: <https://transitioncoach.ca/ddpy>

Email: marcel@transitioncoach.ca

DDPY SUMMER REGISTRATION NOW OPEN 2 Locations:

Royal Distributing Athletic Performance Centre (RDAPC)
7384 Wellington Rd. 30, RR#5 Guelph, Ontario

Tuesdays at 6:30 PM - Start July 2, 2019
Wednesdays at 6:30 PM - Start July 3, 2019
Thursdays at 2:00 PM - Start July 4, 2019

RDAPC Registration: Call 519-856-9596 x 201 or email Dave at dnichol@get.on.ca

Rockwood Classes

New Location: ROCKWOOD TOWN HALL, 191 Main Street South, Rockwood

Thursdays at 4:00 pm - - Start July 4, 2019

Rockwood Registration: Call 519-856-9596 x 139 or email Melissa at mbiffis@get.on.ca

**Ask about 10-class passes and other Summer Fitness Classes
at both locations!**