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## **Internal Treatment Instructions**

All patients must have a gynecology physical with their doctor.

## **Pre-Treatment Instructions**

- No oils, lubricants or films per vagina for one week before the procedure
- No sex one week prior to procedure
- Call to cancel your appointment if you have symptoms of a vaginal infection until it can be evaluated by your primary gynecology provider

## **Post-Treatment Instructions**

- No sexual intercourse for 2 days
- A thin, sometimes blood-tinged, watery discharge is normal especially after the 2<sup>nd</sup> and 3<sup>rd</sup> treatment