



clubkingswood
Health, Fitness and Spa

PADEL COURTS TIMETABLE

Week Day Times	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend Times	Saturday	Sunday
6:30am - 8:00am								
8:00am - 9:30am						8:30am - 10:00am		
9:30am - 11:00am	Ladies Social			Men's Social	Intro to Padel Intro to Padel	10:00am - 11:30am		
11:00am - 12:30pm						11:30am - 1:00pm		Intro to Padel Intro to Padel
12:30pm - 2:00pm						1:00pm - 2:30pm	Mixed Social	Intro to Padel Intro to Padel
2:00pm - 3:30pm						2:30pm - 4:00pm		
3:30pm - 5:00pm				Mixed Social		4:00pm - 5:30pm		
5:00pm - 6:30pm								
6:30pm - 8:00pm	Mixed Social							
8:00pm - 9:30pm								