



REFORMER PILATES

REFORMER PILATES TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am Anastasia	6:30am Anastasia	7:00am Lucy	7:00am Lucy	8:30am Lucy	9:15am Lydia	9:15am Lydia
9:20am Jodie	9:30am Lydia	9:15am Lucy	9:30am Jodie	10:15am Jodie	10:30am Lydia	10:30am Yvonne
10:30am Jodie	10:40am Lydia	12:30pm Lucy	5:40pm Yvonne	5:30pm Lydia		
5:20pm Cass	5:30pm Laura	5:30pm Yvonne	7:00pm Jodie	6:45pm Lydia		
7:30pm Cass	6:40pm Laura	6:40pm Lauren	8:15pm Jodie			



MEMBERS

£7.50
PER CLASS



GUESTS

£15
PER CLASS



MEMBER OFFER

BLOCK OF
10 SESSIONS
£65



STRONG BODY. CALM MIND. CONFIDENT YOU.

