



June announcements and news & wishing you a Happy Father's Day!

ALL SESSIONS ARE IN OUR NEW ROWLEY LOCATION!

We recommend using GPS until you arrive onto Forest Ridge Drive, then follow these directions:

When you enter from route 1 (at the Clark School entrance), follow the road up the hill and when you pass the sign for 26-28 Forest Ridge Dr, go to the next driveway on the left. Then take a left into the parking lot.

We are unit 5. Looking forward to seeing you in our new space!



*You will be receiving 2 forms to fill out. We ask that current and new clients all fill these out to have updated info in our system. Thank you in advance! Once you fill them out, you don't need to do it again, unless there is updates you need to share**

♥Thank you to all who stopped in for the open house and sound immersion. We had a wonderful night!♥

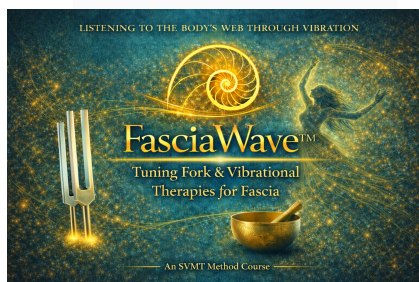
Affiliate Teacher



Meditate:
School of Mindfulness & Sound

Katelyn and Dawnielle are now affiliate teachers for Meditate School of Mindfulness & Sound!

They will be teaching sound/vibration, as well as wellness/mindfulness workshops in the very near future (Stay tuned for more!)



The first class for The Practitioner of FasciaWave™ Tuning Fork & Vibrational therapies certification course) will be held September 19-20!

Check out our website for details and description very soon!

Katelyn is adding 30-minute sessions for children (\$55) & We are adding Kids Sound Immersions!!!

This is such a beautiful way to encourage our kids to learn to regulate their emotions & body in a fast-paced world.

Katelyn wanted to share this experience with her own child:

“Charlie is my wild child. Always moving, running around, he just doesn’t have a slow mode. When we got back from our trip after our class, he was most interested in me sharing what I’d learned. When I chimed the bowl, he put his head in it feeling the vibration right away. When I used the tuning forks on his body, he told me he became “calm boy” and said his heart was happy. All of the kids enjoy chiming the bowls, playing the drums and tinkering with the instruments, but the difference it’s made in Charlie really warms my heart and reaffirms I’m in the right place.”

In a world that is surrounded by stress, expectations, anxiety and unregulated nervous systems ... we want to take the opportunity to teach children how to stay in their bodies and regulate their own nervous system, when they are feeling things they don’t understand.

Katelyn and Dawnielle are excited to introduce the

Kids Sound Immersion! This will be a space of connecting with sound and vibration, learning tools that they can use in moments of uncertainty in their body. They will begin to understand how these tools can benefit them daily to feel good!

These will be 30-minute interactive group sessions. Each child that is there will be expected to have a parent present.



Our first Kids Sound Immersion will be **Sunday 6/28 @3pm**

6/28 KIDS Sound Immersion registration \$33 per child (no charge for adult present)



As mothers of 7 children combined, as well as many years of working as Nurses in labor/delivery and postpartum, Dawnielle and Katelyn have such a desire for providing support to mothers in all stages of motherhood/life.

We are looking forward to starting a **Mother’s Circle**, where any mother can come to be a part of a space centered around support & love. This is a judgement-free zone that allows for a feeling of being heard/seen, as we all navigate life’s challenges, emotions and achievement of everyday life.

COME AS YOU ARE, whether you feel messy, exhausted, happy, defeated or frustrated.

Our first Mother’s Circle will start on **Saturday 6/20 @ 10:30am**

6/20 Mother’s Circle registration

Pay what you’re able to with the sliding scale pricing of \$5-20

If you have a hardship please speak with us as we don’t want anyone to miss out on the support.

[BOOK YOUR SESSION HERE](#)

Dawnielle's upcoming openings:

Thurs 6/18 @ 12:30p (60-mins)
Fri 6/26 @ 2p (60-mins)
Tues 6/30 @ 4p (60 or 90-mins)
Wed 7/1 @ 9a, 12:30p (60 or 90-mins)
Thurs 7/2 multiple openings

Katelyn's upcoming openings:

Sun 6/7 @ 5:30p
Sat 6/20 @ 12p & 1:30p
Wed 7/1 @ 5p
Sat 7/11 @ 1:30 & 3p

Megan's upcoming openings:

Thurs 6/11 @ 4p
Thurs 6/18 @ 4p & 5:30p
Tues 7/7 @ 9am & 10:30a

Sarah's availability will be opening up soon for July!