

Friends of WVSILC:

- 2 SNAP Benefits
- 4 MTSTCIL - Food Banks
- 6 Senator Manchin

THE IL EDGE
 SPRING 2020 - WVSILC - PO Box 625 - Institute, WV 25112



SILC UPDATE

The draft of a new State Plan for Independent Living (SPIL) for the next 3 years is now available for public comment. You can find the plan on the SILC website at [www.wvsilc.org/docs/WV SPIL 2021-2023 DRAFT](http://www.wvsilc.org/docs/WV_SPIL_2021-2023_DRAFT) or by calling the SILC office. This plan is much more focused than our current SPIL and I urge you to take a look and submit comments about what you like, don't like, would change, etc. Comments on the draft SPIL are due by May 6th and can be submitted in writing by mail or on-line or at one of three public meetings (details on p. 2). You can get all the information you need at <http://www.wvsilc.org/spil.htm> or by calling 1-855-855-9743.

I know it is very difficult to think or talk about anything other than COVID-19 (Corona virus) right now, but let's try to focus on the positive and not get overwhelmed with fear or anxiety. West Virginia has really geared up its testing for the virus and as of now, less than 4% of those tests have come back positive. Governor Justice has asked that everyone stay home. Work from home if you can, avoid going out of your house except for groceries and prescriptions – and have those things delivered if at all possible. Wear a mask if you must go out. **AND WASH YOUR HANDS!** If you are able to stay home, you are still going to end up touching things that came from outside your home. And washing your hands is the best way to protect yourself! Take time to clean and sanitize all the surfaces in your home regularly. A lot of resources are available (dial 211 for help finding them) to help you: get food and prescriptions without going out; talk to someone who can help you cope; see you doctor without leaving your home through “telehealth”; and keep in touch with those you care about. Do take time to reach out to others – check on your friends and family – by phone, FaceTime, Facebook Live, or one of the many free on-line platforms that let you visit with and see your friends and family. If you ARE going to the store, check to see if you can pick up anything for your neighbor. We are all in this together and we don't have to go through it alone. Stay Safe!

MISSION

“To ensure persons who have disabilities have access to community-based resources that promote personal choice and facilitate the achievement of their independent living goals.”

From the desk of:

Ann McDaniel
 Executive Director

IN THIS EDITION:



Public Meeting Notice for Draft State Plan for IL p.2



Relief for Nonprofits p.4
 Individual Checks p.8



SSA Economic Impact Payments p.3



West Virginia Whiskey to Hand Sanitizer p.5

WV Centers for Independent Living

Appalachian CIL
 Elk Office Center
 4710 Chimney Dr.
 Charleston, WV 25302
 1-800-642-3003

Northern WV CIL
 601-603 East Brockway Ave.
 Suite A & B
 Morgantown, WV 26505
 1-800-834-6408

109 Randolph Ave.
 Elkins, WV 26241
 304-636-0143

Mountain State CIL
 821 Fourth Ave.
 Huntington, WV 25701
 1-866-687-8245

329 Prince St.
 Beckley, WV 25801
 304-255-0122





Clarification of SNAP Benefits

Source: <http://mtstcil.org/>

Question: I'm a SNAP authorized retailer and am interested in ways to continue to get food to my customers in light of the social distancing recommendations related to COVID-19. What are some options for me?

Answer: There are several options that would allow for a retailer to continue to get food to its SNAP clients in light of the social distancing recommendations related to COVID-19.

These include:

- SNAP client placing their order online or over the phone and picking it up at the store. If the store has a wireless POS the customer would be able to complete the transaction without having to leave their car.
- SNAP client placing their order online or over the phone and having the order delivered to their designated delivery address. The transaction can be completed using a wireless POS.
- SNAP client placing their order online or over the phone and designating a person to pick the order at the store using the clients EBT card. The transaction can be completed, using the SNAP clients EBT card, in the store or by using a mobile POS device outside of the store.
- As a last resort, if you do not have a mobile POS, under these extreme circumstances you can complete a manual voucher which the SNAP customer would need to sign in person at the point the voucher is authorized.

Information regarding manual vouchers, including how they are completed and cleared, can be found at: <https://fns-prod.azureedge.net/sites/default/files/snap/Manual-Voucher-Process.pdf>

Manual vouchers must be completed when the client is present to sign it, a retailer should never accept payment by obtaining a clients' EBT card number and PIN over the phone.

Delivery fees cannot be paid for with SNAP benefits; retailers that charge delivery fees have to accept payment for any delivery fee via another form of tender.



NOTICE OF PUBLIC MEETINGS



Source: WVSILC

The West Virginia Statewide Independent Living Council, in cooperation with the West Virginia Centers for Independent Living, is conducting public meetings to receive comments on the **draft State Plan for Independent Living for 2021-2023**. The meetings will include a brief overview of the plan, questions will be answered, and all comments will be taken down, the deadline for comments is May 6, 2020.

Meetings were originally scheduled in the following locations, but **due to the Corona Virus recommendations on public gatherings will be conducted remotely with ZOOM**. Please see the log in information for each meeting and join us online or by phone.

Date: Monday, April 20, 2020
Time: Noon

Log In information: Join Zoom Meeting

<https://zoom.us/j/996395938>

Meeting ID: 996 395 938

(previously scheduled for Wheeling)

If you do not have access to a computer to log in please call this number to listen in - Phone number: 1-646- 558- 8656 Meeting ID: 996 395 938

Date: Wednesday, April 22, 2020
Time: Noon

Log In information: Join Zoom Meeting

<https://zoom.us/j/550389894>

Meeting ID: 550 389 894

(previously scheduled for Elkins)

If you do not have access to a computer to log in please call this number to listen in - Phone number: 1-646- 558- 8656 Meeting ID: 550 389 894

Date: Thursday, April 23, 2020
Time: Noon

Log In information: Join Zoom Meeting

<https://zoom.us/j/348664201>

Meeting ID: 348 664 201

(previously scheduled for Charleston)

If you do not have access to a computer to log in please call this number to listen in - Phone number: 1- 646- 558- 8656 Meeting ID: 348 664 201

The meetings are open and accessible to the public. Requests for a sign language interpreter, materials in alternate formats, or other accommodations needed for full participation in the meetings must be received **one week prior** to the meeting by e-mailing kathi.young@wvsilc.org or calling 1-855-855-9743.

News Release

SOCIAL SECURITY

Source: [SSA](#)

New Guidance about COVID-19 Economic Impact Payments for Social Security and Supplemental Security Income (SSI) Beneficiaries from Social Security Commissioner Andrew Saul



“The Treasury Department launched a new web tool allowing quick registration for Economic Impact Payments for eligible individuals who do not normally file a tax return, and also announced that it would begin making automatic payments. However, for some people receiving benefits from the Social Security Administration--specifically those who have dependent children under the age of 17--it is to their advantage to go to this portal to ensure they also get the \$500 per dependent Economic Impact Payment. I encourage them to do this as soon as possible, and want to provide the following details:

People who receive Social Security retirement, survivors, or disability insurance benefits and who did not file a tax return for 2018 or 2019 and who have qualifying children under age 17 should now go to the IRS’s webpage at www.irs.gov/coronavirus/economic-impact-payments to enter their information instead of waiting for their automatic \$1,200 Economic Impact Payment. By taking proactive steps to enter information on the IRS website about them and their qualifying children, they will also receive the \$500 per dependent child payment in addition to their \$1,200 individual payment. If Social Security beneficiaries in this group do not provide their information to the IRS soon, they will have to wait to receive their \$500 per qualifying child.

The same new guidance also applies to SSI recipients, especially those who have qualifying children under age 17. To receive the full amount of the Economic Impact Payments you and your family are eligible for, go to the IRS’s Non-Filers: Enter Payment Info page at www.irs.gov/coronavirus/economic-impact-payments and provide information about yourself and your qualifying children.

Additionally, any new beneficiaries since January 1, 2020, of either Social Security or SSI benefits, who did not file a tax return for 2018 or 2019, will also need to go to the IRS’s Non-Filers website to enter their information.

Lastly, for Social Security retirement, survivors, or disability beneficiaries who do not have qualifying children under age 17, you do not need to take any action with the IRS. You will automatically receive your \$1,200 economic impact payment directly from the IRS as long as you received an SSA-1099 for 2019.

For SSI recipients who do not have qualifying children under age 17, we continue to work closely with Treasury in our efforts to make these payments automatically. Please note that we will not consider Economic Impact Payments as income for SSI recipients, and the payments are excluded from resources for 12 months.

(Notice continued from p2)

Written and oral comments on the plan may be offered. **Written comments should include the commenter’s name, mailing address, organizational affiliation (if relevant), telephone number, and e-mails (if applicable).**

Written comments may be submitted by mail or e-mail and should be addressed to:

Public Meeting Comments
WVSILC
PO Box 625
Institute, WV 25112-0625
kathi.young@wvsilc.org

The deadline for comments is May 6, 2020.

The [draft of the State Plan](#) will be available to review and submit comments on the SILC website at <http://www.wvsilc.org/spil.htm> beginning April 6, 2020.

To request a copy of the plan, assistance preparing written comments, or for more information, contact kathi.young@wvsilc.org or call 1-855-855-9743. ■

(Release continued from previous column)

The eligibility requirements and other information about the Economic Impact Payments can be found here: www.irs.gov/coronavirus/economic-impact-payment-information-center. In addition, please continue to visit the IRS at www.irs.gov/coronavirus for the latest information.

We will continue to update Social Security’s COVID-19 web page at www.socialsecurity.gov/coronavirus/ as further details become available.” ■



(See Release next column)



Help for those in need of food in the Beckley area

Beckley Area Food Banks

Carpenters Corner
104 Prince Street
Beckley, WV 25801

LUNCH 11-1
Monday, Wed-Sat
Fourth Tuesday and Sunday of each month

DINNER 4-6
Third Sunday of each month

DO YOU WANT TO HELP?

Cindy Worley of Carpenter's Corner is seeking donated items for their pantry, including canned vegetables, canned fruit, spices, pasta, flour, rice, and bottled water. Bulk items that will not expire. To donate contact them on Facebook at <https://www.facebook.com/thecarpenterscornerbeckleywv>

Donations from Mountaineer Food Bank

To request food, contact:

Crab Orchard Baptist Church
Leigh Ann
1501 Robert C Byrd Drive
Crab Orchard, WV 25827
304-252-2610

Food for Body and Soul
Millie Cox
Heart of God Ministries
1710 S. Kanawha Street
Beckley, WV 25801
304-222-3726

Gives 40-pound boxes of food every third Saturday of the month.

You must complete an application and have a picture ID and a copy of a utility bill. ■

Federal Relief for Nonprofits: A Breakdown of Options and Resources

Source: [WVNPA](#)

With all of the constantly evolving information out there on federal assistance options for nonprofits, it's easy to feel confused and overwhelmed! Here at the WVNPA, we are working hard to help you navigate the opportunities that the Federal CARES Act has for organizations like yours. As the situation evolves, rest assured that we will continue to update this page and our [Coronavirus Preparedness](#) landing page with information you need to make the best decisions for your organization.

IMPORTANT: After reviewing the information provided from the experts on these issues, **if you still have questions**, we'd like to hear from you. We've created a [Federal Coronavirus Relief for WV Nonprofits Feedback Form](#) just for this purpose. You can visit this link to submit a specific question or concern you have about applying for these programs. **Again, we ask that you do your due diligence to try to find the answer at the links below before submitting your question.** Whenever possible, we will work within the resources we have to find answers for you. These questions and answers will be posted on our [Coronavirus Preparedness](#) page as well as communicated to the individual who posed the question.

A Breakdown of Federal Relief Options

Currently there are five opportunities for nonprofits:

1. [Delay of Payroll Tax Remittance](#)

- This provision is to help with cash flow for organizations.
- You can elect to defer the submission of the employer portion of payroll taxes (6.2% Social Security) between 3/27/20 and 12/31/21.
- 50% of those monies will be due on 12/31/21 and the remaining 50% will be due on 12/31/22.
- You are excluded from this program if you participate in the Paycheck Protection Program/Loan (see below).

2. [Employee Retention Credit](#)

Section 2301 of the CARES Act creates a refundable payroll tax credit against Social Security taxes of up to \$5,000 for each employee on the payroll when the conditions mentioned below are met. **There are 3 eligibility requirements:**

- **You were in business:** You don't get an employee retention credit if you don't "retain" employees and don't continue operating during the 2020 COVID-19 crisis. Congress provides this generous credit to subsidize employers who continue to operate.
- **You were disrupted:** Because either 1) you had to fully or partially suspend operations due to a governmental order related to COVID-19, OR 2) your gross receipts in 2020 decreased by 50% over the same quarter time period in 2019.
- **You don't receive a loan through the Paycheck Protection Program (PPP):** You lose eligibility for the retention credit if you take a loan through the PPP (see below) – the government has put some safeguards in place to prevent double dipping to cover the same expenses.
- **Two more parameters:**

WV Whiskey Maker Lends Hand in Fight Against COVID-19

Source: [WV Gazette Mail](#)



If you've ever felt the strong, slow burn of a shot of West Virginia-made whiskey on the back of your throat, well, you might be able to imagine what industrial grade alcohol many times more powerful than that does to the microscopic virus wreaking so much havoc around the world right now.

"This coronavirus is surrounded by a fatty coat and that gives it some environmental stability, because being in the air, on the surface outside the body, is not a good environment for any virus," said Dr. Steven Hatfill, a virologist.

"So this virus wears a coat of fats, lipids, and the alcohol dissolves that. And the environment degrades it really, really quickly once that coat is dissolved off — and that's what the alcohol in the hand sanitizer does," said Hatfill, a not-infrequent visitor to West Virginia and a self-described fan of the state. "It dissolves it off, and the virus falls apart."

The hand sanitizer he's talking about is now in production at Smooth Ambler Spirits in Greenbrier County.

"It turns out this recipe is a recipe that's been around by the World Health Organization. They use this in time of crisis. It's a pretty simple recipe," said John Little, the company's CEO and founder.

"It works because the overwhelming percentage of this is very high-proof ethyl alcohol ... like, 192-proof alcohol. Something you would never, ever drink," he added.

It's a simple recipe, but it's not a simple process to get approval to produce and distribute a vastly different product — even in the midst of the global pandemic that product is designed to prevent.

The idea came from Pernod Ricard — the distillery's parent company since 2017 — during a conversation between Tara Engel, the company's vice president of public and national affairs, and a colleague roughly 2 1/2 weeks ago.

(See Whiskey p7)

Tee Shirts For Sale

Fair Shake Network tee shirts are now available for sale at the cost of \$10 for members and \$12 for non-members. The cost of shipping is \$3 if you need the shirt to be mailed to you. The shirts are available in 3XL, 2XL, XL, M, L and S. They are red and have the FSN logo in the center of the shirt. You can go online and order at www.fairshake.org or call 304-766-0061. ■





(Resources continued from p4)

Manchin Calls On West Virginians To Adhere To Federal Recommendations

Source: [Senator Manchin](#)

"This morning I spoke with Dr. Fauci, a trusted medical expert on COVID-19, about the specific challenges we are facing here in West Virginia. He shared some concrete steps we can take and stressed that the next two weeks are the most critical time to slow the spread of the virus. I want to pass on his recommendations so every West Virginian can do their part to defeat this pandemic. I urge every West Virginian to take these recommendations seriously and stay home as much as possible," Senator Manchin said.

Self-isolation – Anyone older than 60, children, or those with underlying health conditions should stay home. While this is difficult for us as West Virginians, it means not visiting vulnerable grandparents or having large family gatherings until this threat subsides.

Testing – Any person experiencing COVID-19 symptoms should be able to get a test. However, due to supply chain limitations that is not possible right now. Senator Manchin is in constant communication with officials to secure more testing for West Virginia. Until more tests are available, continue to request a physician's order for a test. Senator Manchin is advocating for the more than 200 West Virginians who have already contacted him with symptoms and are unable to get a test, or who have not received their test results. A member of his staff will keep in touch with each person daily until symptoms resolve, they receive a test or receive test results.

Telework – Every West Virginian who is able to telework should do so.

Shiftwork – For essential services where employers are unable to telework, employers should institute shiftwork to ensure six feet of distance between employees at all times.

Tourism – Anything that would attract groups of visitors should be avoided for at least the next two weeks.

Medical Equipment – Equipment is in short supply across the country and here in West Virginia
(See Manchin p7)

- **Two more parameters:**

- ◊ If you have more than 100 employees, the credit applies when wages are paid to employees when they are not providing services due to the coronavirus-related circumstances described above. Imagine a scenario where you keep all of them on the payroll and pay them to stay home because the type of service/work you provide cannot be done via telework, this qualifies. If, however, you lay off all of your employees, you'll have no payroll and therefore nothing to get a credit against.
- ◊ If you have less than 100 employees, the credit applies to all employee wages whether the employer is open for business or subject to a shut-down order.

3. [Paycheck Protection Program \(PPP\)](#)

An SBA loan that helps businesses keep their workforce employed during the Coronavirus (COVID-19) crisis. This program will be available through June 30, 2020.

4. [Expanded SBA Economic Injury Disaster Loans and Loan Advance](#)

Disaster loans for eligible nonprofits and other applicants with 500 or fewer employees.

5. [Emergency Paid Sick Leave and Emergency FMLA](#)

Implemented April 1, 2020, the U.S. Department of Labor announced new action regarding how American workers and employers will benefit from the protections and relief offered by the Emergency Paid Sick Leave Act and Emergency Family and Medical Leave Expansion Act, both part of the Families First Coronavirus Response Act (FFCRA).

Still Have Questions?

In addition to the information above, we invite you to explore the following resources or visit our [Coronavirus Preparedness webpage](#):

- [Webinar Recording: Federal Coronavirus Relief Bills: What Do They Mean for Nonprofits?](#) – National Council of Nonprofits: March 31, 2020. ([Presentation Slides](#))
- [Analysis of the Coronavirus Aid, Relief, and Economic Security Act \(CARES Act\)](#) – National Council of Nonprofits
- [Loans Available for Nonprofits in the CARES Act](#) – National Council of Nonprofits
- [Self-Insured Nonprofits and Unemployment Insurance](#) – David Heinen, North Carolina Center for Nonprofits
- [Analysis of the Families First Coronavirus Response Act \(FFCRA\)](#) – National Council of Nonprofits
- [Guide to the Employee Retention Tax Credit](#) – U.S. Chamber of Commerce
- [Economic Injury Disaster Loan Webinars](#) – SBA West Virginia District Office and the WV Small Business Development Center
- [CARES Act SBA Loan Calculator](#) – Nav
- [Coronavirus Emergency Loans: Small Business Guide and Checklist](#) – U.S. Chamber of Commerce
- [FFCRA Workplace Poster](#) – U.S. Department of Labor
- [FFCRA Necessary Documentation, Tax Credits, and Exemptions](#) – Shuman, McCuskey & Slicer
- [WV Insurance Bulletin: Business Interruption Coverage and Coronavirus](#) – State of WV Office of the Insurance Commissioner
- [Paycheck Protection Program FAQs](#) – U.S. Department of the Treasury
- [WV COVID-19 Relief Funds](#) – Philanthropy WV

(See Resources p7)

“We were talking about hand sanitizers and she’s like, ‘You know we can make that,’” Engel said.

“She said, ‘Well, we have a couple of government hurdles. And I said, ‘OK, what are they are? I’ll get those fixed.’”

They needed approval from the Alcohol and Tobacco Tax and Trade Bureau, or TTB. They needed approval from the Food and Drug Administration. And they needed help with distribution, to ensure the product reached people in the hot spots and on the front lines of the battle against the coronavirus.



Engel put in a call to Dr. Peter Navarro, assistant to the president and director of the White House’s Office of Trade and Manufacturing Policy.

“He put me on speakerphone and started dialing all of these agencies,” Engel said. “I’ve been in politics and government relations since I was 20 years old, and I’ve never seen anything like this. It was incredible the speed with which it worked and how effective it was.”

Including Smooth Ambler, there are four local distilleries affiliated with Pernod Ricard in the United States. All four signed on to produce the high-grade hand sanitizer and distribute it — free of charge — to their local communities and treatment facilities.

The first batch — from Fort Smith, Arkansas — was shipped immediately to emergency workers in Albany, New York, determined to have the most critical need at that time.

Meanwhile, Smooth Ambler immediately ramped up its own operations.

“I checked with the state of West Virginia, I spoke with the commissioner of the ABC and he said, ‘Hey, here’s a couple of forms you need to fill out but let’s get going,’” Little said.

With blending tanks, storage tanks and bottling equipment already on hand, it was a question of sourcing some of the materials: the alcohol came from another Pernod facility; the IPA and glycerin came from a supply house.

“And then we actually had trouble getting hydrogen peroxide,” Little said. “We found someone in West Virginia who had pharmaceutical-grade hydrogen peroxide and drove and picked it up.”

By blending those ingredients, his team can crank out about 280 gallons of hand sanitizer in about an hour, plus bottling, labeling and packaging. Last week, his product was shipped to Arizona and Georgia. It’s also gone to area hospitals, the state police and residents.

“You’ve got to assume, if you’re in a high-infected area, all the money’s got virus on it. It can infect you and take over your cells,” Hatfill said. “So you touch a heavily contaminated surface that hasn’t been cleaned and you rub the corner of your eye — of course the virus is gonna stick to the water in your eye. Those tears drain through a little duct in the corner of your eye by your nose, and it drains into your nasal cavity. So within about 20 minutes of rubbing your eyes with a contaminated hand, you’ve got that virus in your

(Resources continued from p6)

- [Free Webinars and Recordings for Nonprofits Dealing with the Challenges of COVID-19](#) – WVNPA

If You Need More Assistance

Please note that if you need it, you should seek advice from an attorney, accountant or bank — as appropriate. The WVNPA is set up to share information, connect you with resources, and get your questions answered whenever possible, but we do not advise nonprofits on accounting, loan, or labor issues.

We’re Here For You

Again, the WVNPA is your partner in finding resources for your nonprofit decisions regarding this pandemic. If you have questions that are not answered in the above resources, please submit a question to our [Federal Coronavirus Relief for WV Nonprofits Feedback Form](#). We will do all we can to help you find the answers. Thank you for all you do for our communities in the Mountain State! ■

(Manchin continued from p6)

Virginia. Senator Manchin is working with federal officials and private industries to get hospitals, health clinics, nursing homes, rehab facilities and first responders the equipment they need to do their jobs safely. This is also an opportunity for West Virginians, to assist in this effort by making masks for hospitals, health clinics and first responders.

Food and Supplies – Supply chain issues will not be a problem. West Virginians should go to the grocery store to get what they need. Be respectful and do not hoard food or supplies.

Hygiene – Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty. Avoid touching your hands to your face.

West Virginians can learn more about the coronavirus outbreak and how to protect themselves and their families at <https://www.manchin.senate.gov/coronavirus>. ■



(Whiskey continued from p7)

airway.”

From your nose, the virus continues to your throat and down into your lungs, where it causes debilitating — even deadly — problems for some patients.

“The ability to quickly and efficiently clean your hands, sanitize them, is just vital,” he said.

Still, most people were caught off guard when they saw the price tag.

“It is a shock when people say, ‘How much do we owe you?’ and I say, ‘Nothing, it’s a donation.’ We’re donating every bit of it,” Little said. “People are flooded.

“We’re in a position where we can do this and we have the support from a big company. And I’m proud that we’re able to do that. I think it’s the right thing to do. It’s kind of the way I think you should think of the world.”

Smooth Ambler will recognize a milestone moment on April 7.

“We’re coming up on our 10-year anniversary and we’re going to celebrate it in isolation, probably,” Little said.

They would ordinarily plan a special release or something like that. Little said there will be time for celebrating once the current threat has passed.

But first, there is work to be done with the help of a simple, life-saving recipe that turns a West Virginia distillery into a producer of hand sanitizer.

“I can’t tell you how major this is,” Hatfill said. “We’ve been perilously short, starting to run out, so it’s a huge boom for the whole country. You guys can be proud.” ■



Make Sure You Get Your Individual Check!

Source: [IRS](#)

The IRS has now opened an online portal for lower-income individuals who are not required to file a tax return, have not filed tax returns for 2018 or 2019, and are not on Social Security retirement or Social Security disability (SSDI) to provide information in order to receive a stimulus check. Enter your information to get your check at <https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here>.

REMINDER: Those who have filed a return for 2018 or 2019 or are on Social Security retirement or SSDI do not need to do anything to receive their check.

Who is eligible for the Economic Impact Payment?

U.S. citizens or resident aliens who:

- Have a valid Social Security number,
- Could not be claimed as a dependent of another taxpayer, and
- Had adjusted gross income under certain limits.

Who will receive the Economic Impact Payment automatically without taking additional steps?

Most eligible U.S. taxpayers will automatically receive their Economic Impact Payments including:

- Individuals who filed a federal income tax for 2018 or 2019
- Individuals who receive Social Security retirement, disability (SSDI), or survivor benefits
- Individuals who receive Railroad Retirement benefits

Who should use Non-Filers: Enter Payment Info to provide additional information to receive the Economic Impact Payment?

Eligible U.S. citizens or permanent residents who:

- Had gross income that did not exceed \$12,200 (\$24,400 for married couples) for 2019
- Were not otherwise required to file a federal income tax return for 2019, and didn’t plan to

You can provide the necessary information to the IRS easily and quickly for no fee through Non-Filers: Enter Payment Info. We will use this information to determine your eligibility and payment amount and send you an Economic Impact Payment. After providing this information you won’t need to take any additional action.

Information You will Need to Provide

- Full name, current mailing address and an email address
- Date of birth and valid Social Security number
- Bank account number, type and routing number, if you have one
- Identity Protection Personal Identification Number (IP PIN) you received from the IRS earlier this year, if you have one
- Driver’s license or state-issued ID, if you have one
- For each qualifying child: name, Social Security number or Adoption Taxpayer Identification Number and their relationship to you or your spouse

(Individual continued from p8)

Identifying Potential Hospital Bed Shortages for People with Disabilities

Source: [RTC:Rural](#)

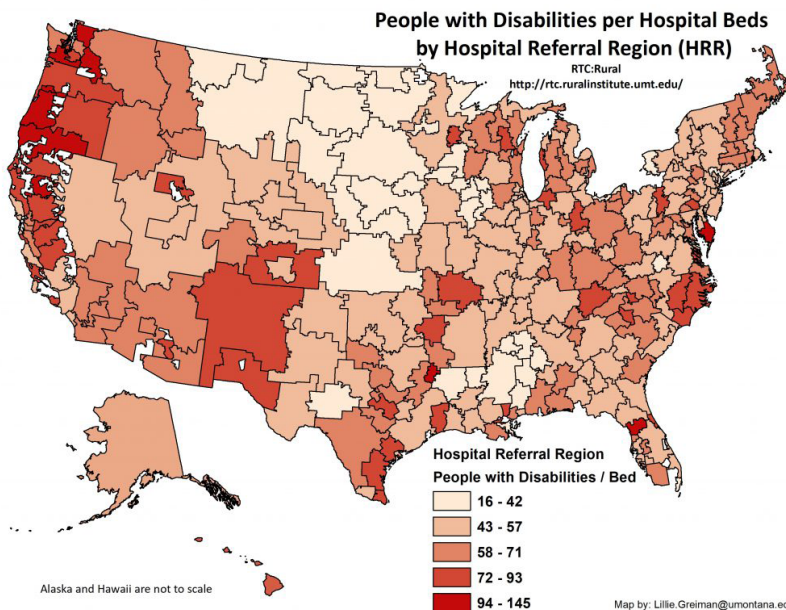
Recent models from ProPublica, Imperial College, and others predict that millions of people who contract COVID-19 will be hospitalized and many hospitals across the country may not be prepared to treat the influx of patients. COVID-19 molecule

People with disabilities are particularly vulnerable to impacts from COVID-19, both directly and indirectly. While data about how this virus will impact the health and well-being of people with disabilities is currently limited, people with disabilities are often at greater risk of chronic health conditions, and thus may be more susceptible to infection. People with disabilities also face disruptions in services for daily needs, which could exacerbate conditions unrelated to COVID-19.

Overall, individuals who experience disability are at greater risk for being hospitalized either because they have contracted COVID-19 or because pre-existing health conditions have worsened.

Hospital capacity and number of people with disabilities

Hospital capacity varies greatly across the nation, as does the prevalence of disability. In order to understand which areas may be most impacted by an influx of patients with disabilities, we analyzed the number of people with disabilities per hospital bed across hospital referral regions. Disability data come from the American Community Survey (2013-2017) and the hospital referral regions were obtained from Harvard Global Health Institute.



Text description: This map outlines hospital referral regions across the United States. Each region is highlighted in shades of red to designate the rate of people with disabilities per hospital bed. Darker shades indicate fewer beds. In general, there are fewer beds available per person in more populated regions such as along the Pacific coast and urban regions in the east. There are also lower rates of bed availability in sparsely populated regions throughout the west, such as Nevada, Idaho, Utah, and New Mexico. Regions which include states such as North Dakota, South Dakota, Nebraska, and Kansas appear to have more beds available, while other areas, such as Appalachia and the Southern U.S. are highly variable. Map by: Lillie.Greiman@mso.umt.edu.

What to Expect

Clicking <https://www.freefilefillableforms.com/#/fd/EconomicImpactPayment> will take you from the IRS site to Free File Fillable Forms, a certified IRS partner. This site is safe and secure.

Follow these steps in order to provide your information:

- Create an account by providing your email address and phone number; and establishing a user ID and password.
- You will be directed to a screen where you will input your filing status (Single or Married filing jointly) and personal information.
- Note: Make sure you have a valid Social Security number for you (and your spouse if you were married at the end of 2019) unless you are filing “Married Filing Jointly” with a 2019 member of the military. Make sure you have a valid Social Security number or Adoption Taxpayer Identification Number for each dependent you want to claim for the Economic Impact Payment.
- Check the “box” if someone can claim you as a dependent or your spouse as a dependent.
- Complete your bank information (otherwise we will send you a check).
- You will be directed to another screen where you will enter personal information to verify yourself. Simply follow the instructions. You will need your driver’s license (or state-issued ID) information. If you don’t have one, leave it blank.

You will receive an e-mail from Customer Service at Free File Fillable Forms that either acknowledges you have successfully submitted your information, or that tells you there is a problem and how to correct it. Free File Fillable forms will use the information to automatically complete a Form 1040 and transmit it to the IRS to compute and send you a payment. ■

(See Shortages p11)



Ground Turkey Enchilada Stir-Fry with Couscous

Source: [Food Network](#)

An enchilada, by definition, is a corn tortilla filled with various ingredients and drenched in cheese and sauce. This recipe doesn't involve any rolling of tortillas, nor does it require copious amounts of cheese. However, every bite will remind you of the flavors of this popular comfort food.

Cook Time: 25 Min Servings 4

Ingredients

- 1/2 cup whole wheat couscous
- 1 pound lean ground turkey
- Salt and freshly ground black pepper
- 1 teaspoon olive oil
- 2 cups butternut squash, peeled, seeded and diced
- 1 cup broccoli florets
- One 15-ounce can no-sodium-added black beans
- One 10-ounce can enchilada sauce
- 1/2 cup salsa

Preparation

1. Pour 1/2 cup of water into a small saucepan and bring to a boil over high heat. Pour the couscous into the saucepan and stir well. Turn off the heat, cover and let stand 5 minutes. Fluff with a fork and set aside.
2. Meanwhile, in a large skillet or wok, cook the ground turkey over medium heat, breaking it up with a wooden spoon, until cooked through and browned, about 5 minutes. Sprinkle with some salt and pepper. Transfer to a bowl and set aside. Drain the excess fat and wipe the pan clean. Heat the oil in the same pan over high heat, then add the squash and cook, stirring occasionally, until browned and softened, 8 to 10 minutes. Add the broccoli and cook, 3 to 5 minutes more. Add the turkey, beans, enchilada sauce and salsa and stir until all the ingredients are well combined.
3. Serve with the couscous and top with suggested toppings as desired. Serve with the couscous and top with suggested toppings as desired.

The Partnership for Inclusive Disaster Strategies

Source: [Disaster Strategies](#)

The Partnership for Inclusive Disaster Strategies (The Partnership) is the nation's only disability-led organization with a mission of equal access to emergency and disaster programs before, during and after disasters for people with disabilities. We are the nation's experts on disability rights, accessibility and inclusion throughout all phases of disaster and emergency operations.

The Partnership's Disaster Hotline provides information, referrals, guidance, technical assistance and resources to people with disabilities, their families, allies, organizations assisting disaster impacted individuals with disabilities and others seeking assistance with immediate and urgent disaster related needs.

The Disaster Hotline is always available for intake calls, 24 hours a day, 7 days a week, 365 days a year at (800) 626-4959 and info@disasterstrategies.org.

We will have our knowledgeable team respond to your call as soon as possible, often immediately, and we intend to respond to all callers within 24 hours. Our hotline team is led by experts on the many issues affecting people with disabilities in disasters and how to meet those immediate needs. We can provide accessible and multilingual information to callers, including via videophone for Deaf callers, upon request.

What Issues do we provide information, guidance, technical assistance and referrals for?

- Urgent and immediate disability related disaster response needs, including lifesaving and life sustaining immediate needs.
- Prevention of institutionalization during and after disasters.
- Applying for, understanding and navigating FEMA and other federal, state and local government emergency and disaster programs and services.
- Disability rights before, during and after disasters.
- Accessible and actionable emergency information.
- Building and neighborhood evacuation.
- Accessible transportation.
- Sheltering and temporary housing.
- Disaster housing programs.
- Alternatives to "special needs" and "medical" sheltering and "special needs" and "voluntary" registries.
- Health maintenance.
- Health care access.
- Disability accommodations in disasters.
- Repair, replacement and loaned durable medical equipment, disability supplies, and assistive devices.
- Returning home, school, work and community after a disaster.
- Navigating disaster recovery initiatives.
- Disaster funding.
- Connecting with mutual aid networks.
- Connecting with local community supports.

(Partnership continued from p10)

Who Should Contact the Disaster Hotline?

- Disaster impacted individuals with disabilities, their families and allies.
- Disability advocacy and services organizations.
- Community organizations seeking to assist disaster impacted individuals with disabilities.
- Government and non-government representatives from emergency management, public health, medical, private sector, business, voluntary organizations active in disasters, faith-based, elected officials and others seeking to assist individuals with disabilities and disaster impacted communities.
- Media inquiries.
- Donors and others who seek to support our work.

During the COVID-19 pandemic our response capabilities are limited, the Hotline will provide remote technical assistance and attempt to engage local solutions through our vast relationships.

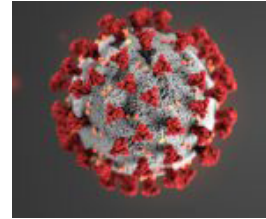
The Partnership’s continual focus is on all disasters and public health emergencies. In addition to the direct assistance provided to callers, our focus during COVID-19 is on:

- Rights and immediate needs of people with disabilities who need supports and services to protect themselves from exposure.
- People with disabilities who are in quarantine.
- People with disabilities who are in isolation or in an acute care medical setting.
- Information for medical, public health, and public safety officials, government and non-government, and private sector entities to understand their obligations to people with disabilities, before, during, and after public health emergencies and disasters.
- Meeting continuity of operations and continuity of services for serving people with disabilities across the lifecycle and throughout the disaster cycle.
- Public engagement, coordination between all public and NGO stakeholders to provide accessible information, promising and good practices, and problem-solving via disability accessible teleconference and web-based information sharing.
- Crisis counseling and Disaster Case Management for people with disabilities, eligible as a result of Federal Disaster Declarations.

The Partnership for Inclusive Disaster Strategies is the only national organization with a mission of equal access to emergency and disaster programs before, during, and after disasters for people with disabilities. We are the nation’s experts on disability rights, accessibility and inclusion throughout all phases of emergency preparedness, disaster operations, and community wide disaster recovery. ■

(Shortages continued from p9)

Rationing care and equitable access



While limited access to healthcare should be a concern for every citizen, it may be particularly concerning for people with disabilities.

Many states have already begun to explore issuing guidance for overburdened hospitals regarding the rationing of care (steps that are already in place in Italy.) For example, the Institute for Health Metrics and Evaluation projects that the state of New York will be short over 10,000 needed intensive care unit beds to treat patients with COVID-19.

Who will get access to a ventilator or an ICU bed when there are not enough for everyone? How will we make these critical decisions?

These theoretical ethical dilemmas are currently playing out in the real world and people with disabilities fear they will be left behind, because historically, they have been. Until recently, people with disabilities were systematically institutionalized and separated from the community precisely because they weren’t considered as “valuable” as able-bodied individuals. This is debatably still the case as people with disabilities are disproportionately represented in prisons and nursing homes.

The current crisis returns us to conversations about who is valuable and who is expendable with terms such as “social usefulness” being openly discussed in news media. The fear being felt by people with disabilities right now is real. While advocates continue to fight for justice, the virus will not wait for the courts. ■

Respond Today
online
2020CENSUS.GOV
by phone
1-844-330-2020



Please submit your Census information TODAY!

Our census numbers affect all of West Virginia’s federal funding!

You matter. Be counted.





UPCOMING EVENTS

Draft State Plan for Independent Living 2021-2023.
public meetings to receive comments

Date: Monday, April 20, 2020 **Log In information: Join Zoom Meeting**
Time: Noon <https://zoom.us/j/996395938>
Meeting ID: 996 395 938

Date: Wednesday, April 22, 2020 **Log In information: Join Zoom Meeting**
Time: Noon <https://zoom.us/j/550389894>
Meeting ID: 550 389 894

Date: Thursday, April 23, 2020 **Log In information: Join Zoom Meeting**
Time: Noon <https://zoom.us/j/348664201>
Meeting ID: 348 664 201

WVSILC Executive Committee
Location TBD

July 1, 2020
Executive Committee
1:00 PM, SILC Office

September 2, 2020
Executive Committee
1:00 PM, SILC Office

WVSILC Board Meeting
June 3, 2020
9:00 AM - 5:00 PM
Location TBA

If you do not have access to a computer to log in please call this number to listen in - Phone number: 1- 646- 558- 8656 Meeting ID: 348 664 201



AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to WVSILC. To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device and choose WV Statewide Independent Living Council