



# The Clean Slate

Svina.ca

April Issue 2025

24 Hour Helpline 250-383-3553



## Public Relations Meets First

Thursday of every month. 901 Kings Road, Quadra Community Center 6:30pm Orientation, 7:00 Committee Meeting.

[svinapr@gmail.com](mailto:svinapr@gmail.com)

[svinaprsecretary1@gmail.com](mailto:svinaprsecretary1@gmail.com)

*Service positions available now.*

Detox Panel coordinator, H & I Panel Coordinator, Home Wood panel leader 1-5, Jail VIRCC Liaison, Women's liaison, Fellowship Liaison, New Roads Panel Leader 1,3,5 for men only

Name	Date	Years	Group

### SVINA OFFICER EMAILS

Facilitator: [svinafacilitator@gmail.com](mailto:svinafacilitator@gmail.com)

Co-Facilitator: [svinacofacilitator@gmail.com](mailto:svinacofacilitator@gmail.com)

Area Secretary: [svinasecretary@gmail.com](mailto:svinasecretary@gmail.com)

RCM1: [svinarc1@gmail.com](mailto:svinarc1@gmail.com)

RCM2: [svinarc2@gmail.com](mailto:svinarc2@gmail.com)

Website Coordinator : [svinaweb-site@gmail.com](mailto:svinaweb-site@gmail.com)

## South Vancouver Island NA

AREA Service Meeting - 3rd Sunday every month 901 Kings road

**Vacant Area Service Committee Officer Positions:**

\*Public Relations, Co-Facilitator,

**Vacant Subcommittee Positions:**

Activities Chair, Women in recovery chair, Son in recovery chair, Salt Spring campout chair.



## New meetings

**Rock Bottom** Starts March 8th Saturday on 625 Queens at 3:30-4:30 (mustard seed)

### Marty

I started using when I was very young. Both of my parents are addicts and had no recovery so when I was younger, drugs were just a part of my life and it seemed natural. As time went on, it just got worse and worse until I was completely broken. I lost everything, I had nothing, and I was mentally empty. I moved to Nashville in 2012 and finally got clean in 2013. NA is easily the greatest decision I have ever made in my life. At first, I needed relief from the desire to use. As I kept coming around, it became something so much more. NA has taught me how to be a person. I've been able to grow with the guidance of like-minded individuals and today I have stopped using, lost the desire to use, and found a new way of life and I am eternally grateful NA is here to offer that freedom.

# Vancouver Island NA Members

## service opportunities

**Our 3 Areas are hosting the  
BC REGIONAL CONVENTION #33**

in

**NANAIMO**

APRIL 17, 18, 19, 2026

**We have the following positions filled:**

Chair - Trevor B, CVIA 604.518.7586

Treasurer - Jill L, VINPRA

Secretary - Elissa B, CVIA 604.315.5263

Hotels & Hospitality - Bonnie F, VINPRA

Programming - Dave S, CVIA 250.753.1755

**We are now looking to fill the following positions:**

- ⇒ Convention Vice-Chair - Minimum 4 years cleantime
- ⇒ Arts & Graphics - Minimum 2 years cleantime
- ⇒ Merchandising - Minimum 3 years cleantime
- ⇒ Fundraising - Minimum 2 years cleantime
- ⇒ Entertainment - Minimum 2 years cleantime
- ⇒ Registration - Minimum 3 years cleantime

If you would like to join us on putting together this amazing convention, please join our next Committee ZOOM meeting:

**April 7, 2025 6:00PM**  
**Zoom ID:886 1878 6596 Password: 340299**



*Come out and Fellowship*

*HONYACNA convention XVII 's*

*"BIG Sneaker Speaker JAM!!!"*



*\*speakers\*food 4 sale\*cards\*games\*fun  
(Wear Your flyest Kicks and fellowship with Us...)*

*March 29th , 2025*

*312 lakeside Road (Vineyard church)*

*Syracuse NY 13209*

*Time: 2pm-9pm*