## PUP PEDICURES

No matter the age, breed or size this will give you a blueprint of how to move step by step towards a less stressful nail trimming experience for both you and your dog.

## FROM PAINFUL TO PEACEFUL IN FOUR WEEKS!

 expriencerbou your yourdThis process can be used for introducing your puppy to nail clipping or changing your older dog's perspective on this activity.


Build up your puppy's experiences of the world around them in a careful manner to ensure that they develop a relaxed and confident outlook on life and the world around them. Early experiences shape your puppy's emotional blueprint so it's important to set them up for success from the very beginning.

## WHY DO WE

## TRIM NAILS?

## BAD POSTURE

As dogs are seen more and more as family members and less as tools, different issues have arose. One being the necessity of trimming nails.

Dogs have moved from running around and naturally wearing their nails down to spending most of their days in a house or on soft lawns.

But why is it important to keep their nails trimmed?


Just like when humans have bad arches, if a dog has too long nails their entire body can be affected.

Having too long nails can set off a chain reaction through the dogs body affecting joints, bones, muscles and ligaments. This can lead to arthritis, pain and injuries.

## EXTREME CASES

If nails are left unchecked for a long period they can even grow into the pad of a dog's foot. This not only is extremely painful but will require your dog to be put under sedation at a vet clinic to fix.


## TORN OFF, CHIPPED OR CRACKED

Longer nails can get caught in carpeting resulting in the nail being ripped off. Longer nails also increase the likelihood of the nails being cracked or chipped increasing the chance of them getting snagged and torn off. Many of these injuries will require veterinary care.

## THE TOOLS

There are two options to choose from and there are pros and cons to both.

## NAIL CLIPPER

Pros:

- Cheap
- Quiet
- No Electricity


## Cons:

- Nail breakage
- Easy to cut nails too short
- Cause Pinching


## GRINDER

Pros:

- Great for dogs who already have clipper anxiety
- Round, Smooth nails
- Easier not to cut too much off


## Cons:

- Noise and vibration
- Odor and Dust
- Long Hair can be snagged in moving parts



## CUTTING TIPS



## STEPS

## DON'T RUSH!

## Week One

This week is all about getting your dog used to you touching their paws.
1.Take your dog's paw in one hand
2. With your other hand feed three to five pieces of food (one after another)
3. Release your dog's paw

Tips:
For back paws it might be easier to have your dog laying down


This week is all about getting your dog used to the sight of the clippers, noise of the grinder and to you holding one particular toe at a time.
1.Have clipper/grinder in line of sight of your dog
2. Repeat last week's steps but focus more on holding individual toes.

Tips:
If the noise is really worrying your dog place the grinder behind your back and slowly move it into sight over the week.

Note: These activities are to be done at your own risk. This is a blueprint of how to do it but doesn't take into account extreme cases. Please watch for stress signals in your dog and take it at their pace.

## ALMOST THERE!

## Week Three

This week is all about getting your dog used to seeing the clippers/Dgrinder come near them.
1.Take your dog's paw
2. Pick up the clipper/Dremel and move them close to your dog's paw
3. Put down the clipper/Dremel and your dog's paw
4. Feed them three-five pieces of food (one after another)

Tips:
Towards the end of the week you should touch the clippers/grinder to the nail but not take any nail off.

## Week Four

This week we will finally clip your dog's nails!
1.Take your dog's paw
2. Pick up your clipper/grinder
3. Cut one single nail
4. THROW A PARTY! Feed all your dogs food from your hand while praising them like they have never been praised before!

Tips:
Remind yourself of the proper length and cutting angle (Page 2)

You can feed handfuls of food at a time.

## Schedule of nails:

- Day 1\&2-One nail;
- Day 3\&4 - Two nails
- Day 5\&6 - Three nails;
- Day 7 - Four nails

If your dog has dewclaws add an extra nail to say 4 and 6

## WHAT ELSE IS ON YOUR MIND?

Hi! I'm Jules a dog behaviour consultant and the proud owner of Contented Canines

I am super excited to invite you to a phone call to discuss any other fear issues you may have PM or email me to book a time! groups/1202003626934051


WEEK 1
DAY 1Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 2Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 3Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 4Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 5Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 6Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 7Front Left PawFront Right PawBack Left PawBack Right Paw

WEEK 2
DAY 1Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 2Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 3Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 4Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 5Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 6Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 7Front Left PawFront Right PawBack Left PawBack Right Paw

WEEK 3
DAY 1Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 2Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 3Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 4Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 5Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 6 *Front Left PawFront Right PawBack Left PawBack Right Paw
DAY 7Front Left PawFront Right PawBack Left PawBack Right Paw
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CONGRATULATIONS!!
This is where you can touch the clippers/grinder to the nail **Dewclaws if your dog has them


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