## NEED A RELAXING ESCAPE?

### TREAT YOURSELF TO THE CALMING POWER OF LAVENDER!



At Mimi & Poppy's Place, we use lavender essential oil and lavender buds in our Live, Love Lavender bar soap, and here's why:

Here are four reasons why we use lavender oil and buds in our Live, Love Lavender Bar Soap:

#### l. Aromatherapy Benefits

• Lavender Essential Oil: It is widely known for its calming, soothing, and stress-relieving properties. The fragrance can help reduce anxiety, making it ideal for use in bath products, as it enhances the overall sensory experience.

#### 2. Skin Benefits

- Lavender Essential Oil: Known for its gentle and healing properties, lavender essential oil can help soothe irritated skin, reduce inflammation, and promote skin healing. It's also a natural antibacterial, which can help with acne and other skin issues.
- Lavender Buds: Lavender buds add a mild exfoliating action to soap. Their gentle abrasiveness helps remove dead skin cells, leaving the skin soft and refreshed. The buds also have a natural antiseptic quality that can support healthier skin.

#### 3. Antioxidant and Antimicrobial Properties

• Lavender has natural antioxidant and antimicrobial properties that can help protect the skin from environmental stressors and bacteria, keeping it clean and fresh.

#### 4. Helps with Sleep and Relaxation

 Lavender is often associated with improving sleep quality. The calming properties of lavender essential oil make it a good choice for evening or bedtime soaps, helping users unwind and relax before sleep.

Lavender essential oil and lavender buds bring more than just a lovely fragrance to soap—they provide therapeutic benefits that enhance your skin's health while promoting relaxation and well-being. Whether you're using it for its skin-healing properties or for the calming, aromatic experience, lavender makes an excellent addition to any natural soap. At Mimi & Poppy's Place, we've carefully crafted our Live, Love Lavender soap to bring you the best of both worlds.





MIMI & POPPY'S PLACE, WHERE WE UNDERSTAND YOUR SKIN'S STORY.



# OUR Growing HOMESTEAD

### HOLD ON TO YOUR FEATHERS! WE'VE GOT CHICKS!

These little guys aren't just cute—they're on a mission to fill our freezers with some seriously delicious meat!

#### Chickens:

This month, we welcomed our Cornish Cross meat birds! Known for their rapid growth and high-quality meat, these birds are ideal for producing tender, juicy chicken in just 8 to 10 weeks. With their broad breasts and large size, they're the perfect choice for meat production. While they grow quickly, they do need plenty of space, a high-protein diet, and fresh water to stay healthy. We're excited to raise these birds and provide our family with delicious, homegrown chicken in no time! Stay tuned for updates!

#### Soil Testing:

This month, we've taken a big step in improving the quality of our farm's land! We just got our soil tested, and now we know exactly how to amend it to provide the best forage for our livestock. With this valuable information, we'll be able to optimize our pastures, ensuring our animals have access to the most nutritious and beneficial forage possible. We're excited to see how these improvements help our livestock thrive and grow! Stay tuned for more updates as we work to make our farm even better!



Join Us on Our YouTube Journey! Scan the QR code or visit our channel to stay up to date on new videos, behind-the-scenes moments, and so much more.





# FROM FARM TO FAME! April 2025

# WE WERE RECOGNIZED AS "BUSINESS OF THE MONTH" IN MARCH BY THE SEMMES CHAMBER OF COMMERCE!"

What a surprise! Our small business was chosen as Business of the Month by the Semmes Chamber of Commerce this month! We're beyond thrilled and honored to be recognized for our hard work and dedication to the community. It's a huge milestone for us, and we couldn't have done it without the support of all our amazing customers and partners. Thank you for helping make this possible! Stay tuned for more updates as we celebrate this exciting achievement! Warmly,

Mimi and Poppy

#### Where to Find Us This April:

- ABBA Antique & Craft Festival Mobile, AL ABBA Shrine - Admission \$4 cash/\$5 credit card April 5th, Saturday 9am - 5 p.m.
   April 6th, Sunday 10am - 4pm | Mobile, AL
- Refined Farm House Spring Market Semmes, AL April 12th, Saturday 10am to 2pm
- Tractor Supply Farmers Market Saraland, AL April 19th, Saturday 10:30 a.m. 3 p.m.
- St. Francis Arts & Crafts Festival Dauphin Island, AL Arts and crafts Festival April 26th, Saturday 9am to 4pm



Scan the QR code above for an updated list of all our events, or visit us at mimiandpoppysplace.com and head to the Events page. You'll find everything you need to know about where we'll be and when, so you can plan to be a part of the excitement.

# THIS MONTH WE WANT TO TAKE THE TIME TO HIGHLIGHT: HUMBLE SHACK FARMS

At Mimi & Poppy's Place, we believe in the power of community and the strength of supporting our neighbors. That's why we're excited to shine a spotlight on Humble Shack Farms, a family-owned and operated farm located across the lake from us in Wilmer, Alabama.

Humble Shack Farms is a testament to hard work, faith, and a commitment to sustainable farming. They raise a variety of livestock, including sheep, goats, chickens, turkeys, and produce fresh eggs and hay. With a dedication to quality and a passion for building a resilient community, their mantra is simple but powerful: "Doing our part to build a local supply chain, support our neighbors, and grow a resilient community."

By focusing on locally sourced products, they're helping strengthen the fabric of our local economy and ensuring that families in the area have access to fresh, high-quality food. We're proud to call them our sister farm, and we encourage everyone to support their hard work and dedication.



### Visit:

## Humble Shack Farms

show your
support
today—
because
together, we
can make
our
community
stronger, one
farm at a
time.