

Plan A Fall Getaway

with the LookAbility Club Adaptive-Styles Packing List



Be sure to Pack Inclusive/Adaptive Essentials like:

1. Layered Clothing & warm Hoodie sweatshirts/Fall sweaters
 2. Scarves/hats, umbrella
 3. I.D. such as Real I.D. for Domestic U.S. Travel/Getaways
 4. Passport for International Travel/Getaways
 5. Favorite Adaptive Toothbrush
 6. Favorite Flavored Toothpaste for sensory benefits
 7. Comfy PJs with Velcro or magnetic button closures based on your individualized needs
 8. Adaptive-style sneakers/ hiking boots, comfy sightseeing shoes, plus, Fall-styles dressy dinner shoes
 9. Sunscreen Lotion, prescription eye glasses/sunglasses
 10. Swimwear-tankinis, bikinis, cover-ups for indoor pools
 11. A few casual adaptive, sensory-friendly, long-sleeve shirts, cozy tops, jeans, pants, Fall skirts
 12. An Emergency Pouch with all necessary daily medications or Emergency Medications needed for yourself and all family members.
- Be sure to Include Emergency Contact Info as well.

