

Plan A Summer Getaway

with the LookAbility Club Adaptive-Styles Packing List



Be sure to Pack Inclusive/Adaptive Essentials like:

- 1. I.D. such as Real I.D. for Domestic U.S. Travel/Getaways**
 - 2. Passport for International Travel/Getaways**
 - 3. Favorite Adaptive Toothbrush**
 - 4. Favorite Flavored Toothpaste for sensory benefits**
 - 5. Comfy PJs with Velcro or magnetic button closures based on your individualized needs**
 - 6. Adaptive-style Watershoes/sandals & hiking sneakers plus dressy dinner shoes**
 - 7. Sunscreen Lotion & Sunglasses plus prescription eye glasses**
 - 8. Swimwear-tankinis, bikinis, cover-ups & swim trunks for the whole family**
 - 9. First Ever VS Pink Adaptive Backpack**
 - 10. First Ever Type 1- Diabetes Barbie or other favorite adaptive toys especially if travelling with kids**
 - 11. A few casual adaptive, sensory-friendly, shirts, tops, shorts, pants, skirts, dresses for sight-seeing or dinner**
 - 12. An Emergency Pouch with all necessary daily medications or Emergency Medications needed for yourself and all family members.**
- Include Emergency Contact Info as well.**

