## **Care for your glasses**

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## **Glasses Care Tips:**

- Put on/take off glasses with both hands, hold by earpieces, avoid touching lenses
- Clean daily with soft cloth, avoid shirt/tissue, no glass cleaner
- Store in hard case, avoid bed/table/pocket/purse
- Get yearly adjustments to ensure proper fit
- Avoid wearing during sports or in water
- Inform parents/guardians of any issues/breakages



