

# SIMPLIFIED MEALS BY GINGER

## MENU

235 GROVE CITY ROAD  
SLIPPERY ROCK, PA  
724-372-2892

## COOLER MEALS

### READY TO HEAT

EACH MEAL \$6.49 OR BUY 9 AND GET  
THE 10TH ONE FREE

PLUS TAX

## Standard Meals

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**Manicotti**

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**Cod Mac and Cheese**

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**Bourbon Salmon**

*w/ jasmine rice and stir-fry*

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**Stuffed Tilapia**

*w/sweet potatoes & asparagus*

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**Buffalo Chicken Pasta**

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**Chicken Parmesan w/Penne**

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**Roasted Turkey**

*w/Mashed Potatoes & Peas*

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**Stuffed Chicken Breast**

*w/Mashed Potatoes & Vegetable Medley*

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**Gluten Free Chicken Tenders\*GF**

*with Mashed Potatoes & Corn*

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**Spinach & Garlic Stuffed Chicken\*GF**

*w/Mashed Potatoes & Broccoli*

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**General Tso Chicken**

*w/jasmine rice & stir fry*

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**Chicken Thai Noodle Bowl**

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**Popcorn Chicken Bowl**

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**Beef Tips**

*w/brown rice & carrots*

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**Lasagna**

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**Meatloaf**

*w/Mashed Potatoes & Corn*

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**Pot Roast**

*Redskins & Carrots*

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**Stuffed Pepper \*GF**

*w/Mashed Potatoes & Carrots*

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**Beef Stroganoff**

*Egg Noodles & Green Beans*

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**Chicken Pot Pie**

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**Pulled Pork\*GF**

*w/Cheese Redskins & Broccoli*

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**Stuffed Pork Chop**

*w/Mashed Potatoes & Green Beans*

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**Kielbasa & Pierogies**

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**Ham Loaf\*GF**

*w/Scalloped Potatoes & Mixed Vegetables*

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## Reheating Instructions

All meals are made fresh. Each meal has a use by or freeze by date.

TO REHEAT-REMOVE LID

**Microwave**-4 minutes

(if frozen-defrost or thaw first)

**\*GF=Free of Gluten**

CONTAINERS ARE MICROWAVE SAFE ONLY

# SIMPLIFIED MEALS BY GINGER

## Quarterly Meals

Available Oct. 4th-Jan. 29th

### **Bourbon Shrimp**

*w/jasmine rice & broccoli*

### **Mediterranean Salmon**

*w/redskins & vegetable medley*

### **Ricotta Stuffed Portabella \*GF**

*w/Brown Rice & Asparagus Tips*

### **Coconut Crusted Tilapia**

*w/ sweet potatoes & asparagus*

### **Cod Cake \*GF**

*w/quinoa & green beans*

### **Chicken Fajita Bowl \*GF**

*w/rice, beans, corn, chicken, onions, peppers, cheese*

### **Chicken Broccoli Alfredo**

### **Chicken Bacon Ranch \*GF**

*w/redskins potatoes & broccoli*

### **Lemon Butter Chicken**

*w/mashed potatoes & peas*

### **Chicken Cacciatore \*GF**

*w/rice & Grilled Vegetables*

### **Chicken Stuffed Shells**

*w/ vegetable medley*

### **Italian Sausage over Penne**

*w/grilled vegetable, marinara, and Mozzarella Cheese*

### **Stuffed Cabbage \*GF**

*w/mashed potatoes & green beans*

### **Chili Mac & Cheese**

*white cheddar mac & cheese, chili, and cheddar cheese w/ broccoli*

### **Pork & Kraut**

*w/mashed potatoes & vegetable medley*

## Deli Items

### **Sandwiches**

**\$4.50**

Chicken Salad on a Croissant

Chicken Club on a Pretzel Bun

### **Entre Salads**

**\$6.49**

Almond Berry Chicken Salad

Steak Salad

Chef Salad

### **Sides**

**\$2.50**

Side Tossed Salad

Broccoli Salad

### **Daily Soups Chef's Choice**

#### **Desserts**

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Protein Bites

Oreo Creme Pie

Yogurt Parfait w/Granola

Peanut Butter Pie

Fruit Cup

Coconut or Lemon Meringue

Pudding Parfait

Tiramisu

Reese Cup Pudding Parfait

Gluten Free Cake

Oreo Pudding Parfait

Cheesecake

Angel Food Cake

Berry Crisp

Chocolate Chip Cookie

Blueberry Scone

Peanut Butter Cookie

White Raspberry Scone

We offer a variety of other deli items as well plus drinks, smoothies, and more!



Daily HOT and ready meal specials start at 11am each day.

Check at our website at [Simplifiedmealsbyginger.com](http://Simplifiedmealsbyginger.com)

for our daily hot specials, pickup and full service catering options, updates, and more!!