

SIMPLIFIED MEALS BY GINGER

MENU

235 GROVE CITY ROAD
SLIPPERY ROCK, PA
724-372-2892

COOLER MEALS

READY TO HEAT

EACH MEAL \$6.49 + TAX

PLUS TAX

Standard Meals

Manicotti

Cod Mac and Cheese

Bourbon Salmon

w/ jasmine rice and stir-fry

Stuffed Tilapia

w/sweet potatoes & asparagus

Buffalo Chicken Pasta

Chicken Parmesan w/Penne

Roasted Turkey

w/Mashed Potatoes & Peas

Stuffed Chicken Breast

w/Mashed Potatoes & Vegetable Medley

Gluten Free Chicken Tenders*GF

with Mashed Potatoes & Corn

Spinach & Garlic Stuffed Chicken*GF

w/Mashed Potatoes & Broccoli

General Tso Chicken

w/jasmine rice & stir fry

Chicken Thai Noodle Bowl

Popcorn Chicken Bowl

Beef Tips

w/brown rice & carrots

Lasagna

Meatloaf

w/Mashed Potatoes & Corn

Pot Roast

Redskins & Carrots

Stuffed Pepper *GF

w/Mashed Potatoes & Carrots

Beef Stroganoff

Egg Noodles & Green Beans

Chicken Pot Pie

Pulled Pork*GF

w/Cheese Redskins & Broccoli

Stuffed Pork Chop

w/Mashed Potatoes & Green Beans

Kielbasa & Pierogies

Ham Loaf*GF

w/Scalloped Potatoes & Mixed Vegetables

Reheating Instructions

All meals are made fresh. Each meal has a use by or
freeze by date.

TO REHEAT-REMOVE LID

Microwave-4 minutes

(if frozen-defrost or thaw first)

***GF=Free of Gluten**

CONTAINERS ARE MICROWAVE SAFE ONLY

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Monthly Meals

April 30th-July 31st

Stuffed Portabello with redskins

Vegetarian

Korean Shrimp

Jasmine rice, popcorn shrimp, broccoli with a korean sauce

Salmon Cakes *GF

w/sweet potatoes & mixed vegetables

Orange Poached Cod *GF

w/ jasmine rice and mixed vegetables

Chili Lime Tilapia *GF

w/quinoa & corn

Peanut Chicken w/Gnocchi

w/broccoli

Caprese Chicken over Linguine

Honey Nut Chicken *GF

w/Sweet Potatoes & Green Beans

Chicken Marsala *GF

w/redskins & asparagus

Pesto Grilled Chicken *GF

w/ mashed Potatoes & mixed vegetables

Beef Burrito

w/vegetable medley

Roast Beef

w/mashed potatoes & corn

BBQ Beef Mac & Cheese Bowl

Philly Cheese Steak Bowl *GF

quinoa, fajita steak, onions, peppers, mushrooms, cheese

Italian Sausage

w/grilled vegetables & Penne

Sandwiches, Salads, Desserts

Sandwiches

Chicken Salad on a Croissant

Chicken Club on a Pretzel Bun

Entre Salads

Almond Berry Chicken Salad

Steak Salad

Chef Salad

Sides

Side Tossed Salad

Broccoli Salad

Daily Soups Chef's Choice

Desserts

Protein Bites

Yogurt Parfait w/Granola

Fruit Cup

Pudding Parfait

Reese Cup Pudding Parfait

Oreo Pudding Parfait

Angel Food Cake

Chocolate Chip Cookie

Peanut Butter Cookie

Desserts

Oreo Creme Pie

Peanut Butter Pie

Coconut or Lemon Meringue

Tiramisu

Gluten Free Cake

Cheesecake

Berry Crisp

Blueberry Scone

White Raspberry Scone



Check at our website at Simplifiedmealsbyginger.com

for our daily hot specials, pickup and full service catering options, updates, and more!!