

# SIMPLIFIED MEALS BY GINGER

## MENU

235 GROVE CITY ROAD  
SLIPPERY ROCK, PA

724-372-2892

## COOLER MEALS

### READY TO HEAT

### Value Meals

Value Meals are \$6.49 each + tax

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**#1- Manicotti**

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**#2 - Buffalo Chicken Pasta**

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**#3- Chicken Parmesan**

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**#4- Roasted Turkey**

*w/Mashed Potatoes & Peas*

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**#5- Stuffed Chicken Breast**

*w/Mashed Potatoes & Vegetable Medley*

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**#6- Gluten Free Chicken Tenders\*GF**

*with Mashed Potatoes & Corn*

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**#7- Spinach & Garlic Stuffed Chicken\*GF**

*w/Mashed Potatoes & Broccoli*

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**#8- General Tso Chicken**

*w/jasmine rice & stir fry*

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**#9- Chicken Thai Noodle Bowl**

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**#10-Popcorn Chicken Bowl**

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**#11- Beef Tips**

*w/brown rice & carrots*

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**#12- Lasagna**

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**#13- Meatloaf**

*w/Mashed Potatoes & Corn*

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**#14- Pot Roast**

*Redskins & Carrots*

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**#15- Stuffed Pepper \*GF**

*w/Mashed Potatoes & Carrots*

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**#16- Beef Stroganoff**

*Egg Noodles & Green Beans*

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**#17-Rigatoni & Meatballs**

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**#18- Chicken Pot Pie**

*w/Cheese Redskins & Broccoli*

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**#19- Stuffed Pork Chop**

*w/Mashed Potatoes & Green Beans*

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**#20- Kielbasa & Pierogies**

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**#21- Ham Loaf\*GF**

*w/Scalloped Potatoes & Mixed Vegetables*

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### Reheating Instructions

All meals are made fresh. Each meal has a use by or  
freeze by date.

TO REHEAT-REMOVE LID

Microwave: 2-4 minutes

(if frozen-defrost or thaw first)

**\*GF=Free of Gluten**

CONTAINERS ARE MICROWAVE SAFE ONLY

# SIMPLIFIED MEALS BY GINGER

## Cooler Meals-Cycle 2

August 1st-November 5th

<b>#22- Mushroom Ravioli w/Sundried Tomato Sauce</b>	<b>\$7.49</b>	<b>#37- Bourbon Salmon</b> <i>w/ jasmine rice &amp; stir-fry</i>	<b>\$8.49</b>																				
<b>#23- Cod Mac and Cheese</b>	<b>\$7.49</b>	<b>#38- Sweet and Sour Shrimp</b> <i>w/jasmine rice &amp; broccoli</i>	<b>\$8.49</b>																				
<b>#24- Stuffed Tilapia</b> <i>w/ sweet potatoes &amp; asparagus</i>	<b>\$7.49</b>	<b>#39- Honey Glazed Salmon *GF</b> <i>w/ jasmine rice &amp; stir-fry</i>	<b>\$8.49</b>																				
<b>#25- Blackened Cod *GF</b> <i>w/ sweet potatoes &amp; vegetable medley</i>	<b>\$7.49</b>	<h3><u>Sandwiches, Salads, Desserts</u></h3> <p><b>Sandwiches</b> Chicken Salad on a Croissant Chicken Club on a Pretzel Bun</p> <p><b>Entre Salads</b> Almond Berry Chicken Salad Steak Salad Chef Salad</p> <p><b>Sides</b> Side Tossed Salad Broccoli Salad</p> <p><b>Daily Soups Chef's Choice</b></p> <table border="0"> <thead> <tr> <th><b>Desserts</b></th> <th><b>Desserts</b></th> </tr> </thead> <tbody> <tr> <td>Protein Bites</td> <td>Oreo Creme Pie</td> </tr> <tr> <td>Yogurt Parfait w/Granola</td> <td>Peanut Butter Pie</td> </tr> <tr> <td>Fruit Cup</td> <td>Coconut or Lemon Meringue</td> </tr> <tr> <td>Pudding Parfait</td> <td>Tiramisu</td> </tr> <tr> <td>Reese Cup Pudding Parfait</td> <td>Gluten Free Cake</td> </tr> <tr> <td>Oreo Pudding Parfait</td> <td>Cheesecake</td> </tr> <tr> <td>Angel Food Cake</td> <td>Berry Crisp</td> </tr> <tr> <td>Chocolate Chip Cookie</td> <td>Blueberry Scone</td> </tr> <tr> <td>Peanut Butter Cookie</td> <td>White Raspberry Scone</td> </tr> </tbody> </table>		<b>Desserts</b>	<b>Desserts</b>	Protein Bites	Oreo Creme Pie	Yogurt Parfait w/Granola	Peanut Butter Pie	Fruit Cup	Coconut or Lemon Meringue	Pudding Parfait	Tiramisu	Reese Cup Pudding Parfait	Gluten Free Cake	Oreo Pudding Parfait	Cheesecake	Angel Food Cake	Berry Crisp	Chocolate Chip Cookie	Blueberry Scone	Peanut Butter Cookie	White Raspberry Scone
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<b>#26- Crusted Tilapia</b> <i>w/quinoa &amp; vegetable medley</i>	<b>\$7.49</b>																						
<b>#27- Parmesan Basil Cod</b> <i>w/redskins &amp; green beans</i>	<b>\$7.49</b>																						
<b>#28- Tuscan Chicken *GF</b> <i>w/jasmine rice s &amp; vegetable medley</i>	<b>\$7.49</b>																						
<b>#29- Greek Chicken *GF</b> <i>w/Quinoa &amp; Asparagus</i>	<b>\$7.49</b>																						
<b>#30-Coconut Chicken</b> <i>w/jasmine rice &amp; broccoli</i>	<b>\$7.49</b>																						
<b>#31- Chicken Piccata</b> <i>w/ mashed Potatoes &amp; green beans</i>	<b>\$7.49</b>																						
<b>#32- Chicken w/Mango Salsa *GF</b> <i>w/quinoa &amp; corn</i>	<b>\$7.49</b>																						
<b>#33- Beef Ramen Bowl</b>	<b>\$7.49</b>																						
<b>#34- Herbed Beef w/Horseradish</b> <i>w/mashed potatoes &amp; carrots</i>	<b>\$7.49</b>																						
<b>#35- BBQ Pulled Pork *GF</b> <i>w/cheesy potatoes &amp; broccoli</i>	<b>\$7.49</b>																						
<b>#36- Garlic Porkchop *GF</b> <i>w/mashed potatoes &amp; Peas</i>	<b>\$7.49</b>																						

Check at our website at [Simplifiedmealsbyginger.com](http://Simplifiedmealsbyginger.com)

for our daily hot specials, pickup and full service catering options, updates,  
and more!!