



## DIGGING DEEPER

### JOURNALING PROMPTS FOR YOUR LEADERSHIP JOURNEY

**Journaling can be a powerful tool for student leaders in a marching band to reflect on their experiences, set goals, and improve their leadership skills. Use these prompts now or in the future to reflect on your experiences.**

1. Reflect on today's rehearsal or performance. What went well, and what could have been improved? How did your leadership contribute to the overall outcome?
2. Describe a challenging situation you encountered as a leader in the band. How did you handle it, and what did you learn from the experience?
3. Think about a past squad member or fellow band member whom you admire as a leader. What qualities do they possess that you would like to develop in yourself?
4. Consider the role of communication in effective leadership. How do you ensure that your messages are clear and understood by everyone on your team?
5. Describe a time when you had to make a difficult decision as a leader. What factors did you consider, and how did you ultimately make your choice?
6. Reflect on your strengths and weaknesses as a leader. How can you leverage your strengths to benefit the team and the band, and what steps can you take to improve upon your weaknesses?
7. Think about the goals you have set for yourself and the team this season. Are there any adjustments or refinements you need to make to ensure they are achievable?
8. Consider the importance of teamwork in a marching band. How do you foster a sense of unity and collaboration among squad members?
9. Reflect on a particularly memorable moment you've experienced as a leader at your university. What made it meaningful to you, and how has it influenced your approach to leadership?
10. Imagine yourself at the end of the marching season, looking back on your time as a leader. What do you hope to have accomplished, and what legacy do you want to leave behind?

**These prompts can help you deepen your understanding of your roles, identify areas for growth, and become a more effective leader overall.**