



A GUIDE TO GETTING ON ONE ACCORD PREPARING TO TALK WITH YOUR COACH - WORKSHEET

STUDENTS

PART 1: Questions for your Coach

What do you value most in a captain or student leader? What did successful captains in the past have in common?

What do I need to know about how you communicate?

What is the vision for this season? What is most important to you for this team this year? How can I help?

How do you see my role when you are not at rehearsal?

What is the one thing I could do that would cause you to say I was an excellent captain/leader?

Is there anyone you would recommend that could be a good mentor for me?

If I have ideas or suggestions, what is the best way to share those with you?

Use the back to add more of your own questions!



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PART 2: Things You May Want to Share with your Coach

This season, I want my legacy to be...

Right now, what I fear most is...

The area that I need additional support or training is in...

Through the DiSC assessment at the HBCU ADD conference, I learned by leadership style is...

What I feel I need from you most is...

I am most excited and motivated when...

I get frustrated or overwhelmed when...

Add your additional thoughts here: