



State Registered Nurse, Bo

What is your favourite book?

Mosby's medical dictionary. I found it so interesting. I decided to do a research on a particular disease condition, hypertension. So that dictionary helped me to find out more about it, as a medical officer or a registered nurse. The research helped me to know more about hypertension, then what really causes it, then when treating them now I look at the causes and I look at the nursing intervention, so with that I am able to do my intervention and my nursing care for the patient. Like, in case of reducing the systolic and the diastolic pressure, I should try to calm the patient down, to have rest, and having being rested for some time, I provide food and I provide them medication, so after some times I check their pressure again and I found out that their pressure will become normal for that particular time.

If the library wasn't here, how would you get your health information?

Without the library, when I was in University I would go in the internet. I go into the net, I do my research, I get some information, I gather them, I relate it to my feet and as a medical officer I work by it. I need books because I don't always afford to into the net because I prefer to manage the little resources I have. Since the library is now available, it is a privilege and opportunity to me, so I prefer using the library.