**LAKE ORION VOLLEYBALL**

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| JULY 2019 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 87888888**822228888888888** | **8110009TOM4** | 9  **LO High School**  **Camp**  **(9-12th grade)**  **5-8pm** | 10  **LO High School**  **Camp**  **(9-12th grade)**  **5-8pm** | 11  **LO High School**  **Camp**  **(9-12th grade)**  **5-8pm** | 12  **LO High School**  **Camp**  **(9-12th grade)**  **5-8pm** | 13 |
| 14  **MSU Team Camp** | 15  **MSU Team Camp** | 16  **MSU Team Camp** | 17 | 18 | 19  Cornerstone University Varsity Scrimmage | 20 |
| 21 | 22  **Elem/Middle School Camps**  **Grades 6-under**  **4 to 6pm**  **Grades 7 – 8**  **6 to 8pm** | 23  **Elem/Middle School Camps**  **Grades 6-under**  **4 to 6pm**  **Grades 7 – 8**  **6 to 8pm** | 24  **Elem/Middle School Camps**  **Grades 6-under**  **4 to 6pm**  **Grades 7 – 8**  **6 to 8pm** | 25  **Elem/Middle School Camps**  **Grades 6-under**  **4 to 6pm**  **Grades 7 – 8**  **6 to 8pm** | 26 | 27 |
| 28 | 29  **Open gym- Conditioning**  **5-7pm**  **9th – 12th graders** | 30 | 31  **Open gym- Conditioning**  **5-7pm**  **9th – 12th graders** |  |  |  |

**Lake Orion Volleyball Website:** [www.lovolleyball.com](http://www.lovolleyball.com/#_blank)

**Varsity Coach Tony Scavarda JV Coach Missy Macaulay**

**Freshman Coach Greg Brandon**

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| AUGUST 2019 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
| 4 | 5  **Conditioning**  **5-6pm**  **9th – 12th graders** | 6 | 7  **Conditioning**  **5-6pm**  **9th – 12th graders** | 8 | 9  **Conditioning**  **5-6pm**  **9th – 12th graders** | 10 |
| 11 | 12  **Conditioning**  **5-6pm**  **9th – 12th graders** | 13 | 14  **TRYOUTS**  **Fresh 1-3pm**  **JV 3-5pm**  **Vars 5-7pm** | 15  **TRYOUTS**  **Fresh 1-3pm**  **JV 3-5pm**  **Vars 5-7pm** | 16  **TRYOUTS**  **Fresh 1-3pm**  **JV 3-5pm**  **Vars 5-7pm *\*Teams posted by 8pm*** | 17  **Varsity Scrimmage at Novi**  **JV Scrimmage @ Oxford 9am** |
| 18 | 19  Fresh/JV 3-4:30  **Fundraiser mtg for all players 4:30pm**  Vars 5-6:30pm  **Parent Mtg ALL TEAMS KIVA Rm**  6:45-7:45 | 20  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm  (setters start 30 mins before pract) | 21  **Varsity Scrimmage @ Marian 5pm**  **Freshman Scrimmage @ NDP 5pm**  JV 4:30-6:30pm | 22  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 23  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 24  **V: @ Elite Sportsplex**  **JV: @ Home**  **F: @ Novi** |
| 25  **CAR WASH Fundraiser ALL TEAMS**  **@ Golling GMC 11am-3pm** | 26  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 27  **QUAD:**  **V @ NDP**  **JV: @ LO**  **F @ Oxford**  **5pm for all** | 28  **JV: @ Stoney Creek (All day Tourney)**  **F: QUAD @ Marian 5pm**  **Vars Photo Shoot 10am** | 29  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 30  **OFF** | **31**  **OFF** |

**Varsity Coach Tony Scavarda JV Coach Missy Macaulay Freshman Coach Greg Brandon**

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| SEPTEMBER 2019 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2  **OFF** | 3  **F: QUAD @ Lakeland**  **4:30pm**  Vars 5-7pm  JV 4-6pm | 4  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 5  **V: QUAD @ Home**  **5pm**  **(Freshman working quad after pract)**  **JV: QUAD @ Stoney Creek 5pm** | 6  Vars 5-6:15pm  JV 4-6pm  Fresh 3-5pm | 7  **F: @ Mercy (TBD)**  **JV: @ Northville**  **V: @ Oxford** |
| 8 | 9  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 10  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 11  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 12  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 13  Vars 5-6:15pm  JV 4-6pm  Fresh 3-5pm | 14  **F : @ Home**  **JV : @ Mercy (TBD)**  **V : @ Mercy (TBD)** |
| 15 | 16  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 17  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 18  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 19  **Troy @ HOME** | 20  **OFF** | 21  **V: @ Portage Central** |
| 22 | 23  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 24  **@ Oxford** | 25  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 26  **@ Groves** | 27  **Vars OFF**  JV 4-6pm  Fresh 3-5pm | 28  **JV : @ Mt. Morris**  **F : @ Lakeland**  **V : @ Northville** |
| 29 | 30  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm |  |  |  |  |  |

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| OCTOBER 2019 | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 30 | 1  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 2  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 3  **@ West Bloomfield** | 4  **Vars OFF**  JV 4-6pm  Fresh 3-5pm | 5  **F: @ Mt. Morris**  **V: @ Mt. Morris** |
| 6 | 7  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 8  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 9  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 10  **Clarkston @ HOME**  **(Parent Night)** | 11  **OFF** | 12  **Homecoming** |
| 13 | 14  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 15  **@ Stoney Creek** | 16  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 17  **Adams @ HOME**  **(Senior Night)** | 18  **Vars OFF**  JV 4-6pm  Fresh 3-5pm | 19  **V: @ MEVBA**  **JV : @ Avondale** |
| 20 | 21  **JV QUAD @ LO 5PM (Groves, Bloomfield, Oxford)**  (Varsity working quad, pract 3-4:15)  Fresh 3-4:15pm | 22  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 23  **Freshman QUAD @ Troy 5PM (Clarkston, Troy, Rochester)**  Vars 5-7pm  JV 4-6pm | 24  Vars 5-7pm  JV 4-6pm  Fresh 3-5pm | 25  **Vars OFF**  JV 4-6pm  Fresh 3-5pm | 26  **V : @ North Branch**  **JV : @ MEVBA**  **F: @ Mt. Morris** |
| 27 | 28  Vars 3-5pm | 29  Vars 3-5pm | 30  **Pre-district Varsity scrimmage 5-8:30**  Marian, Troy, N. Branch, Ike, Romeo | 31  Vars 3-5pm | 1  **OFF** | 2  **OFF** |

NOVEMBER 2019

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 3 | 4  **DISTRICT PLAYOFFS WEEK** | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
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| **\*\*Banquet is 5pm Sunday 12-1-19**  **@ Addison Oaks** |