

EQUINE-ASSISTED LEARNING & THERAPY

Why Horses? Horses, as a large prey animal, primarily binocular vision, a small frontal lobe and a heart 4 times size of humans, and are a highly sensitive species. The large heart provides a large electromagnetic field; aka a hug for your heart. The prey animal with binocular vision provides a hyper-sensitivity to their surroundings and emotional energy. The small frontal lobe provides an authentic experience unencumbered by human vices. They are what they are and you can't fool them. This within a learning environment sets the horse up to be a fantastic metaphor for life experiences. We can create a story for a path to healing. And all that aside, let's just share breath with an authentic creature that can look into our heart.

The outside of a horse is good for the inside of a human.

Who do we serve: Ask us about your goals. Some of the populations we work with are; Adults, Youth, Team Building, Veterans, First Responders, Relational Recovery.

EAL: Equine Assisted Learning. Working with horses/equines and an Equine Specialist to facilitate learning about Life Skills. This modality can incorporate Horsemanship on the ground. Some clients do move on to Therapeutic Horsemanship/Riding which we selectively offer. Note: EAL is not therapy.

EAT: Equine Assisted Therapy. Working with horses/equines and an Equine Specialist AND a Mental Health Professional to facilitate mental health healing. EAT can assist with all Life Skills plus a variety of individual mental health needs.

NOTES:

- Sessions are unmounted (no riding) unless noted. We practice this modality in order to give clients and horse partners' full autonomy to make decisions and retain consent. We will offer riding on a select basis with Therapeutic Riding for those that have worked through another program.
- What Life Skills or Mental Health issues addressed depends the individual or group. Additional facilitators may be included if the individual, issues, or size of group warrants it.
- Sessions size: Individual, Small Group (3-6), or Large Group (7 – 20+) Large Groups are held May-October.
- Thunderhorse reserve the right to change programs offered. We reserve the right to refuse service.



NOTICE: A person who is engaged for compensation in the rental of equines or equine equipment or tack or in the instruction of a person in the riding or driving of an equine or in being a passenger upon an equine is not liable for the injury or death of a person involved in equine activities resulting from the inherent risks of equine activities resulting from the inherent risks of equine activities, as defined in section 895.481(1)(E) of the Wisconsin Statutes.