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## Sept/Oct 2022

### Happy Fall Y'All

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### Months Sept/Oct 2022 Volume 28 Number 5

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## Deadline For the Nov/Dec 2022 Edition is October 10th!

| City Listing         |                    |  |  |  |  |  |  |  |
|----------------------|--------------------|--|--|--|--|--|--|--|
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### Special Events

| <u>September</u> |  |
|------------------|--|
| 3                | Fall Opening - Country Craft Shed - Duluth                   |
| 8-10             | Great Wisconsin Quilt Show - Madison, WI                     |
| 17               | National Jelly Roll Day Sale - Quilted Dog - Cloquet         |
|                  | Des Moines Area Quilters Guild Quilt Show - Des Moines, IA   |
| 22-24            | Junk Bonanza - Shakopee                                      |
| 23-24            | Fall Splendor of Quilts - The Calico Cat Quilt Shop - Chaska |
| 24               | Fall Quilter's Market - Gone To Pieces Quilt Shop - Kingston |
|                  |  |

#### <u>October</u>

| 6-8 | Pumpkin Pie Fest - Quilted Dog - Cloquet                |
|-----|---|
|     | Open House - Up North Quilt Shop - International Falls  |
|     | Fall Arts and Crafts Fair - Brainerd                    |
|     |   |
|     | 9th Anniversary Celebration - Quarry Quilts - Sandstone |
|     | Fall Retreat - The Calico Cat Quilt Shop - Pipestone    |
|     | Quilt Fest on the Mississippi - Onalaska, WI            |

#### <u>November</u>

| 3-5   | Primitive Gatherings Bus Tour - Old Alley Quilt Shop - Sherburn |
|-------|---|
|       | Christmas Open House - Past & Present Antiques - Waseca         |
| 10-12 | Hometown Holiday Road Trip - See ad pg. 10                      |
| 10-12 | Hometown Holidy Road Trip - New Ulm Shops see pg. 22            |
|       | Christmas Arrives - Farmer's Daughter - White Bear Lake         |
| 25-27 | Christmas Sale - Country Craft Shed - Duluth                    |



Mary J. Miller of Mahtomedi won a \$25 gift card! Maureen says *Buttermilk Basin* in Spring Lake Park, MN is her favorite shop because "They have a great display of merchandise, they are super friendly and provided lots of treats! They went all out for us!"

Sue Ronchak of Coon Rapids, MN won the book A Stitch in Rhyme!

Congratulations!

Happy Halloween!



## 13th Annual 12 Days of Holiday Baking

Send in your favorite holiday baking recipes including cookies, cakes, appetizers, main dishes, etc! Entries will be included in the November/ December issue in the 12 Days of Holiday Baking special!

> Send your recipes to The Country Register 2920 144th Ave. NE Ham Lake, MN 55304 Or email to:

kim@countryregisterofminnesota.com





Kim Keller, Publisher 2920 144th Ave. NE Ham Lake, MN 55304 763-754-1661 kim@countryregisterofminnesota.com www.countryregisterofminnesota.com

Back To School!

## Furniture Tips

by Becky Dunlap

• When you first see that your furniture has a problem—i.e., getting loose, wobbly or broken—get it fixed immediately.

• Keep your vintage furniture out of direct harsh sunlight. The UV rays can be very harmful

to the finish and materials like cane or fabric can become very faded and brittle with time. • As dust collects, clean your furniture using a product designed for vintage and

antique furniture. Be sure not to leave streaks behind.

• I do not advise using products found at your local or big box grocery stores, especially those that can be used on "everything." It is best to use a product that is designed specifically for your furniture, such as Howard Products that are carried by repair, furniture and hardware stores. When in doubt, find and ask a furniture repair shop for suggestions. Treat your furniture as you would your skin or face and it will last a lifetime for you.

• Do you want to change a chair seat to a different style or different material? A rush seat can be changed to rawhide, shaker, twill Splint seat. A hand or pressed cane chair seat can be changed to press leather or a leather seat. Another option is a seat board that can be padded and covered with upholstery material.

• The iron base of a singer sewing machine can become the base for a side table or a new vanity sink. The base to a vintage wood cook stove can become the base for that new coffee table. Like that trunk? Make it into a coffee table.

• Take a class or one-on-one instruction on how to restore that special piece, whether it is caning, support repairing or a complete restoration.

• Finding a qualified repairperson can be a challenge. If you don't find anything in your local phonebook, I recommend checking with the following businesses: local Chamber of Commerce, furniture and rent to own furniture stores, antique and upholstery shops, friends and acquaintances for referrals.

• When in doubt, think outside the box. Do not be afraid to ask a furniture repairperson for suggestions or ideas. Most are happy to share their knowledge.

Becky Dunlap has been restoring furniture for fifty years and her specialty is caning, which she has been doing for forty plus years. Furniture repair/restoration has been the foundation of her business, Airport Antiques & The Furniture Lady in Pendleton, OR. Learn more at www.pendletonfurniturelady.com or on Facebook. Email Info@PendeltonfurnitureLady.com or call 541-278-0141.



## Sept/Oct 2022

Cloquet • Hinckley • Rush City • Sandstone



Any Day is Grandparents Day!

Fall usually means back to school, back to work, and back to scheduled routines. It's also back to Grandparents Day—which is celebrated the second Sunday of September each year. This year it falls on September 11. But my husband and I don't need an official holiday to celebrate with our grandkids. We enjoy time with them as often as we can.

When our grandkids arrive at our home, I often ask them, "What day is it today?" Their usual reply is, "Funday!" Any day with them is fun for all of us.

Recently when they arrived, they answered, "Workday!" That's because Anna (12), Owen (16), and their mom had offered to help us with housecleaning and yardwork.

"We can still have fun," I said, as I began to sing, "Whistle while you work."

Work they did—with a good attitude. After they vacuumed and washed the floors, cleaned the bathrooms, and dusted furniture, our home almost shone "like the top of the Chrysler building," as Miss Hannigan says in Annie. The yard looked better too.

Of course, it wasn't all work. We took time for tea and treats, enjoying the sunshine on our deck while sipping their favorite peach herbal tea.

"These cookies taste good," Anna said when she took a bite of the chocolate chip cookies I'd baked the previous day. I also served oatmeal cake, gluten-free chips, and fresh strawberries, which they love eating dipped into sour cream and brown sugar. They think it almost tastes like dipping them into caramel sauce.

Their help that day was a win-win situation. They were planning to attend an out-of-state church camp in a month, so I wrote out a check to help cover some of the cost. "That's a lot of money," Anna said when they started to leave.

"Thanks for helping us," I said and smiled. "Do you know what else you were doing?" They waited for my reply. "You were laying up treasures in heaven" (Matthew 6:20).

They drove away smiling, I smiled as I stepped inside our clean home, and I knew God was smiling too.

Any day is Grandparents Day. And any occasion can turn into a tea party with fun memories that linger and bless others and ourselves.

Lydia E. Harris is a tea enthusiast, grandmother of five, and author of *In the Kitchen with Grandma: Stirring Up* Tasty Memories Together and Preparing My Heart for Grandparenting. Her books are available at Amazon.

#### From Lydia's Cookbook— In the Kitchen with Grandma: Popcorn Cake (Fun to make with grandkids)

#### Gather with Grandma

3 1/2 quarts (14 cups) popped popcorn

1/2 cup butter, melted (one stick)



1 10-oz package miniature marshmallows

20 unwrapped caramels, cut in half

2 cups favorite small candies, such as candy corn, M&M'S®, gumdrops, or a mixture of candy

1 cup lightly salted or honey roasted peanuts or mixed nuts (optional)

#### Make with Grandma

Lightly grease an angel food cake pan with butter or nonstick cooking spray. Measure the popcorn into a large container that holds at least five quarts. Mix in nuts and candy, except the chocolate candy. Measure the chocolate candy into a separate bowl to add later, otherwise the chocolate will melt and turn the cake brown. In a large saucepan or microwave-safe bowl, melt the butter and caramels together until the caramels are soft, stirring with a wooden spoon. Add the marshmallows and melt them completely. When melted, pour the marshmallow mixture over the popcorn mixture. Mix the cake with a wooden spoon. After the mixture cools slightly, stir in M&M'S or other chocolate candy. Press the popcorn mixture into the cake pan using wax paper or fingers greased with butter. Press down until the cake is compact. Refrigerate the cake for an hour or until firm. Remove the cake from the pan and place it on a plate. Serve at room temperature. Slice with a serrated knife. To keep the cake fresh, wrap it tightly with plastic wrap or foil, or



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place it in an airtight container. This cake is best eaten in a few days. Wrap and refrigerate the uneaten cake to prevent it from becoming sticky. Serves 12 to 16.

Tip: For popcorn—use plain popcorn, kettle corn, or lightly salted and buttered popcorn. You can buy it already popped if you prefer. (A package of 5.5 ounces of popped popcorn will give you 14 cups.)

Duluth

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Where is it?

(Answer on page 19 of this issue)

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## Sept/Oct 2022

Cook • International Falls



Girlfriend Wisdom is written and illustrated by Jody Houghton®. For color files of this writing, contact Jody at: jodyhoughton®msn.com



## Crochet Pattern: Expanded Metal Grate

I found an ornate crochet pattern on a UK website that I tried to make this summer. I kept forgetting that in the UK a double crochet is our single crochet, and their double treble crochet is our triple crochet. Well, it was "double treble" all the way for me, and I eventually just gave up. What I did learn from that pattern though, was the stitches that make this afghan. I decided to just do something simple after I struggled with that pattern and I ended up with this afghan. The more and more I crocheted it kept nagging me that it looked like something familiar. It wasn't until I was finished and laid it out to admire my work that it dawned on me what it reminded me of, expanded metal grating.

You can make any size afghan you want by chaining in groups of 2 and then adding one chain for turning. I chained 115 and ended up with an afghan 34 inches wide. I used 800grams (19.6 oz) of yarn to make it almost square. (I just used up what I had for leftover yarn and quit when I ran out)

#### Stitches used

Ch – chain

Sc – single crochet

Dc – double crochet

Fpdc – front post double crochet

Ch 115 (or any combination of 2 plus 1 for turning)

Row 1 - Sc in first chain from hook, then sc in each chain across. Ch 2 and turn.

Row 2 – Chain 2 counts as first double crochet. Dc into each stitch across. Ch 1 and turn. Row 3 – Sc in first double crochet and into each double crochet across. Ch 2 and turn. Row 4 – Chain 2 counts as first double crochet. \*Working under the single crochet from the previous row, Fpdc around the next double crochet from 2 rows below. Dc into next single crochet\* Repeat from \* - \*. Ch 1 and turn. Repeat rows 3 and 4 until desired afghan size is reached. Final Row – Sc in first stitch and each stitch across. Tie off and work in ends.



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Fergus Falls • Oklee



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## 'Witch' Way Do You Decorate for Fall?

#### by Deb Heatherly

Fall is my favorite time of year. The colors, the smells, and the thought of settling in for the winter is something I anticipate for months in advance. I look forward to decorating for this season throughout the house, and with autumnal

displays on my front porch to greet visitors. There is something special about the rich reds, golds and shades of orange that surround me at this time of year and I love to mirror that look inside.

Quilts play a big part in my decorating no matter the season and my Fall quilts hold a place of honor when it's their time to shine. Antiques, rustic touches and an abundance of silk leaves complete the look and adorn my house from September 1 until Thanksgiving.



While I stick with pumpkins, leaves and scarecrows, several of my friends add a Halloween theme to their Fall displays. Their use of witches, bats and other whimsical touches make me smile and bring back memories of the year I had my mom make me a witch costume for Halloween so that I could go around the house pretending to melt like the witch in *The Wizard of Oz*. Looking back, I am sure my running around the house in that costume and yelling "I'm melting, I'm melting" numerous times each day had to really get on her nerves. But if it did, she never let on. Instead she just let me have my fun.

The thought of that costume brings to mind a quilt featured in my new book *Quilted Occasions*. All of the patterns in the book can be made in a Christmas theme, but 10 of the 11 patterns can also be used to celebrate other times of the year.

This quilt "Fussy Cut Memories" made by my good friend, pattern tester and technical proofer Debbie Patterson is showcased on page 33, using fussy cut haunted houses in the center of each block. Debbie has a perfect place to hang it in her house and I can't wait to see it hanging this fall. I'm not sure what else she will add to her display, but who knows, maybe my mom still has my old costume packed away somewhere. If so, maybe I'll have to go to Debbie's and pretend to melt...just for old times' sake.

Deb Heatherly is a designer for Creative Grids® rulers. She is the designer of the Creative Grids® Cat's Cradle Tool, Strippy Stars Tool, Turbo 4 Patch, Ultimate Flying Geese Tool, Cat's Cradle XL, and Kitty Cornered Tool. She is also the author of the books: 'Cat'itude, Strippy Stars, 4-Patch Panache, The Ultimate Flying Geese Book, Catitude XL, Creatively Yours and The Build A Quilt Workbook. Visit her website at www.Debscatsnquilts.com. Creative Grids® fans are invited to join her Facebook group, Grids Girls, for tips and inspiration. Grids Girls members have the opportunity to participate in Grids Girls mystery quilts two times each year. https://www.facebook.com/groups/770429649800457/.

Quilt Shop Owners, you are invited to join the group above and Deb has an additional Facebook group just for you—Grids Girls for Quilt Shop Owners Only at ttps://www.facebook.com/groups/273593657256524/. You can contact her at Debscatsnquilts@aol.com or call the studio, Deb's Cats N Quilts Designs, 828-524-9578.





Indian Summer

Tammy Page

Oh, the summer heat! Today as I write this it is in the upper 90's and the heat index is 102. The humidity is as thick as pea soup and I feel for those who are working out in it. My husband is one of those and he is constantly on my mind as I sit in an air-conditioned office.

Living in the Midwest, summer temps can range from 60-100 degrees on any given day. This summer has been proof that temps can change in a matter of hours. In early June we had high temps in the 90's, which is a bit unusual for it to be that hot in June, and evening temps as low as 50. How in the world am I supposed to know when to empty my winter



tote of clothes and bring down my summer things when the weather changes at the drop of a hat?

When I was a little girl in Indianapolis, my older sister and I lived in a home without air conditioning. We played, watched tv and slept in front of a box fan sitting in the window. We moved the only two fans we owned into our bedrooms at night. If we got lucky, the air was cooler and we could get a good night's rest. If not, we'd strip down to our underwear and lay at the ends of our twin beds to get what air we could. Blankets were out of the question on those nights. Wouldn't it have been nice to have misters attached to the fans like what we use on show cattle these days?

The hot summers didn't seem to bother us when we were children like it does now. I think we've become spoiled with central air conditioning and can't take the heat like we used to. I'm speaking of "my age" people in general and have no known knowledge of everyone's feelings about the heat except for when I get together with my 60's friends and we all complain of how hot it is. Just now as I write this, I saw someone walk by my office exclaiming "It's so hot".

About the time I was 9 or 10 we finally got a window air conditioner. It cost quite a bit and seemed like such a luxury. Now, you see it didn't cool the whole house but made it much more comfortable with the humidity missing. Even when it showed in the 70's on the thermostat the humidity had been pulled out to make it much more bearable.

Of course, there were other ways to keep us cool and one such way was an osculating sprinkler. We'd run through that thing for what seemed like hours until mom yelled out at us to "turn that thing off, you're running up the water bill". Heck, when most of the neighborhood kids would show up, the long line of jumpers kept the water meter spinning faster and faster for hours. But it was much more fun to have all your buddies join in on the fun. I bet we had at least 5 or 6 of us join in each time. And, don't forget the popsicles afterwards to help cool us off even more.

If we begged our parents long enough; I think we wore them out, they would bring home from Twin Aire Shopping Center a soft sided 24-inch-deep pool that would hold 3 or 4 of us floating on our backs. If we didn't "horse" around so much, the water in the pool would last the entire day. If we did "horse" around our pool time was cut in half with only a couple inches of water left in the bottom.

I know some parts of the country have high temps year-round but I wouldn't change those memories of laying in front of a fan at the end of our twin beds for nothing. Those memories with my now deceased sister are priceless.

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### Sept/Oct 2022

### Brainerd • Richmond • St. Cloud

# Apple Crisp in a Muq

#### Ingredients:

- 1/2 cup Yoplait original apple crisp yogurt
- $\cdot$  4 tbsp red velvet cake mix
- 1 tbsp water
- Whipped cream
- · Chocolate granola
- · Carmel sauce

#### Directions:

1. Combine the yogurt, cake mix and water in mug.

2. Mix well.

- 3. Microwave on high for 1-3 minutes. (Start with one minute and then add additional 30 seconds until the cake has risen).
- 4. Let cool for 3 minutes.
- 5. Top with whipped cream, granola and carmel sauce.

Recipe by Simplistically Living

Aunt Cora's Button Tin

#### by Judy Sharer

When I was young, I couldn't wait to go to Aunt Cora's house. She was a button collector and had frames of buttons hung throughout the house on the walls and a special frame of her most valuable buttons on the end table. She collected buttons ever since I can remember. She would always let me poke through her buttons. She had several button tins and jars sorted by materials or subject matter. I especially liked her frame of cat buttons, hand painted ceramics, and beautiful mother of pearl buttons. She also had a tin of buttons just for me to play with.

I would dump them on the floor, much to Aunt Cora's dismay and have fun. Sometimes I'd count them, putting them in groups of ten, and then count them by tens. Sometimes I'd sort them by color. As I grew older and appreciated buttons

more for their delicate workmanship and value, she taught me how to sort them by materials—what the buttons were made from.

I learned about rubber buttons made by Novelty Rubber Co., Goodyear's patent of 1851. Yes, they say Goodyear on the back of the button and the patent date. There are many classifications of buttons that I've learned over the years. To mention a



few there are: glass, wood, horn, ceramic, fabric, enamel, celluloid, metal, shell, and what a lot of buttons are made of today synthetic polymer and plastics. My

personal favorites are glass buttons called moonglows and mother of pearl buttons. Now as an adult, I too collect buttons as one of my hobbies. I belong to a local button club, my state button society and the National Button Society. If you would like to learn more about collecting buttons or to join a club near you, contact the National Button Society at www.nationalbuttonsociety.org and ask them to send you contacts for your state. If you were like me and had a love of buttons growing up why not make button collecting your new hobby today?

-Judy Sharer is the author of A Plains Life series published by The Wild Rose Press. Book One, Settler's Life, Book Two, Second Chance Life, and Book Three, Civil War Life are now available wherever online books and eBooks are sold. Judy's sweet historical romances have a thread of quilting that runs throughout the family saga series. Visit Judy's website for more details. judysharer.com Judy's fourth book in this series, Love Challenged Life will be released fall of 2022.







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### Eden Valley • South Haven

## **Life in Skunk Hollow** by Julie A Druck

### Autumn Joy at the Bonfire

Round about August, I start allowing myself to begin anticipating the upcoming pleasures of autumn. I'm not a fan of

summer, so I'm always thrilled when the beauties of the autumn season begin showing themselves even in the slightest ways. I could wax eloquent about the many seasonal delights I enjoy that encompass all the senses. From the taste of all manner of pumpkin desserts to the eye-catching color of our sugar maples to the sound of crunching leaves underfoot as I walk the farm, fall has it all.

Besides all these sense-tickling joys, I also love the many traditions associated with autumn: our wedding anniversary, Steam-O-Rama (the local antique tractor event), and our family's barn dance, to name a few. Another of those joys is our annual bonfire. For the past 20 years, we've gathered a small group of family and friends on a chilly evening for seasonal food, games, and fellowship.

The site of the bonfire is in "The Grove"—it's a pine-sheltered spot on the hill above our little house where stands a big old pine tree in which we string tiny lantern lights. My husband builds a fire, and I load up the large picnic table with tasty treats. Usually two types of soup are warming in the slow cookers, and there

are plenty of our favorite all-beef hot dogs to roast over the fire. There are always fresh apple slices with dip, and, of course, cider. Besides s'mores fixings, our daughters-in-law supply the sweet treats—sometimes apple crisp or pumpkin cookies. We gather round the fire and give thanks for, among other things, the blessing of gathering.

Sector

As it grows dark, the games begin. At

our last bonfire, our then 4-year-old granddaughter, Maggie, enjoyed a "gourd hunt." Using a flashlight and a basket, she collected the gourds I had scattered earlier around the yard. Elsewhere, my helpers were snapping glow bracelets and hanging them on low tree branches along the path through our woods that we call "The Corridor." Everyone gathered then to walk down to the woods, exclaiming over the beauty of the trees decked out in circles of light. Maggie and 2-year-old Josh delighted in picking the glow bracelets off the trees and stringing them on their arms.

For a little more light magic, a big bag of giant sparklers was distributed to the guys of our group. They lit them and quickly stuck them in the ground all along The Corridor. Laughter and light filled the woods as everyone waited to see whose would stay lit the longest. We then trooped back up the hill to The Grove and played some games—a contest to test memory with a tray full of items to remember; a hilarious feat of trying to move a small piece of chocolate off one's forehead and into one's mouth with no hands; and several belly-laughing rounds of Mad Libs and interesting trivia questions while we sat round the fire.

To top off the night, we sent up a pink sky lantern above the freshly-harvested corn field. Sweet Maggie had brought her dolly to watch. She stood big-eyed and quiet, just taking in the beauty of the night sky and the lovely pinprick of light created by the lantern as it danced in the sky.

The magic of that autumn night didn't end, as it lives on in the wonderful memories I treasure. And as I type out the remembrances of that particular bonfire, I am becoming inspired to think of what magic I can create for this year's event. But no matter what I come up with, it will be a delight because the season itself creates so much of the joy.

> Julie Druck is from York, Pennsylvania, and writes from her farm in Skunk Hollow. She'd welcome your comments at thedrucks@netzero.com.









### Sept/Oct 2022

Hometown Holiday Road Trip



### Little Green Apples

"If you eat little green apples, you'll get sick," her mother had admonished when she was a little girl.

Funny she should think of her mother's words on this particular day—a day she had long awaited and finally reached after four years of college and a continual parade of various odd jobs, which helped finance her preparation.

This day she would begin her career. This day she would greet a classroom of eager young inquisitive faces and welcome them. This day she would be their teacher.

When the bell admitting children into the building rang, a sudden swelling in her throat made it difficult to swallow and questions of doubt began racing through her mind. The task she faced seemed overwhelming.

As she looked at the faces of the children who had gathered in her classroom, the sight was not what she had expected. Her preconceived notion had been one of intent eyes focused on her and captivated by a desire for knowledge and looking to her for guidance, direction and information. Instead, the assemblage appeared as ornery rascals, intent on causing trouble and trying her patience to the limit.

Turning her attention toward squelching a squabble erupting between two students trying to claim the desk by the window, she became the target of an airborne rubber band, launched from the other side of the room by an aspiring pilot. Uproarious laughter arose and she wondered if any of the required college courses, or her student teaching experience, had prepared her for the realities of being in charge of her very own classroom.

Just as she regained control and had her students settled into their assigned seats, the door opened and a red-haired lad with a freckled nose peeked in. After mustering courage, he cautiously approached her desk and apologized for his tardiness. Then, as he extended his arm, she could see a little green apple clutched tightly in his dirty fist. Surprised, she realized he was offering the apple to her.

At day's end, besides being weary, a headache was threatening. In search of tranquility, she closed her eyes. It had been a tiring day and she now fully realized the job she faced was monumental. Opening her eyes, her gaze focused on her little green apple and she began to reflect on her mother's warning that the apple could make her sick.

It seemed ironic to her that apples have become the traditional token students offer to their teachers. For, thought apples are capable of causing a stomach ache, they also contain seeds of promise—just like her assigned students. And that's

when she remembered and old proverb: "Anyone can count the seeds in an apple, but only God can count the apples in a seed."

She was a teacher. It was her chosen and honorable profession. It was her responsibility to plant the seeds of knowledge which one day would sprout and yield a bountiful harvest from the young minds in her charge.

With a confident smile, she picked up the apple and took a big bite.

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# Vintage Sewing Machine Trade Cards

#### by Rachel Greco

In the late 19th Century, Trade Cards were used to promote

and adverti Like m sewing ma dealers dis keep their brands at t These variety of s animals, chi

and advertise a variety of products. Like many other businesses, sewing machine companies and dealers distributed these cards to keep their sewing machine brands at the top of the mind.

These Trade Cards featured a variety of scenes that included animals, children playing or working, women sewing, landscapes, and flowers. These themes were all

geared toward Victorian sensibilities.

Earlier in the Century, Trade Cards were printed in black and white; however, as printing methods improved, the cards became very colorful. The hope was that wome

the cards became very colorful. The hope was that women would find these cards attractive and keep them. Then,



when deciding to make a purchase, they would remember the sewing machine company featured on the cards they had saved. Many of these Trade Cards were kept in scrapbooks or framed and hung on the wall. Today, Vintage Trading Cards

are quite collectible and can be found at antique stores or on the web. Prices vary depending on condition and rarity of the card.

Rachel Greco owns Grandma's Attic, a traditional quilt shop in Dallas, Oregon. A quilt historian and avid reader, she gives talks on needlework, the role of women in American history, and their connection to fabric. Rachel has written several books and patterns and runs Grandma's Quilt Club, a monthly quilt class where participants collect quilt block kits, learn about quilt history, and make new friends. Contact her at https://grandmasatticquilting.com.

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# Happy Fall Y'all Ann's Lovin' Ewe Posi

by Ann Stewart

"Yes or No!"

The haybales from the second cutting on the fields stand waiting for children to run around playing hide-and-go-seek. Brightly colored leaves cling to the trees until falling softly to the ground, crisp wafers of orange, yellow, and red. The last of sweet blackberries are snatched from their thorny bush. A misty rain over the hillside replaces hot sunshine.

Our local village of Waterford prepares for the annual fair by decorating in autumn tones. The Spring lambs of Skyemoor Farm are now nearly indistinguishable from their mothers. Our local high school marching band lines up on the school parking lot, blasting brassy tunes, and at bus stops across our county, children separate from their parents for the first day of school. It's as though the clock resets.

Labor Day arrives, with all the changes of seasons and schedules. The National Symphony Orchestra offers a free Labor Day concert at the capital and sales, almost as big as Christmas' Black Friday, are everywhere. Is it really the last day to wear white?

But though it's the unofficial end of summer, does it really mean we have to say "YES" to everything? Afterall, "NO" can be a beautiful word.

"No," means we have more "Yes" in our life. Too many yesses mean less margin and less time for the serendipitous, spontaneous things we loved about summer. No need for fall to feel like being harnessed to an overwhelming schedule.

It's acceptable to say "no." Practice it. "No. No. No. No." It's acceptable to say "yes" to time with family, friends, and an afternoon or an evening to yourself. It's acceptable for kids to get off the bus and not be whisked away for multiple lessons and soccer practice. It's acceptable to kick up your feet and read a book. It's acceptable to say "yes" if it sounds appealing and leaves margin.

Margin: Miriam Webster defines it as "a spare amount or measure or degree allowed or given for contingencies or special situations." When we creep into that margin space in overbooked schedules, we risk the ability to recharge or to help others. When we say "no" to what crowds our lives, we save sacred space for those contingencies and special situations.

One fall I allowed little margin. When a friend who had suffered a miscarriage needed me to go with her to the doctor, I said, "no" when I really wanted to say "yes." I still regret that I could not help her. When another friend needed me, I said "no" when I wanted to say "yes." She died of a stroke a month later and I still wish I could have hung out with her that day.

Now I leave room in my schedule. My schedule does not have to be full. Hustle and bustle does not make me a better person. I should not wear "I'm busy, busy,

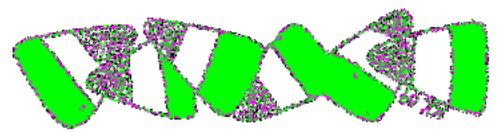
busy" like a badge of honor. I should not be longing for a Snow Day, to cancel all obligations. Instead, I should allow a little snow to fall into my life throughout every day by saying "no" when needed.

Recently a friend was stuck in town while her car was being repaired. She texted a request to her friends, hoping someone would hang out with her. I said "yes" because I had margin. We had a great lunch and fellowship and in those few hours, our friendship deepened.



"Yes!" this autumn give yourself permission to fall into the habit of saying "No." After all, what joy to later give a free and happy "yes."

Ann Marie Stewart's All is Calm, *All is Bright for the Heart of Christmas* comes out October 2022. This collection of Christmas inspirations begins December 1 through January 6 and is the perfect gift for friends and family and YOU. It's a good thing to say "Yes" to!



# Positive Thinking Inspires Happiness

by Lesley Nuttall

On this road of life, that we all share Loving and giving to show that we care Being positive and confident to say "yes, I can" Inspires positive thinking, for all species of man

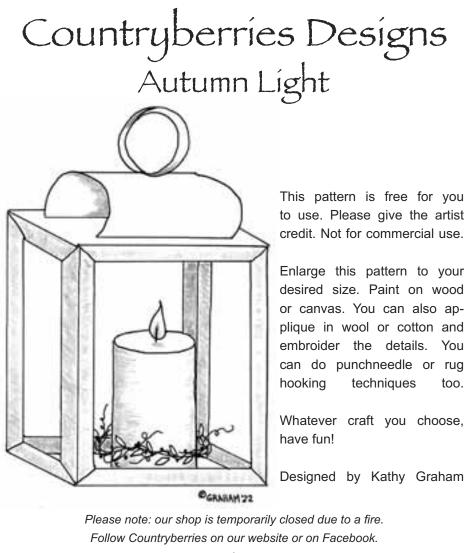
With inner Spirit and positivism, you will see By thinking happy thoughts, happy you will be Happiness is a gift, to the state of one's mind It's the most precious gift, you can ever find.

Thinking positive, is a mental power over the mind It gives you the ability, to inspire others, to be positive and kind Refrain from negative thinking and your outlook will turn Thinking positive is something that anyone can learn.

We all need to practice the law of supply Believing abundance and prosperity won't be deried No one can accomplish it, all in one day It takes patience to map out your journey, on the way.

Be confident in the Lord, and in the power of his might Keep your courage up, and never lose sight. Let hope and positive thinking guide you towards your goal On this road of life, count your blessing and nourish your soul.

©Lesley R. Nuttall is the Author of Secrets of Party Planning, and enjoys writing Poetry. She lives in Thunder Bay, ON, Can., with her husband.



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## Sept/Oct 2022

Eagan • Shoreview • White Bear Lake



### Elk River • Spring Lake Park

### Page13

Random Acts

by Maranda K Jones

### Proud Pumpkins

My favorite season to teach has arrived! The newness of the school year is wearing off as the chill of early fall persuades us to put on jackets to brave the brisk cool air. The excitement of showing everyone their brand new school shoes is waning for our young students, and they are moving to a faster pace in the classroom. Since they have learned the routines of the current year and know what we expect of them, we teachers and the children are all ready for a field trip. There's no better autumn destination than the pumpkin patch.

The joy in children's eyes as they select the perfect pumpkin is unlike any other! They run

around the field searching for the best one, which is highly subjective of course. Some want a perfectly shaped pumpkin with a tall stem while others simply want the biggest. Some want a completely orange gourd while others are drawn to the green and white spots that make it different. Some want a pumpkin that will make the perfect jack-o-lantern. When a child has finished hunting and is ready to gather, that grin grows from ear to ear!

We only have one rule when picking pumpkins on our field trips. You have to get your own pumpkin to the bus. This is where it gets even more entertaining for us adults. Remember that child who simply wanted the biggest pumpkin he could find? Now he has to get it to the bus. The pumpkin seems to be equal in size to its new owner, and the only thing larger is the smile on his face. We have seen kids roll pumpkins and drag pumpkins. We have seen the naughtiest children put their best manners to use and enlist the help of a kind parent volunteer. We have seen kids lift pumpkins above their heads as if in a weightlifting competition, only for the pumpkin to drop to the ground. Luckily, most bounce a little on the forgiving ground and are able to be picked up again. And again.

When we have all the kids and their pumpkins loaded on the bus, we head back to school. We have picnicked outside and pet farm animals. We've ran through the corn maze, slid down the haystack, and laughed with our friends on the tractortrailer ride. We have memories of a day well spent. We've picked the perfect pumpkins and proudly carry, or roll and drag, them home.

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## Maranda Jones' new book **Random Acts** is now available at amazon.com

The book includes her reader-acclaimed articles from the last decade

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## Breathing in the Nectar of Life

#### by Kerri Habben Bosman

Rain splatters on our roof as my husband and I sit at the kitchen table in our bathrobes, each of us sipping our coffees. It is here that every morning we fully awaken, breathing in our gratitude for being alive on a new day. The loveliness of ordinary days is a sacred gift.

Our temporary cat has unashamedly taken my regular seat at the table, alternating between his morning bath and his nearly perpetual nap. However, I decide to just let Arthur be. Soon he will go home to a newly built-house with two dogs, another cat, a lizard, and an active and loving five year old boy. For nearly eleven months here, he has perceived himself to be king of his own small castle. Besides, from this other chair, I have a better view of the world that is our front yard and its unassuming beauty.

The lawn is still lush enough to need mowing, even as the season is shifting. The mower patiently waits for the rain to cease and for the grass to dry. The tree branches lay low with leaves and rain. Right outside our window, we have an abundant patch of lantana which delightfully eases its way onto the garden path. Come winter, I will look at the spindly stalks and remember this unfettered expanse.

Wayne taps and clicks away at his genealogy research. He has learned extensively about his family's history, especially on his mom's side. I crochet a green wool scarf to donate, changing course from working on Christmas gifts. Also I gradually write out a grocery list, adding items as they come to mind.

We watch the cardinals and the chickadees currently at the feeder. We found the squirrels were persistent in eating the seed, so we began to oil the pole with cooking spray. Now we are amused and probably a bit too gleeful as the bushytailed rodents slide down. Eventually they give up and settle for the food that has fallen to the ground.

We are compelled by the hummingbirds who come to our two feeders, which are nestled in the foliage and flowers of the lantana. They fly from flower to feeder and then back again. Sometimes a hummer looks through the window, and we wonder if they are sensing us or merely seeing their own reflection. As the

summer has deepened, their visits have become more frequent as they prepare for their southward journey. Every spring we faithfully place the feeders and wait. We've read that hummingbirds return to the same place year after year.

It is humbling to watch a hummingbird. I lay down my hook and yarn, and study the tiny being



drawing in the nectar. This one is perhaps a female, bearing more muted colors, but equally as beautiful as her male counterparts. She dips in for food, once, twice, three times, and then again before she flies over to a flower for more sustenance. All the while her wings flutter fast and evenly. She shimmers in the sunlight and darkens gently in the shadows.

Before too long, she and the other hummingbirds will begin their 500 mile flight to Mexico for the winter. Somehow they instinctively know how to prepare for this passage, all the while steadily and quietly breathing in the nectar of life. I find myself pondering journeys, both our own and those that our loved ones travel on. We, too, prepare in our own way as best we can know at that moment in time.

I start to pick up my hook and yarn, when I remember something else we need at the store. Wayne starts typing again. Arthur sleeps on. Thus, we breathe in the nectar that is our life.

Kerri Habben Bosman is a writer in Chapel Hill, NC.





Search for the underlined words in the recipe in the word search below!

# Harvest Salad submitted by Patti Lee Bock of New Ulm, MN

cup fresh peas, <u>shelled</u> and cooked until tender in lightly salted water
 cup fresh green beans, washed, <u>strings</u> removed cooked until tender in salted water
 cup <u>carrots</u>, <u>peeled</u>, thinly sliced and <u>cooked</u> until tender in salted <u>water</u>
 cup uncooked cauliflower, broken into small <u>flowerets</u>
 cup celery, <u>diced</u>
 French Dressing
 large tomatoes
 head of <u>leaf</u> lettuce
 Mayonnaise for garnish
 <u>sprigs</u> of parsley for <u>garnish</u>
 (you can use <u>canned</u> vegetables instead of fresh)

In a medium bowl combine peas, <u>green beans</u>, carrots, <u>cauliflower</u> and celery with <u>French Dressing</u>. Chill. Peel tomatoes. Sprinkle with salt. Chill. Just before serving, remove <u>tomatoes</u> from refrigerator and drain. Cut each into five <u>sections</u> leaving stem end whole and cut sections attached. Place each tomato cup on a nest of <u>lettuce</u> and fill with <u>marinated</u> vegetables. Top each salad with a <u>dollop</u> of mayonnaise and garnish with <u>parsley</u>.

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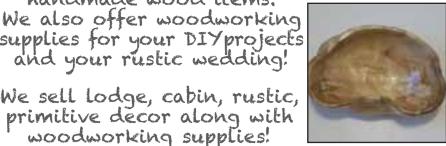
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## Sept/Oct 2022

Lake City • Wabasha





Wit and Wisdom

#### The Voice of Reason

A dense cluster of willow bushes and maple saplings at my childhood home served as a natural clubhouse. With the help of my brothers, we cleared out the center of the thicket. Surrounded by thick leafy foliage, that small, cleared area became a playhouse and dreaming spot.

Fast forward the years...in anticipation of the arrival of grandchildren, I dreamed of creating an outdoor play area for them, like I enjoyed as a child. To help bring my dream to fruition, my husband brought home three spruce saplings. I envisioned the grown trees, planted in a circle, joining their boughs to form a secluded place where our grands could dream and play on carefree afternoons.

With great enthusiasm, I showed Don where I wanted the three trees planted. "Here, here and here," I announced, tapping the ground with my sneakered foot.

"That's too close," he said.

"No, it's not," I countered.

"The trees will grow into each other." "Look how tiny they are!" I argued, "It will take forever for them to grow large enough to touch. By then the grands will be grown too."

"Spruce trees grow fast," Don said, "I'm telling you, you're planting them too close." He leaned against the shovel.

A cold drizzle began to fall. Frustrated and getting wet, I fumed, "Do I need to do it myself?"

Without another word, he spaded three spots, dropped in the tiny trees and tamped the ground firmly around them.

Satisfied, I went in the house and fixed us lunch.

The spruce saplings were happy in their new home. They took root, quickly growing tall and thick. Within a few years their boughs entwined. Tightly. Even the youngest grandchild couldn't squeeze in between the branches of this impenetrable fortress.

In his youth, Don helped plant thousands of spruce trees with his Boy Scout troop. He knew how fast they grew. He knew how far apart they should be spaced. He knew he was right. But he let me have my way.

I should have listened to the voice of reason.

God, likewise, longs to instruct us in the way that is right. He speaks to us through His Word, through prayer and through gaining knowledge and encouragement from His people. But, of course, we often have ideas in our head of what to do - we want to do it our way! Unfortunately, "our way" is often the wrong way and we are left to deal with the consequences.

When we read God's Word, it's important to pay attention to our heavenly Father's advice. "Do not merely listen to the word, and so deceive yourselves. Do what it says" (James 1:22 NIV).

When we pray, it's important to remember that communing with God is not a monologue. After we pour out our hearts to Him, it's important that we remain quiet and still and listen for His voice speaking to us. "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you" (Psalm 32:8 NIV).

Sun and water and fertile soil helped those spruce trees grow, so too, when we listen to God's voice, and follow His directions, we grow in faith, wisdom and knowledge of the Lord.

(Note: It's taken me many years to admit I was wrong about the spruce trees, but here it is – you were right, Honey! I should have listened to you . . .! )

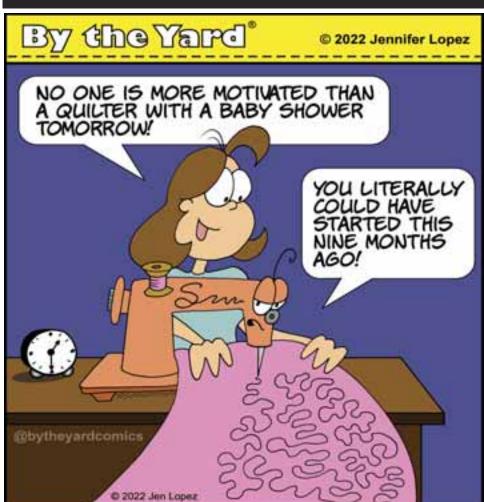
-Judyann Grant and her husband Don live on a few country acres in northern New York where they grow vegetables, flowers and thick stands of spruce! Contact the author at witandwisdomwriters@gmail.com



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## Page 17

### Onalaska, WI



## Become Inspired at QuiltFest on the Mississippi!



Autumn is a great time to become inspired by the nature around us and leads us to create amazing quilts and family heirlooms as the weather cools. Memorable events and family holidays give us reason to create future quilt projects.

Attending a quilt show will also get your creative juices flowing and motivate you to plan your next sewing project. Seeing and observing the creations of others always inspires us to try a new technique and sparks ideas we may not have considered. The award winning La Crosse Area Quilters will be showcasing their quilting crafts and are eager to share their skills with others. Within the La

Crosse guild, members have had quilts displayed at the American Quilter's Society Quiltweek in Paducah, Kentucky, the Great Quilt Festival in New York, and the Good Housekeeping/Land's End Quilt contest. Members have also won various quilting awards from regional competitions and shows and sought after for commissioned work.

La Crosse Area Quilt Guild has connected with the sister city of Epinal, France and share our love of quilts and fiber art with their city guild. Members of the guild have created and donated many community items to organizations in need. This group have ongoing reciprocal projects they are working on.

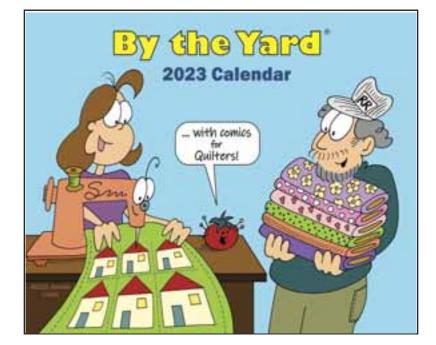
The QuiltFest is one of the largest quilt shows in the area and promises to send you home with lots of inspiration and creative ideas! There will be vendors, a guild marketplace, demonstrations, a beautiful raffle quilt that you may purchase tickets for (drawing to be held at the conclusion of the show/need not be present to win), beautiful quilts of all types and sizes and guild challenge displays to view. The show is being held at the Omni Center in Onalaska, WI Friday and Saturday, October 21 and 22. See the ad in this publication for details!

La Crosse Area Quilters are a diverse group of people unified by their love of quilting and their desire to share this art with others. They wish to welcome other quilters from the novice to the most experienced; those who love traditional quilting to those who celebrate art quilts; those who are looking for friendship with other quilters to those who are searching for avenues of community service. QuiltFest is a wonderful opportunity for all to just come and and enjoy the creativity of others.



# You Could Win!

By the Yard Comics for Quilters 12 Month Wall Calendar 2023



From the popular webcomic *By the Yard*®, you'll be in stitches all year long with the antics of fabric-loving Quilt Girl and her ever-patient Train Guy! Created by quilty cartoonist Jen Lopez.

#### You Could Win!

You can register to win *By the Yard Comics* calendar! Clip and mail in this form! If you prefer not to cut up your paper, write the form below on a note card and mail to: The Country Register; 2920 144th Ave. NE, Ham Lake, MN, 55304. You will be notified and receive your prize by mail! Good Luck!

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## Sept/Oct 2022

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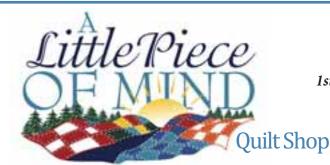
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## A TOUR OF MINNESOTA'S STATE PARKS





established below these bluffs. The logging operations supplied cut timber for the sawmills in the new town of Winona. John A. Latsch purchased some of these blufflands and persuaded an adjacent landowner to join him in donating approximately 350 acres to the state for a park in



1925. Two years later Latsch would generously donate another 200 acres to nearby Whitewater State Park.

While not a large park, John A. Latsch State Park offers some of the best views in the state provided by the towering bluffs over the Mississippi River Valley.





Information from www.dnr.state.mn.us/state\_parks. Visit the website for more information, pictures, hours and fees.



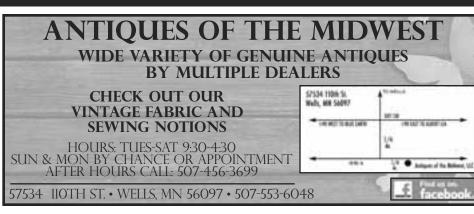
The park is named for John A. Latsch, a Winona businessman who donated the land for the establishment of the park in 1925. This park, unlike most highlighted in our tour of the Minnesota State Parks, is a day-use only park. There is no camping available. The park also only has one hiking trail! It is a strenuous half-mile hike up to the top of Mount Charity. The trail is all stairs, but your reward at the end is a breathtaking view of the Mississippi River Valley.

Steamboat captains on the Mississippi River relied on three rocky-headed bluffs called Faith, Hope and Charity to navigate their way up and down the Mississippi River. These bluffs tower more than 500 feet above the river. In the 1850s, a busy steamboat landing and logging town was

## www.countryregisterofminnesota.com

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#### Lone Rock, IA • Kiester • Wells



# Cowgirl Poet, Quilter, Entertainer



# Yvonne Hollenbeck

### Grandma's Homemade Aprons

I remember Grandma, and I guess I always will; I remember how she welcomed me to her house up on the hill;

Her homemade pies and cookies were the best I've ever ate and I loved her pansy garden, and the roses by her gate.

But the one thing I remember most about those days of yore, was the homemade cotton aprons that my grandma always wore.

All the grandmas wore them; be they slender gals, or fat; those aprons kept their dresses clean but they were more than that.

They always had a pocket, where she kept her handkerchief,

and peppermints for grandkids and she'd wipe our little cheeks

with the tail of that old apron, when a tear would happen by from a fall or from a skinned up knee things that'd make a young one cry.

She'd gather up the ends of it, and use it for a bag when picking garden produce, even used it for a rag.

She made her pretty aprons from feed sacks she had picked when buying special chicken feed or starter for her chicks.

What happened to those aprons? No one wears them any more; those homemade cotton aprons that our grandmas always wore.

### Order Yvonne's new book, "A Stitch in Rhyme" at www.yvonnehollenbeck.com — just \$15 + \$3.50 postage.

Yvonne Hollenbeck, from Clearfield, SD, performs her original poetry throughout the United States, captivating audiences in her wake. She is one of the most published cowgirl poets in the West and is not only a popular banquet and civic entertainer, but also co-writes songs with many western entertainers. Yvonne also pens a weekly column in the "Farmer-Rancher Exchange" and writes articles about life in rural America in various publications throughout the West. For more information, visit https://www.yvonnehollenbeck.com



statue was built in 1957 for the town's Jubilee Celebration the following year.





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### We now have fabric! Watch Facebook for our annual Piece on the Prairie **Outdoor Quilt Show!**





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49 South Broadway, Wells, MN 56097 www.HumbleHeartQuiltShop.com 507-553-6021

**REGULAR SHOP HOUR** 



24 to 36 inches blankets the area from Duluth to the Twin Cities. It is the state's largest recorded snowfall in a single storm. From The Minnesota Book of Days (Minnesota Historical Society Press)



#### Owatonna • Waseca



# Over The Teacup Polly Put The Kettle On

#### by Janet Young

Polly Put The Kettle On, Kettle on, Kettle on, Polly Put The Kettle on and we'll all have tea.

Sukey Take it off again, off again, off again, Sukey take it off again, they've all gone away.

Perhaps as a child growing up you may have said or sung the words to this old English rhyme from the 1800s.

It is believed that there was a father who had five children, three girls and two boys. When the sisters did not want to play with their brothers, they would get out the tea kettle and recite the first part of the rhyme. When the brothers heard them, off they would scurry, as teatime was not of interest to them. After they left, the second part of the rhyme was recited. Sukey was Susie, one of the sisters. Their father turned this little ditty into the song you may have sung as a child.

While the girls may not always have had a tea party, it brings to mind how children are, indeed, fascinated by the idea of tea. From an early age, toddlers want to play tea with their plastic tea sets, many times inviting their fathers to join in the fun.

I'll never forget a child's tea party I had at my teahouse, when the father walked in, I knew how much he really loved his little girl, because he did not appear to be a lover of tea. He was clearly not in his element, but he was willing to meet her on her own level, and he was having a great time with his little daughter.

Tea brings us together. With the new school year beginning, and the beginning of a rapidly approaching holiday season, perhaps it is time to bring the tea kettle out and celebrate with a simple cup of tea. How soothing in these troubled times. With childlike wonder we can celebrate the love of family gathered together as we approach another school year.

Polly Put The Kettle on, and we'll all have tea.

--Janet Young is a Certified Tea and Etiquette Consultant, Co-Founder of Mid-Atlantic Tea Business Association, and prior owner of Over The Teacup

Let the Leaves Fall

by Becky Van Vleet

I love family traditions. In fact, my website is devoted to family traditions, stories, and preserving memories.

A number of years ago, my husband and I started an autumn tradition with our local grandchildren. You can probably guess what it is if I give you hint words: leaves, bury, screams. Yes, our Grands come over to our house when the fallen leaves and weather are just right, and depending on whose turn it is, either my husband or I get buried as they rake the leaves. We alternate turns every year.

About a month before this ritual, the Grands start asking if we have the date on the calendar. I usually feign that I have no idea whose turn it is to get buried, thinking to myself that maybe, just maybe, if it's my turn, my husband will get stuck with the burial two years in a row. And maybe, just maybe, no one will be the wiser.

I try this route every year, but I fail at all attempts. My grandchildren always remember whose turn it is!

When it's my turn, I grab a baseball cap to cover my face as I get into my prone position for burial. And then, wham, the leaves tumble all over me. And no matter how far under I am in the leaves, I still hear their laughter. I lie perfectly still, not moving a muscle, so much so that the kids start calling out to me, "Nana, we're done, we're done. You can come up." Well, I hold them in suspense as long as I can breathe under the leaves, then I flail my arms, jump up like a wild woman, and scream like a banshee!

And then I hope no neighbors are watching this silliness.

The Grands love it. I'd have to sav my husband is a bit more docile in his approach to our family ritual; nevertheless, he gets into this like any cool grandpa would.

Ahh, I love these sweet memories. Grandchildren are so

impressionable, and they are taking notes in their minds for what family fun is, what love is like, and how adults invest in their lives, even through antics. At their young age, they're on the receiving end, but I hope some day they pay it forward to their own children and beyond.

Becky Van Vleet, a retired school administrator, lives near Colorado Springs with her husband, Troy. They are the parents of four grown children and enjoy spending time with their eight grandchildren. Becky is a children's picture book author, and her website is devoted to family stories and creating memories: www.beckyvanvleet.com





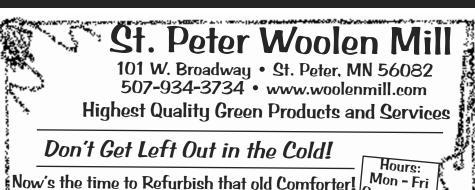
In a bowl, combine pears, water, lemon juice, 1/4 cup sugar, 2 tbsp flour, 1/2 tsp cinnamon. Toss to mix. Spread in a lightly greased 8x8 baking pan. In a separate bowl, cut together butter, brown sugar, remaining sugar, flour and cinnamon until crumbly. Sprinkle over pear mixture. Bake at 350° for 45 minutes or until pears are tender.



## Sept/Oct 2022

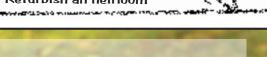
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## Scrabble Piece Push Pins



There are so many fun things you can create with some Scrabble pieces you have floating around the house! If you have an old game that is missing pieces, don't throw it out. Use the letters to make a fun craft!

One idea is to use the tiles to make cute push pins! All you need is some left over scrabble tiles, push pins and a hot glue gun and glue sticks!



# Quilt Shop Stops:



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### Happy Halloween!

Writing From Life

by Jeanette Lukowski

Sewing Space

I grew up sewing on my mother's green Kenmore sewing machine—set up on the end of the dining room table. Since we lived in an apartment building, and space is always a premium when one lives in an apartment building in a city, I never thought of it as being an unusual set-up.

The summers I visited my grandmother in my teens, I sewed on her green Kenmore sewing machine—which rested inside a wooden cabinet sewing table disguised as a small end-table in her living room. She lived in a small house in a small town, so I actually thought it an ingenious set-up.

When my youngest child grew up and moved out, I converted his vacated bedroom into a sewing room.

I didn't think of it as my sewing room, though; I constantly thought of it as his vacated bedroom. First, I just moved my plastic fabric boxes in, so that I could dig out some fabric for projects a bit easier. (The previous arrangement had been shoving them all into a closet in the basement.) Then, I set up the foldable banquet table; it was easier to cut the fabric projects in there, rather than on the dining room table. After that, the ironing board was set up against the other wall.

Let me tell you, it's grand to have a dedicated sewing space. The cream-colored Kenmore sewing machine now sits on the end of a solid wood table, with cutting mat and rotary cutter waiting patiently behind the sewing machine. Larger plastic bins of fabric are stacked on the carpeted floor lining parts of two walls (and are tucked neatly under half of the wooden table, leaving me clearance room for the chair and foot peddle to operate the sewing machine); smaller plastic bins of sorted fabric themes rest on shelving next to the window. The ironing board is always set up, with the iron waiting for its next ironing task; the wooden storage cabinet holds the miscellaneous supplies such as a box of freezer paper, fabric markers, interfacing, batting, and the thread organizer.

At any given moment, I can walk into the sewing room, flick on the overhead light if there isn't enough sunlight glowing through the white curtains covering the

window, and sew—one seam, or one hour. Maybe cut fabric for a project. Or iron a blouse. Perhaps audition fabric for the next project. Then walk back out—to cook, or read, or write. It's simply grand!

And it's a mess.

As I write this article, there is a basket on the wooden table

containing a table runner I began working on months ago (for me), a plastic box with kid-fabric "scraps" I pulled off the shelf after attending a quilt show in June, a donation quilt top in progress; the ironing board is draped with fabrics I prewashed yesterday, and a table-topper gift project I am working on.

But it's mine, all mine! A sewing space of my own.

© Jeanette Lukowski 2022. Jeanette is a mother, grandmother, teacher, and author who lives in Mankato, MN. She is inspired by the lives of strong women. Her email address is: writingfromlife@yahoo.com

### Country Register Recipe Exchange Witch's Brew submitted by Lila Liebl

1 - 14oz can Eagle Brand Sweetened Condensed milk (not evaporated milk)

1 - 46oz can pineapple juice, chilled

1 - 2 L bottle orange soda, chilled

Orange sherbet (optional)

In punch bowl, stir together Eagle Brand milk and pineapple juice, add orange soda. Top with sherbet and serve over ice if desired.

etirement!

#### by Barbara Polston

Two months ago, I gave my notice of retirement. The reaction of some of my coworkers has been surprising. Some expressed envy and many more congratulated. I've worked most of my adult life, only taking time when my daughters were born and for graduate school. I've dubbed this the "event 52 years in the making."

Certain aspects have been difficult. My replacement was named

early and time was invested in training her in all the details of the job living in my head. There was a lovely retirement party, but after that and with two weeks to go, it was clear I was a lame duck. The feelings of uselessness have been challenging. But, that's over now.

People ask about my retirement plans. My adult children feel I should find a parttime job, but I have given myself one—that of children's book author. Resurrecting a project that has been in my mind for over five years, I have partnered with a long-time colleague and our first book draws closer to publication. Soon, we will be delving into the world of websites and social media to support book sales. It is all pretty exciting.

Some of my goals are small. Keep up the exercise program I began in an effort to positively impact my health. Give myself a manicure once a week (or so). Try new recipes and improve my scratch baking skills. Catch up on medical and dental appointments that have been neglected due to the pandemic and moving to another area of the state.

Of course, there are quilting and sewing goals as well! For two years, my home office and my sewing space has been one in the same. My goal for my first week of retirement is to break down the office space. In its place, I will build a design wall to, once again, have the visual impact of my current projects. I have more PITS (projects in tubs) than I care to admit, but I am determined to chip away at those and eliminate the stacks of tubs that fill my closet and live under tables.

There are a few competition quilts I've been mulling over for years. If they go according to the vision I have, perhaps I will put my work back out on the show circuit and see what happens. I'm quite excited about the time to attend quilt guild meetings, spend time in the company of like-minded quilters, and find a bit of volunteering to do there.

No one knows how much time is left in which to enjoy life and become the person I truly want to be. But, I'm working on it!

© Barbara Polston. Barbara, who is the author of Quilting With Doilies: Inspiration, Techniques, and Projects (Schiffer Press, 2015) lives in Tucson, Arizona, where she is now spending time in the pursuit of life-long dreams, many of those at her sewing machine. Contact Barbara at barbarapolstonquilter@gmail.com.





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### Sept/Oct 2022

Pipestone • Luverne • Windom • Worthington

#### **波樂 经济过金融合同律 经济过金**差 "Minnesota's Most Talked About Quilt Shop" 1293 Hale Place Windom, MN 56101 rairie 507-831-2740 www.prairiequiltingmn.com uilting prairiequilting@windomnet.com Hours: M-F 9-5 • Sa 9-12 Wide variety of quilt patterns and books, quilting notions, rulers, and approximately 3000 bolts of fabric. New Location in Historic The Downtown Pipestone 124 West Main Street Calico Pipestone, Minnesota 56164 Mon-Fri: 10am-6pm • Sat: 10am -4pm Cat https://thecalicocatquiltshop.com Quilt Shop https://www.facebook.com/TheCalicoCatQuiltShop 2022 Fall Retreat October 14 & 15 • 2 catered meals each day • Demos and Q&A session • Show & Tell both days • Sign up for I day or both! Cost: \$50/day or \$90 for both Registration deadline 9/30 Visit our booth at the Chaska Area Quilt Club's



Fall Splendor of Quilts 2022 Show Sept. 23-24

### **KISSed** Quilts by Marlene Oddie Something Old, Something New

Island Batik has issued another beautiful fabric collection—Vintage —that is now available in quilt shops.There are at least eight different lace-like motifs used across a variety of colors.

The name of the collection and the motifs used in it inspired me to come up with a vintage "posie"

block using AnglePlay  ${\ensuremath{\mathbb R}}$  shapes (half rectangle triangles). This is a single block colored two ways, which gives it a bit of movement and interest. The middle border seems to have some yellowing like an old piece of lace might. There is another fabric used that has just a little bit of yellow in it as well. Used sparingly, it works!

Given the many shipping issues and market closures this past year, I was asked to photograph the quilt myself. As the spring flowers started blooming, this tree across the street from my classroom space seemed like the perfect backdrop. The tree seems very 'vintage' with the long hanging clusters of flowers giving it a soft touch. Finding just the right space to photograph a quilt can really make a difference in how it is presented.

The Lace Posies pattern and AnglePlay® templates are available at KISSed Quilts.

Marlene Oddie (marlene@kissedquilts.com) is an engineer by education, project manager by profession and now a quilter by passion in Grand Coulee, WA, at her quilt shop, KISSed Quilts. She quilts for hire on a Gammill Optimum Plus but especially enjoys designing quilts and assisting in the creation of a meaningful treasure for the recipient. Fabric, patterns, kits and templates are available at http://www.kissedquilts.com. Follow Marlene's adventures via http://www.facebook.com/kissedquilts and https://www.instagram.com/marlene.kissedquilts



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