

Alamo Heights Oral and Maxillofacial Surgery

Preparation for Intravenous Sedation

You have chosen **Conscious Intravenous Sedation** for your surgery, a common procedure that is considered quite safe. Nevertheless, any anesthesia carries some element of risk.

Your obligations:

1. You must have a completely empty stomach. It is vital that you have **NOTHING TO EAT OR DRINK for six (6) hours prior to your procedure.** TO DO OTHERWISE MAY BE LIFE THREATENING!! (Note: if directed by your doctor, sips of water may be used to take regular medications or prescriptions given to you by this office)
2. **Do not wear contact lenses to procedure!** Wear comfortable clothing and a short sleeve top. Please no eye makeup or false eyelashes. No polish or long acrylic/gel nails (as it interferes with monitors)
3. Because the anesthetic medications (including oral premedication) cause prolonged drowsiness, you **MUST** be accompanied by a responsible adult (**18+**) who can drive you to and from surgery. (**No Uber or Taxi**) They must be able to stay with you for several hours until you are sufficiently able to care for yourself. Sometimes the effects of the drugs do not wear off for 24 hours
4. During recovery time (normally 24 hours), you should not drive, operate complicated machinery, or make important decisions such as signing documents, etc.
5. If you are wanting to change your pharmacy, please call our office 24 hours prior to your surgery
6. No alcohol or recreational drug use for 72 hours prior to surgery. This includes vaping, smoking, nicotine gum and/or patch, and any sort of cannabis consumption.

If you have requested that intravenous anesthesia be used for your surgery, please realize that intravenous sedation carries with it certain risks. Make sure all your questions regarding intravenous sedation have been fully answered to your satisfaction and that you fully understand the risks involved.

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