

Alamo Heights Oral and Maxillofacial Surgery Preparation for Intravenous Sedation

You have chosen **Intravenous Sedation** for your surgery, a common procedure that is considered quite safe. Nevertheless, any anesthesia carries some element of risk.

Your Obligations:

1. You must have a completely empty stomach. It is vital that you have **NOTHING TO EAT OR DRINK for six (6) hours prior to your procedure.** TO DO OTHERWISE MAY BE LIFE THREATENING!! (NOTE: if directed by your doctor, sips of water may be used to take regular medications or prescriptions given to you by this office.)
2. **Do not wear contact lenses to procedure!** Wear comfortable clothing and a short sleeve top. Please no eye makeup, false eyelashes, or polish on the nails (as it interferes with monitors).
3. Because the anesthetic medications (including oral premedication) cause prolonged drowsiness, you **must** be accompanied by a responsible adult who can drive you to and from surgery. They must be able to stay with you for several hours until you are sufficiently able to care for yourself. Sometimes the effect of the drugs do not wear off for 24 hours.
4. During recovery time (normally 24 hours), you should not drive, operate complicated machinery, or make important decisions such as signing documents, etc.

If you have requested that intravenous anesthesia be used for your surgery, please realize that intravenous sedation carries with it certain risks. Make sure all your questions regarding intravenous sedation have been fully answered to your satisfaction and that you fully understand the risks involved.

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