



## Looking for a Riveting Public Speaker for Your Upcoming Corporate Event or Online Webinar?

***"Then consider 'Remedy Max' as your ideal choice to deliver an engaging thought provoking and memorable presentation that your target audience will thoroughly enjoy and connect with at your next online webinar or future Corporate Event!"***

**Max** (short for *Maxine*) goes under the professional name of **"REMEDY" Max** after her clients started to refer to her by a new nickname **"Remedy"** – because of the value she brought to their lives by helping them learn to recognize, mitigate and recover from particular risk agents using her practical harm prevention & risk reduction "remedies". As such, the appropriateness of the new name stuck over the years – where now others have come to know her as **"Remedy Max"** whenever she speaks in public.

### SO WHO IS REMEDY MAX?

**Remedy Max** is the Owner and CEO of [RemedyBlox](#) – a boutique full service business she founded in 2014 to deliver robust quantum risk-based strategies and harm / loss prevention solutions to both the corporate sector and to members of the general public across Canada, in the USA and internationally. She and her team of highly qualified subject matter experts work with employers as well members of the general public to help them enhance their risk mitigation core capacity so they can better safeguard against various situational, social and environmental risks and their associated harms, losses and liabilities.

**Remedy Max** is a subject matter expert in the fields of Criminology, Behavior & Addiction Sciences, Risk Management, Emergency Preparedness and Safety & Security. She is also a skilled Human Behavior Strategist who has become an expert on the "Frailty of the Human Condition". Her formal education, training and more than 20 years of field work experience working with survivors (males and females) of Trauma, Domestic Abuse, Intimate Partner Violence, Narcissistic Abuse, Stalking, Elder Abuse and individuals battling Behavior Addictions such as Problem Gambling - makes her a dynamic speaker who delivers value-laden presentations with impact and compassion.

### FORMAL EDUCATIONAL BACKGROUND

#### University of Toronto, Ontario

- Master of Arts Degree: Criminology and Collaborative Program in Addiction Studies (ATOPS - Alcohol, Tobacco Other Psychotropic Substances) (2000-2001)
- Bachelor of Arts Degree (*High Distinction*); Majors: Criminology, Law and Ethics with Minor in Bioethics (1998-2000)
- Certificate - Criminology Studies (1996-1998)

## SUBJECT MATTER EXPERTISE:

- **Personality Disorders - Specializing in:**
  - Narcissism
  - Psychopathy
  - Sociopathy
  - Sexual Deviance
- **Mood & Anxiety Disorders**
- **Phobia / Compulsive Disorders**
- **Substance Abuse / Alcohol Abuse**
- **Process / Behavior Addictions**
  - Problem Gambling
  - Compulsive Shopping
  - Kleptomania
  - Eating Disorders
  - Sex / Porn Addiction
  - Compulsive Shopping
  - Hoarding
  - Workaholism
- **Addiction Recovery Treatments:**
  - Out-patient One-on-One Counselling
  - Group Counselling
  - Support for Loved Ones
  - Intervention Modalities
  - Addiction Comorbidity
  - Cycle of Relapse
  - Addiction Vice Transference
  - CBT / DBT / EMDR / 12-Steps
  - Fractured Psyche Addiction Recovery
- **PTSD / Trauma / Physical & Mental Abuse**
- **Workplace Violence / Toxic Workplace Environments**
- **Domestic Abuse / Intimate Partner Violence**
  - Marriage / Same Sex Relationships
  - Mental / Physical Partner Abuse
  - Breaking the Cycle of Domestic Abuse
- **Partner / Stranger Stalking**
- **Relationship Counselling / Family Issues**
- **Marriage Counselling / Divorce Coach**
- **Stress & Anger Management**
- **Grief Counselling**
- **Accidents with Life Altering Injuries**
- **Disabilities / Chronic Pain Management**
- **Coping Strategies for Serious Medical Diagnosis & Terminal Illness**
- **Coping Strategies with Medical Assistance In Dying Decisions**
- **Public Speaking / Workshop Development**
- **Life & Wellness Coaching**
- **Personal Safety & Security Strategies**
- **Social Risk Mitigation & Harm Prevention**
- **Emergency Preparedness & Response**

## PROFESSIONAL MEMBERSHIPS:

- ISSUP - International Society of Substance Use Professionals: DDR - Drug Demand Reduction Professional Member (Since 2021)
- YALE School of Medicine - Program in Addiction Medicine Member (Since 2021)
- APC - Addiction Prevention Coalition - Contributing Member (Since 2019)
- Partnership to End Addiction - Contributing Member (Since 2019)
- PGHR - People Growing Hope and Recovery - Advisory Member (Since 2017)
- OAMHP - Ontario Association of Mental Health Professionals (formerly OACCPP) - Registered Behavior Counselor Member (2014-2016)
- Disaster Recovery Institute (DRI) Canada - ABCP Member (October 2010 - July 2015)

## REMEDY MAX' PROFESSIONAL BACKGROUND:

Over the past 20 years **Remedy Max** has delivered numerous risk-based educational platforms and strategic support services to the Corporate Business Sector to help them optimize their operations as well as to create core competencies in their workforce to efficiently and effectively identify, guard against, respond to, mitigate against, and recover from particular internal / external risk threats and associated harms.

In addition she delivers streamlined public education platforms and advisory support to members of the General Public to empower and guide them on available social and situational risk mitigation strategies to best protect their personal safety and safeguard their physical assets from various risks and agents of chaos.

As an experienced and effective public speaker, workshop leader and published writer / author she continues to share her public safety & security subject matter expertise in person, online support groups and through her written publications.

Her stellar reputation as a safety and security strategist is well known by many in Canada, the USA and internationally from her current online presence as well as when she worked as a weekly safety columnist for the Metro Toronto Newspaper from 2004 to 2005 and freelance risk mitigation contributing writer for various magazines and online publications. She is also working currently on her next book aimed to help Problem Gamblers understand their behavior addiction using the Fractured Psyche Recovery Model she developed and has been using to assist many worldwide bring their addiction urges to an end instead of learning to just manage them to avoid relapse.

As a writer and author, **Remedy Max** is well known for the provincial government of Ontario's publication, the **"Emergency Preparedness Guide for People with Disabilities and Special Needs"**. The first comprehensive provincial government publication of its kind that offered people with disabilities and those with special needs living in Ontario with tools and insights to plan and become better prepared in the event a large scale emergency event might be declared. For her remarkable contribution to the province of Ontario and to its more than 1.9 Million Ontarians living with disabilities and special needs – in 2008 she received the prestigious **National Red Cross Humanitarian Award** from Minister Rick Bartolucci in recognition of the positive impact the printed guide and her continued public outreach efforts that produced a positive impact on hundreds of vulnerable communities and its members across Ontario.

Remedy Max' passion and commitment to promoting risk mitigation initiatives was also reflected through her many public outreach initiatives, public consultations and special guest appearance at various municipal and public community events. Public speaking engagements to which she was regularly invited to deliver valuable talks to promote the provincial government's commitment to enhance public safety & security for persons with disabilities and the most vulnerable in the province.

In addition to speaking at public events, **Remedy Max** appeared on CBC News World TV in 2007 as a featured subject matter expert on emergency management– where she represented the provincial government of Ontario speaking to the government's commitments and mandates to help Ontarians with disabilities and special needs become better informed and prepared for a large scale emergency event. The televised half hour interview aired live across Canada and internationally where she readily answered specific questions from the program host and also elaborated on the various other emergency preparedness safety tips recommended for viewers on how to become better prepared and self-sufficient for the first 72 hours after an emergency is declared by their local / state government.

This live interview is just one of several public speaking engagements that propelled her status as an effective and sought after public speaker in Canada and the USA.

**Remedy Max'** continued commitment to her public service work from 2005 to 2013 and the outstanding public outreach initiatives she achieved while holding the posts of Public Education Officer and Diversity Outreach Officer for the provincial government in Ontario – earned her additional professional recognition awards. She received two distinct **Ontario's Ovation Awards** in the categories of Community Outreach Excellence and Innovation Excellence. She also received the **Ontario's Amethyst Award** for her Outstanding Contribution to promote emergency preparedness to children.

#### **ADDITIONAL FIELD WORK EXPERIENCE: DOMESTIC VIOLENCE PREVENTION**

**Remedy Max'** is a knowledgeable speaker on the subject of **Domestic Abuse and Intimate Partner Violence (IPV) Prevention** who fully appreciates the sensitive nature of this often emotionally charged subject matter. As such, she delivers speaking points with great sensitivity drawing on her decades of field experiences working in communities and providing advisory support to women and men abused by their spouse/intimate partner. She also incorporates the knowledge gained from her work with Woman's ACT (Woman's Abuse Council of Toronto).

In this community project she served as their Court Watch Reporter in the Provincial Family Courts in Ontario to monitor court proceedings to help identify needed social justice reforms to enhance understanding on the cycle of Domestic Abuse and the needed protective safeguards needed for victims of Intimate Partner Violence (IPV). To help dispel society's common misconceptions about why victims of IPV often stay with an abusive partner – she readily speaks to the different barriers and factors that leave many female and male IPV survivors feeling stuck in an abusive relationship not by choice rather by circumstance.

She is well versed on the topic of how particular social and economic barriers, biases, stigma and lack of resources leave many IPV victims feeling isolated, alone, helpless, ashamed, and afraid to tell others about the abuse or why they often refrain from reporting the assault to the authorities. She also refers to the “dark shadow” of domestic violence incidence rates and why particularly demographic groups - particularly male IPV victims are disproportionately less likely to talk to others about being abused or report an assault to the authorities. **Remedy Max** illuminates current socio-economic gaps including certain social attitudes and false perceptions about Domestic Abuse and IPV that need to improve to provide victims with added protections and new opportunities to reclaim their life. She uses emotionally charged topics to identify the Frailty of the Human Condition and speaks to the uncomfortable truths to help audiences gain needed perspective to promote change in social attitudes as well as promote social justice reforms so that survivors of IPV have access to healthier, safer and inclusive environments regardless of their gender, race, ethnicity, religion, abilities or age.

#### **RELEVANT FIELD WORK EXPERIENCE: BEHAVIOR ADDICTION / SUBSTANCE ABUSE RECOVERY**

In addition to her talks on Domestic Violence Prevention, **Remedy Max** is well versed on the topic of **Behavior Addiction Recovery** and she readily speaks on this subject to generate public awareness and the value that early detection and entering recovery offers not just to those struggling with Problem Gambling (including other forms of compulsive high risk and self-destructive behavior addictions) but also about the toll and negative impact that Behavior Addictions and Substance Abuse has on family members, friends, employers and society on the whole.

What makes **Remedy Max** a Subject Matter Expert and knowledgeable speaker on the topic of Behavior Addiction Recovery is her work with survivors of domestic violence and other forms of trauma – where she observed years ago how many also struggle with various forms of substance abuse and behavior addictions like Problem Gambling. Recognizing the linkage and common overlap between trauma and addiction prevalence led her to develop a revolutionary new approach to help those struggling with behavior addictions end the cycle of relapse, address comorbid addictions as well as prevent future addiction vice transference.

She coined her revolutionary recovery model the "**Fractured Psyche Addiction Recovery Model**". This recovery tool has proven to be of immense value over the past decade to those struggling with Problem Gambling Relapse (including; other forms of compulsive high risk behaviors such as Sex Addiction, Shopping Addiction, Eating Disorders, Compulsive Shoplifting, Workaholism, etc...).

Individuals who found her new recovery approach most effective have been those for whom conventional addiction recovery models were insufficient to bring the cycle of relapse to an end as they were looking to not just learn to manage their addiction to avoid relapse – rather to bring an end to their urges by understanding their inclination for the high risk self-destructive tendencies from a different perspective.

Many have found **Remedy Max**' revolutionary recovery model of great value in their recovery journey after having their behavior addiction presented through a different lens. One that guides them to recognize their addiction not as the problem, but rather as a symptom of a deeper underlying root cause needing to be treated and healed to end the cycle of relapse as well as prevent incidence of addiction comorbidity and future addiction vice transference.

#### **REMEDY MAX' PUBLIC PRESENTATION EXPERTISE:**

Whenever **Remedy Max** delivers a public talk - her goal is to achieve the desired outcomes and deliverables for both the audience and the clients who hire her to speak at their events. This includes her hitting six critical target points to build the necessary momentum in her presentation that captures the audience's attention and also leaves a positive lasting impression on the event itself. She coined these 6 target points as "[The SIX-EES](#)" to help ensure the audience creates an emotional connection to the key message points and is able to relate to the content. Information that Remedy Max often relays through shared past experiences, moving stories and great use of analogies to help the audience readily identify with - so as to further their understanding and ability to retain the information for their future use.

#### **REMEDY MAX' PRESENTATION STYLES:**

As an experienced public speaker, **Remedy Max** is familiar with each of the 8 Speaking Styles shown below. Her extensive past public speaking experience of more than 20 years affords her with the keen sense and ability to readily customize her presentation style according to the theme of the event she is hired to talk at and the select audience she is addressing.

1. **Visual Style** - Ideal for Large Audience with Broad Interests
2. **Freeform Style** - Suited for Short Presentations on Specific Topic
3. **Instructor Style** - Used for Complex Topics & Detailed Subject Matter
4. **Coach Style** - Ideal for Conferences / Events to Put Audience at Ease
5. **Storytelling Style**- Perfect for Conferences / Networking Events – Relatability
6. **Connector Style** - Suited for Small / Medium Events to Create Dialogue with Audience
7. **Lessig Style**-Great for Large Crowds Rapid Delivery of Synchronized Slides & Speaking Points
8. **Takahashi Style** - Perfect for Short Presentations that Packs a Memorable Pun

## TOPICAL HARM PREVENTION / RISK REDUCTION PRESENTATIONS:

As an established professional public speaker and subject matter expert on best practices in risk mitigation and promotion of strategic public safety & security awareness – **Remedy Max** often speaks on the following value laden Harm Prevention and Risk Reduction Topics:

- Breaking Free & Healing from Past Traumatic Events
- Child Safety and Elder Abuse Prevention
- Crime Prevention – Personal Safety and Security Considerations for Home / Condo Owners
- Domestic Abuse / Intimate Partner Violence (IPV) Prevention
- Emergency Preparedness and Risk Management – Special Considerations for People with Disabilities and Special Needs
- Problem Gambling and Value of Early Detection for Families & Employers
- Revolutionary Advances in Behavior Addiction Recovery Programs (e.g., Exploring the Fractured Psyche’s Role in Treatment of Behavior Addictions)
- Recognizing the “Yellow & Red Flags” of Narcissistic Abuse
- Recovery from Toxic Family Bonds
- Surviving Stalking by an Ex-Partner or a Stranger
- Workaholism – Dispelling Society’s Normative Ideation

Remedy Max has delivered numerous talks, interactive workshops and value laden presentations talks on the above topics to help others enhance their risk perception capacity and ability to successfully mitigate and safeguard against associate threats of harm and losses. Her informative talks do not promote or incite fear. Instead she guides audiences to view risk through a different lens. One where the focus is placed on the benefits and gains that result when one assumes a positive and proactive approach to safeguard their personal safety and physical assets and direct / indirect situational, social, environmental risks and agents of chaos.

To book **Remedy Max** as a speaker for a key note address, workshop facilitation, a conference discussion panel or presenter at your upcoming Corporate Event, Industry Conference, Business Function or Networking Event - please email her directly at: [info@remedyblox.com](mailto:info@remedyblox.com) to discuss your presentation vision and event program needs.