





DISCHARGE UPGRADE


All branches of the military consider you to have a strong case for a discharge upgrade if you can show your discharge was connected to any of these categories:

- Mental health conditions, including posttraumatic stress disorder (PTSD)
- Traumatic brain injury (TBI)
- Sexual assault or harassment during military service (at VA, we refer to this as military sexual trauma or MST)
- Sexual orientation (including under the Don't Ask, Don't Tell policy)

Information on Discharge Upgrades

- VA Fact Sheet 
- Swords-to-plowshares 

Organizations that can assist you with "DISCHARGE UPGRADES"

- Illinois Department of Veterans' Affairs. 
- UIC John Marshall Law School Veteran Clinic 