

Healing School

Psalm 18:30

As for God, His way is perfect; the Word of the Lord is proven; He is a shield to all who trust in Him.

Do you believe there is a god?

Do you believe **Genesis 1:1**?

In the beginning God created the heavens and the earth.

Do you believe the bible is the Word of God?

Matthew 21:42 Jesus said, “Have you never read in the scriptures.”

Again in **Matthew 26:54**, Jesus said, “How then could the scriptures be fulfilled, that it must happen thus?” He was talking about Him going to the cross.

Romans 15:4 For whatever things were written before were written for our learning, that we through the patience and comfort of the scriptures might have hope.

2 Timothy 3:16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.

The bible, that contains the Scriptures, is the written Word of God. If you can't answer yes to the 2 questions above, on what you believe, you will not be able to receive what you need from God. Hopefully you will begin to believe as you continue reading.

Do you know about the old testament (before Jesus went to the cross) and the new testament (after Jesus died on the cross and was raised from the dead)?

Did you know that the Jewish people lived under the law in the old testament? Jesus lived under the law.

Did you know, that we as Christians, live under the new testament, under grace?

Are you a Christian? If not, do you know how to be born again?

As a Christian, do you know that you have a covenant (a binding agreement) with God? It says that if we do certain things, then God will do certain things. It was provided for us when Jesus went to the cross and laid His

life down for us. His shed blood washes away our sin and allows us to be born again into the family of God

(Revelation 1:5-6).

Do you know what is in the covenant that we have with God?

The main part of the covenant allows us to be partakers of the covenant promises **when** we are born again into the family of God. This is very important. If you are not a Christian, you have no right to what is in the covenant. After being born again (saved) there are blessings from God the Father for us in the covenant.

Did you know, **that in the new covenant**, healing was provided for us? **Isaiah 53:5** says that by His stripes you **were** healed. **1 Peter 2:24** says that by His stripes you **are** healed. **Matthew 8:17** says that Jesus **took** our infirmities and bare our sicknesses.

When you were born again you had to do something to receive the new birth into God's family. Do you remember what that was?

Romans 10:9-10 tells us to confess with our mouths the Lord Jesus and believe in our hearts that God raised Him

from the dead. It states that we believe unto righteousness in our hearts and that with the mouth confession is made unto salvation.

In other words, we have to believe it, and say it, for it to happen. God wants everyone to be born again, but you have to do what He said to receive it.

To receive your healing, you have to do the same thing, do what he said for you to do.

The next question is do you **believe** God wants you healed and well?

Hosea 4:6 says, “ My people are destroyed for lack of knowledge. Because **you have rejected knowledge**, I also will reject you from being priest for Me; Because you have forgotten the law of your God, I also will forget your children.”

I hope you will receive the Word of God and not reject it.

We have already looked at **Isaiah 53:5**, **1 Peter 2:24**, and **Matthew 8:17**. After looking at these verses you should know that God wants you well.

Some say that God makes you sick to teach you something. A number of years ago, I had a conversation

with a Christian friend about this. He said he felt God **sometimes** made people sick to teach them something. We talked about the verses that we have just looked at, and he said that he still believed that God **sometimes** makes people sick to teach them something. I then asked if he went to the doctor when he got sick. He said yes. I asked why. He said he went so he could get better. I asked him why he would go to the doctor to get better, why not stay sick and learn all that God was trying to teach him. He had no answer for that.

James 1:6 says, “But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.” **Verse 7** says, “For let not that man suppose that he will receive anything from the Lord.”

If you believe that God makes you sick, **sometimes**, to teach you something, how can you have the faith to be healed? You will be saying, “Maybe God wants to teach me something.” That just might cause you to doubt. That is like saying you might be able to be saved, and then again, maybe not. Healing was provided for a believer at the cross, the same time salvation was. You believe and receive. Remember, part of receiving from God is saying it with **your** mouth.

At this point I want us to look at Matthew 15:1-3. Then the scribes and Pharisees who were from Jerusalem came to Jesus, saying, “Why do Your disciples transgress the tradition of the elders? For they do not wash their hands when they eat bread.” He answered and said to them, “Why do you also transgress the commandment of God **because** of your tradition.”

Jesus then talked with them about honoring your father and mother. In verse 6 he tells them that they have made the **commandment of God** of no effect by their tradition.”

You can stay with the tradition of what you have been taught, and stay the same, or believe the Word of God, and see a change. I know that kind of rhymes, but it is the truth.

John 10:10 “The thief (devil) does not come except to steal, and to kill, and to destroy. I (Jesus) have come that they may have life, and that they may have it more abundantly.”

The devil wants to steal the Word, get you to doubt it, then he can do the other two, kill and destroy.

Jesus wants you to have an abundant life. Does it sound like He wants you to be sick?

A pastor friend of mine, Ricky Untermeyer, said this. “The devil can’t steal God’s image of you, so he tries to steal your image of God.” The devil will try to make you think that God wants to keep you down, but God wants to lift you up. The devil will try to make you think that God wants you poor, God wants you blessed in every area of your life. God wants you well, satan wants you to believe that God gets some kind of pleasure out of you being sick. It’s your choice, which do you believe?

Mark 4:14-15, “The sower sows the Word. And these are the ones by the wayside where the Word is sown. When they hear, satan comes **immediately** and takes away the **Word** that was sown in their hearts.”

You see, satan is after the Word, he will try to make you doubt it. Remember, doubt causes you to waver, and that gets you nothing. Hold onto the Word, believe it and speak it.

I wrote a little 12-page book called; **It may be God’s will, but you may not get it.** In it I tried to get the reader to see that believing God’s Word, and speaking it, is the way you receive the promises that He gave us. That includes salvation, peace, and healing. The believing is not just in your mind, it is in the heart of your being, there is no

doubt. If this is the case, you will boldly say it with your mouth.

I would like to add this now. Proverbs 17:22 says, “A merry (gleeful, joyful, rejoicing) heart does good, like medicine, but a broken spirit dries up the bones.”

One translation says, “makes medicine even better.”

Proverbs 12:25 says, “Anxiety in the heart of man causes depression, but a good word makes it glad.” I believe, that the Word of God, is a good word? Read it, and declare it over your life.

Proverbs 15:13 says, “A merry heart makes a cheerful countenance, but by sorrow of the heart the spirit is broken.”

Proverbs 15:15 says, “All the days of the afflicted are evil, but he who is of a merry heart has a continual feast.”

Keep your faith and trust in God, feast on the Word, it will create a merry heart in you. Smile and laugh a lot, it will make you feel better. Don't let yourself get down, that does you harm. Don't let other people get you down, if they start talking doubt, and doom and gloom, get away from them. Get with people that have faith in God, and in His Word.

In I Corinthians 11, verses 23 through 33 it talks about what we call communion. We start with the bread. Jesus said that it was His body that was broken for us. He got the stripes, that are for our healing, at that time. He said to take and eat, and to do it in remembrance of Him. We then take the cup, ours has grape juice in it. Jesus said, "This cup is the new covenant in My blood. This do as often as you drink it, in remembrance of Me."

When we take communion, we need to receive what Jesus provided for us in the new covenant. He could have talked about other things that He provided by going to the cross, but He talked about the new covenant and healing.

It must be important to Him, for us to be born again. When we asked Him to be Lord of our lives, His shed blood washed away our sins, and allowed us to be born again into the family of God. We were made joint heirs with Christ (Romans 8:17). Being born again allows us to be partakers (co-participants) in the new covenant (Colossians 1:12-14).

I believe healing, other than being born again, is the most important thing that Jesus provided for us. You can be very rich and live a sad life because you are sick in some

way. You can be famous, and not be happy, because of an illness. Being the smartest person alive would not be much if you have a serious illness. I do not believe that God wants His children living in pain. Jesus took the beating on His body and received the stripes for our healing, so we could be well.

Remember, satan comes to steal the Word. If he can't steal it, he will try to modify it. He will try to get you to doubt any way he can. Don't listen to him, fill your mind with the Word of God. The best way to do that is to read the Word, not quote it from memory. Read it out loud, to yourself. Remember Romans 10:17, "So then faith cometh by hearing, and hearing by the Word of God." After reading it, speak it over yourself, out loud.

In Ephesians 6, verse 11, we are told to put on the whole armor of God. One translation says to take up the whole armor of God. The understood subject in the verse is **you** do it, **God is not going to do it for you**. The verse before this says to be strong in the Lord and in the power of His might. We can be strong. He said that we can walk in the power of His might. The word might here means, forcefulness, ability, power, and strength. We have the authority to use God's Word, you can't get anything better than that.

In verses 12-17, we are told what the armor of God consists of; gird your waist with truth, put on the breastplate of righteousness, shod your feet with the preparation of the gospel, take the shield of faith, the helmet of salvation, and the sword of the Spirit.

Verse 16 says, “**Above all**, taking the shield of faith, with which you will be able to quench all the fiery darts of the wicked one.” Your faith can stop **doubt** and **fear**, things that can stop you from receiving from God. Keep speaking the Word over the situation, no matter how it looks or how you feel.

Verse 17 tells us that our sword (a defensive weapon) is the Word of God. That’s why it is so important to continue to speak the Word. Don’t get into agreement with the problem, stay in agreement with the Word.

Verses 13 and 14 tell us to stand, after we have put on the armor. One of the meanings of the word stand is covenant. Stand on the covenant Jesus has provided for you, healing and blessings are in that covenant.

Verse 12 tells us who we are fighting, “We do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age,

against spiritual hosts of wickedness in the heavenly places.” We fight against the devil and his associates.

If you look at the life of Jesus, you will see He went about doing good. He never put sickness and disease on people. He healed them, **those that believed**, and made them well. He delivered those who were oppressed of the devil. He loved people, enough to go to the cross, and lay His life down for us. He let His blood be shed for us, to wash away our sins, and to allow us to be born again into the family of God. He took the chastisement (beating) for our peace (safety, prosperity, rest, and wellness) upon Himself. The stripes placed on His body are for our healing. Again, God does not want you sick, He wants you well. You need to agree with Him.

Mark 11:22-23, “So Jesus answered and said to them, Have faith in God. For assuredly, I say to you, whoever says to this mountain, be removed and be cast into the sea, and does not doubt in his heart, **but believes that those things he says will be done**, he will have whatever he says”.

In the original Greek it says to have the faith of God, yes, the faith of God. If we are born again into His family, we can have the faith of God.

The mountain is whatever your problem is. Notice, he has to say it in order to have it. If you believe it, you will say it. No matter what it looks or feels like, say what the Word of God says.

Mark 11:24, “Therefore I say to you, whatever things you ask **when you pray**, believe that you receive them, and you will have them.”

It says to believe when you pray, before you ever see it. Don't say those faithless words, “I will have to see it to believe it.” Well, you won't see it, because you don't believe it. Hebrews 11:6 says, “But without faith it is impossible to please Him, for he that comes to God must believe that He is, and that He is a rewarder of those that diligently seek Him.” Do you see it? You have to have faith to **believe it**, before you will receive it.

Romans 10:17 says, “So then faith comes by hearing, and hearing by the Word of God.” If the Word of God says you can have it, believe it. If you speak the Word, out loud, to yourself, it will help your faith grow.

There are two more verses in Mark that are very important when it comes to receiving from God. It relates to praying, and receiving the answer, when praying about healing, bills being paid, relationships, and any need you have, being met.

Mark 11:25-26, “And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses.”

That is a strong statement, but unforgiveness will keep you from receiving what you need from God. Walk in love and that will take care of that problem.

I hope you can see, that believing God, is a key to receiving healing, or whatever you need. You need to have faith in God to believe, and you have to know what the Word of God says, to know what to believe. Again, faith comes by hearing, and hearing by the Word of God. Work on your relationship with God by talking (praying) to Him and reading His Word and speaking it, out loud, over yourself.

Now let’s look at the physical side of receiving your healing and walking in health.

I Corinthians 3:16-17, “Know ye not that ye are the temple of God, and that the spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.”

I Corinthians 6: 19-20, “What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and **ye are not your own**? For ye are bought with a price: therefore, glorify God in your body, and in your spirit, which are God’s.”

We need to take care of our body; it is the temple of the Holy Ghost. Our body belongs to God, we should glorify Him in our body.

A lot of the problems (illness) that we have in our bodies are because we are not eating like we should or abusing it in one way or another. One of our biggest problems is being overweight, it causes a lot of medical problems.

We are overweight because we eat too much, eat the wrong things, or do not get the exercise our body needs.

Another major problem is abusing our bodies at work or play. Not using the right safety equipment or working our bodies too hard. Sometimes, just not using common sense.

I know that losing weight is hard, ask God to help you do it and He will. Now, you can't expect Him to help you if you don't help yourself. If you lay around, and don't do any kind of exercise, over-eat, enjoy several deserts every day, you may not have God's help. One time, the Lord told me to tell people to give him something to work with. If you are trying to lose weight, **do** what you can do in the natural, and He will do what needs to be done in the supernatural.

One time I was praying about, and confessing my healing, while laying around not doing much. That inner voice, that the Lord speaks to me with sometimes, said, "If you are healed, why don't you act like it." That was a statement, not a question. We need to do what we can do and trust Him to help us do what we cannot do in the natural. Remember the old saying, take one step toward God and He will take two towards you. There is some truth to that. Act on what you are believing. If your arm was hurt, and you had a hard time raising it, raise it as much as you can, and trust God for the rest. What if it will not go up the first time? Say, "Thank you Lord," and try again. I just had a fight with covid, the doctor said I had covid pneumonia, and I was on oxygen for 5 days. During that time, I was believing God for my healing. The

doctor told me to stay off the oxygen as much as possible, and to get out in the sun and walk if I could. He told me to walk until I had to have the oxygen, take the oxygen, and walk again when I felt that I could. My lungs were about half filled with fluid; my wife saw the x-rays. The first time I walked, I went about 100'. The 4 or 5 times after that, it was about the same. After the first day I could have quit, I was not making much progress, but I kept doing it. In about a week I was up to a quarter of a mile, praise God! About a week later the visiting nurse checked my lungs, she told me that my lungs sounded clear. Praise God again! I believe I gave my Heavenly Father something to work with. I took a lot of steps of faith, but He did the work. That kind of reminded me of Naaman, the captain of the host of the king of Syria. In II Kings chapter 5, we see that he was a leper. He was told about Elisha and went to see him. Elisha told him to wash 7 times in the Jordan, which caused Naaman to be angry. After he listened to his servants, he went to the Jordan. He washed once, nothing, twice, nothing, three times, nothing (Would you have quit then?), four times, nothing, five times nothing (Would you have said, "This is not going to work, I'm leaving" .), six times, nothing. But, on the seventh time,

he came up clean! Don't give up on God, believe what He said, and do it. Having done all, stand.

Like I said before, losing weight can be tough, but it can clear up a lot of medical problems. If you have tried to drop weight before, and did not have good results, try again. Ask God how to do it and then start doing it. If you are really working at it, He will help you.

Again, we need to take care of our bodies, spiritually and physically.

These things are our responsibility, not God's. We need to do what we know to do, to keep ourselves in shape. Let's glorify God in our bodies.

If you have not been doing a very good job of keeping yourself in shape, spiritually and physically, ask God to help you. If you are sincere, He will.

You can be well and fit!

Pastor Danny O'Neal

Callahan, Florida

Scripture taken from the New King James Version. Copyright 1982 by Thomas Nelson, Inc.

Used by permission. All rights reserved.