



2025 Financial Informed Consent

Charging for Appointments:

Please be advised, your card will be charged the morning of your appointment. A reminder will be sent to your preferred form of communication 2 days before your scheduled appointment.

If you are unable to attend, please reach out directly to your therapist, or contact admin at 480.912.4691.

Please indicate your preferred form of communication, you can choose up to one number to text and two email addresses. Please place a check mark next to the primary form of communication:

SMS Phone Number: _____ *Required

Do you give permission to receive contact VIA text message? * Required

- ☐ Yes
☐ No

Primary Communication:

- ☐ Yes

Email Address # 1: _____ *Required

Primary Communication:

- ☐ Yes

Email Address # 2: _____ * Optional

Primary Communication:

- ☐ Yes

Late Cancellation Fee:

If you cancel or reschedule an appointment with less than 24 hours' notice, a Late Cancellation Fee will be applied to your card on file. This fee reflects the Private Pay Rate for your therapist, rather than your copayment amount.

If you arrive 15 minutes late (or more), the therapist reserves the right to cancel the session, and a late cancellation fee will be charged.

Payment Plan:

If we cannot process your card on the morning of your appointment, or if you miss your session due to a late cancellation or no-show, a balance will start to accumulate. Before your next session, we will need to either collect the outstanding balance or establish a payment plan.

If you require assistance in setting up a payment plan, please contact Olalani at 201.975.4771. Alternatively, you can ask any of our administrative staff for help in reaching her while you are in the office.

Private Pay Rates:

- Individual therapy with a Master's Level Clinical Intern: 45 minutes for \$45
- Individual therapy with a Licensed Associate Counselor: 53 minutes for \$125
- Individual therapy with a Licensed Professional Counselor: 53 minutes ranging from \$165 to \$200
- Family or Couples Therapy with a Licensed Associate or Professional Counselor: 53 minutes for \$165
- DBT Group Therapy: 50 minutes at \$20 per session
- EMDR Consultation: 53 minutes for \$200
- EMDR Routine Session: 53 minutes for \$165

If you opt for the private pay rate, you agree to waive any insurance claim submissions or reimbursements. Once a session is paid at the private pay rate, Core Balance Counseling, LLC will not file a claim with insurance. A superbill will be provided upon request.

Urgent calls with providers will be charged at the private pay rate in 15-minute increments, and insurance cannot be billed for these calls.

Insurance Deductible Rates and Copays:

Once we confirm your insurance details, we can establish if you will be responsible for a copay or a deductible rate. The copay amounts will differ based on your specific insurance plan.

If you have an unmet deductible for the current contract or calendar year, you will need to pay the contracted rate set by each insurance provider until your deductible is fulfilled:

- Aetna: \$116.96 for the intake; \$104.73 for each routine session.
- BCBS: \$126.90 for the intake; \$95.88 for each routine session.
- Cigna: \$132 for the intake; \$112 for each routine session.
- Magellan: \$114.06 for the intake; \$90.15 for each routine session.
- Medicare: varies according to plan policy.
- UHC: \$131.15 for the intake; \$110.30 for each routine session.

If there is a change in your insurance and we are not informed in advance to confirm your benefits, the deductible rate will apply. Once we receive an Explanation of Benefits (EOB) from your insurance provider, we will either refund any overpayment or apply the credit towards future appointments.

Please notify us immediately if there is any change to your insurance, and text a picture of the front and back of your card to 201.975.4771

Client(s) Name Printed: _____

Client/Guardian Name signature: _____ Date: _____

CLIENT ID: _____ (Provider Only)