



DEFINITION OF “COLLATERAL” IN PSYCHOTHERAPY:

NOT EVERYONE WHO ENTERS ONE OR MORE SESSIONS OF PSYCHOTHERAPY BECOMES A CLIENT. SOMETIMES PEOPLE, INCLUDING GRANDPARENTS, SIBLINGS, SPOUSES, AND EVEN PARENTS OF MINORS BECOME PARTICIPANTS IN THE THERAPEUTIC PROCESS WITHOUT BECOMING PATIENTS. THEY ARE THERE TO CONTRIBUTE TO THE THERAPY OF THE CLIENT, WITHOUT BECOMING A SUBJECT OF THE TREATMENT. YOUR ROLE IS TO CONTRIBUTE TO THE SUCCESS OF THE CLIENT’S TREATMENT, BY PROVIDING USEFUL INSIGHT AND INFORMATION, COLLABORATING ON THE TREATMENT PLAN, FOLLOWING UP WITH HOMEWORK ASSIGNMENTS AND HELPING THE CLIENT STAY MOTIVATED. PLEASE UNDERSTAND HOW HELPFUL YOUR PARTICIPATION BECOMES IN THIS PROCESS, AND THAT YOUR WILLINGNESS TO CONTRIBUTE HERE IS GREATLY APPRECIATED.

UNDERSTAND YOUR ROLE AS A COLLATERAL:

1. A COLLATERAL IS NOT A CLIENT, AND NOT THE SUBJECT OF TREATMENT.
2. A COLLATERAL IS THERE TO PROVIDE ASSISTANCE TO THE TREATMENT OF THE CLIENT.
3. A COLLATERAL DOES NOT HAVE THE RIGHT TO THE RECORDS OF THE CLIENT (IF YOU ARE THE LEGAL REPRESENTATIVE OF THE CLIENT THEN YOU HAVE THE RIGHT TO CLIENT RECORDS.)
4. STATEMENTS BY A COLLATERAL ARE NOT AUTOMATICALLY SHARED WITH THE CLIENT.
5. A COLLATERAL DOES NOT HAVE THE RIGHT TO CONFIDENTIALITY. YOUR STATEMENTS IN SESSION BECOMES PART OF THE CLIENT’S TREATMENT RECORD. A LEGAL REPRESENTATIVE HAS CLEAR RIGHTS TO ALL CLIENT RECORDS.
6. AS A COLLATERAL YOU DO HAVE THE RIGHT TO PRIVACY IN REGARDS TO SOME OF YOUR INFORMATION, INCLUDING, BUT NOT LIMITED TO: YOUR PERSONAL INFORMATION, YOUR MEDICAL HISTORY, YOUR FINANCIAL INFORMATION.

I HAVE READ THIS DOCUMENT AND DO WILLINGLY AGREE THAT I AM A COLLATERAL IN THE TREATMENT OF THE CLIENT NAMED BELOW. I UNDERSTAND THAT THERE ARE CONDITIONS AND LIMITATIONS, AS DEFINED ABOVE, REGARDING CONFIDENTIALITY AND THE INFORMATION I CHOOSE TO SHARE.

PRINTED NAME OF CLIENT

PRINTED NAME OF COLLATERAL RELATIONSHIP TO CLIENT

SIGNATURE OF COLLATERAL OR COLLATERAL'S LEGAL REPRESENTATIVE DATE

COLLATERAL INFORMED CONSENT

CLIENT ID _____ **CLIENT INITIAL** _____