



Weeklong Camp for Children To WORK HARD & PLAY HARDER

Devora Scher, Psy.D.
NY & NJ Licensed Psychologist
Anxiety/OCD Specialist

NEW
JERSEY
TEANECK, NJ

Top 5
reasons
Riding the
Wave Camp
is unique!

1

Our consecutive day
schedule provides continuity
for high quality cognitive
behavioral therapy!

2

We creatively simulate fun exposure
activities to yield desired treatment
outcomes in a time-paced fashion.

3

Our camp offers powerful social support,
helping meaningful friendships to develop!

4

Our 1:1 camper-counselor ratio allows us to closely
attend to each child, promoting strengths and
addressing problem behaviors in natural settings.

5

We're in-network with most Aetna plans!



WE ❤️ OUR CAMPERS!
Children 7-12 years old experiencing generalized
anxiety, social anxiety, perfectionism, selective
mutism, and OCD have enjoyed and benefitted from
our cognitive behavioral therapy program.
Youth without specific mental health concerns also
have joined us and benefitted as well.

OUT OF NETWORK COST:

For families not covered by Aetna
insurance, the April 30th early bird cost
is \$2,500. Superbills provided.

Includes diagnostic assessment,
25+ hrs/therapy, parent feedback &
consult sessions with teachers/providers.



JUNE 22ND
TO
JUNE 26TH



CALL/TEXT: 973 842 7280
ADMIN@RIDINGTHEWAVECENTER.COM

With warmth, play, and support, campers learn to
courageously approach their anxieties and
better tolerate emotional discomfort.

3rd Year