



PRESENTS
LOW-COST VIRTUAL SUPPORT GROUP
SESSIONS FOR FAMILY MEMBERS
IMPACTED BY ANXIETY/OCD

DATES

Mondays* from
12-1pm ending on
April 28th

*We will not meet
on April 15th

GOALS

Participants will
increase their
confidence in their
abilities to help
their family
members impacted
by anxiety/OCD.

COST

Support groups are
\$25/session.

Must commit to at
least 3 sessions.

Sliding scale
available.

EMAIL ADMIN@RIDINGTHEWAVECENTER.COM
FOR REGISTRATION



Devora Scher, Psy.D.
NY & NJ Licensed Psychologist
Anxiety/OCD Specialist