

BAREFOOT SOLE CARE COVID-19 RESPONSE PLAN

Medical Foot Care Provider Service 2021

i *The purpose of this document is to outline the steps BAREFOOT Sole Care is taking to restart medical foot care for clients; as per Dr. Bonnie Henry and COVID-19 Safety Plan as outlined from Work Safe BC.*

ROUTINE FOOT CARE TREATMENT PROTOCOLS

As per facility protocol and contact tracing the Barefoot Sole Care nurse will list clients seen at the facility with facility approved paperwork and return completed list to front desk. Before initial contact with clients, the BAREFOOT Sole Care nurse will don goggles and n95 or k95 mask prior to entrance into the facility. In this type of setting before going into the client's personal space the nurse will don on an isolation gown with apron over top. This is due to shortage of PPE of isolation gown, the gown will be worn for the entire duration of the facility visit and an apron worn over top; a new apron will be donned and doffed with each treatment. The footcare nurse will only visit clients on routine precautions and hand hygiene will be done prior, during, as needed and after treatment. During all home visits goggles, mask, isolation gown and booties will be donned before entering the home. All clients will be offered a mask to wear during treatment if agreeable.

INFECTION CONTROL

i *Reprocessing of equipment and instruments used in the provision of foot care by Provincial Infection Control Network of BC (PICNet)*

Critical reusable instruments such as nippers, blacks file, bits and burrs are scrub with milytex nylon instrument cleaning brush in running water and then soaked in an ultrasonic cleaner with enzymatic detergent cleaner for 20 minutes. Each instrument is than inspected for any excess debris; if found, the process of cleaning will continue until spotless. Afterwards, all tools are rinsed with clean water, dry and places in sterilization pouches. Once placed in the pouch, tools are than placed in the Tuttnauer EZplus table top autoclave and sterilized for approx. 1 hr. All tools will be sterilized until point of use.

Before footcare services

- Barefoot Sole Care nurse will complete a daily BC COVID-19 Self-Assessment tool on ever footcare day.
- Wipe all surfaces with designated antimicrobial surface wipes (preemptive or caviwipes)
- Ensure that instruments are appropriately cleaned, disinfected, and sterilized
- Ensure all appropriate personal protective equipment is ready to use (goggles, masks, isolation gown, apron, and gloves)
 - Change equipment immediately if they are torn, cut, or punctured

Before client treatment

- Complete hand hygiene as need and provide hand hygiene and offer mask to clients if agreeable.
- Ensure good ventilation and lighting of the treatment area
- Assess comfort and readiness of client to receive footcare treatment
- Go over any paperwork (initial consent, covid-19 Pandemic consent, and initial/routine assessment forms)

During client treatment

- Clean rotary drill and other equipment with designated antimicrobial surface wipes
- Ensure that all equipment has been disinfected
- Place only the appropriate instruments on tray (clean area)
 - Set out all materials and other essential instruments to avoid cross contaminated
- Complete hand hygiene as needed and perform foot care treatment

After client treatment

- Complete hand hygiene and provide hand hygiene to clients as needed
- Handle sharps carefully and dispose in dirty sharps container
 - Spray pre-clean enzymatic foam on tools
- Segregate waste and dispose
- Clean rotary drills and other equipment with designated antimicrobial surface wipes
- Clean and disinfect all contaminated work surfaces
- Provide receipt of and collect treatment payment

End of visit

- Dispose all clinical waste from the treatment area
- Clean all work surfaces thoroughly with designated antimicrobial surface wipes
- Assist with socks/shoes as needed and complete hand hygiene as needed.

CONCLUSION

We look forward to continue providing foot care services to our clients, while keeping them and ourselves safe. We will continue to adapt to any changes that may occur during these unprecedented times of COVID-19 and we are confident that we can meet the challenges ahead.

If you have any questions on this response plan, feel free to contact Brenda Berkecz at your convenience by email at barefootsolecare@gmail.com or by phone at (604) 997 - 0146.

Thank you,

Brenda Berkecz
LPN & Barefoot Sole Care Footcare Provider