

FRENCH
RIVIERA

MAY 2024 &
2025

INFORMATION SEMINAR

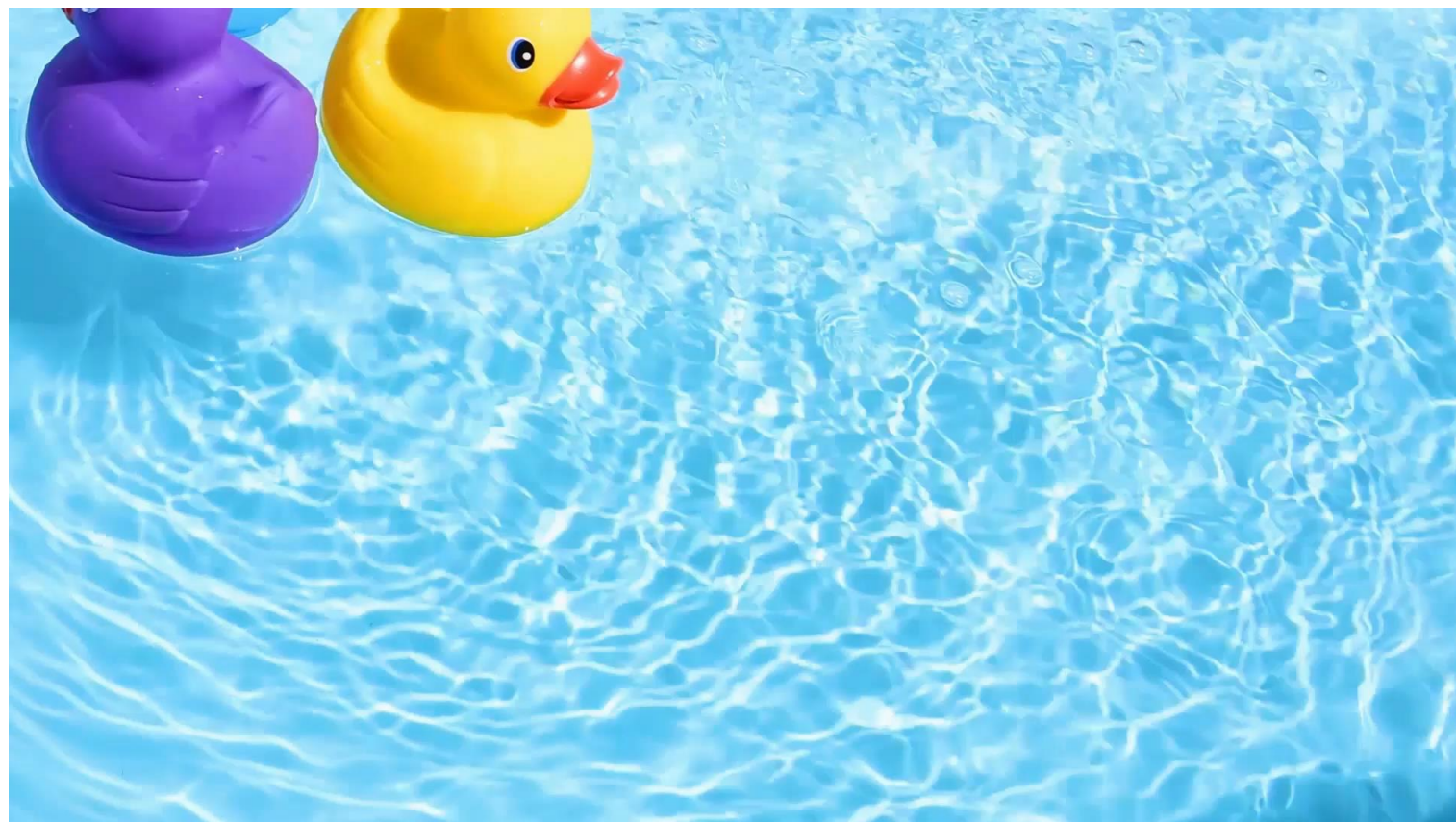
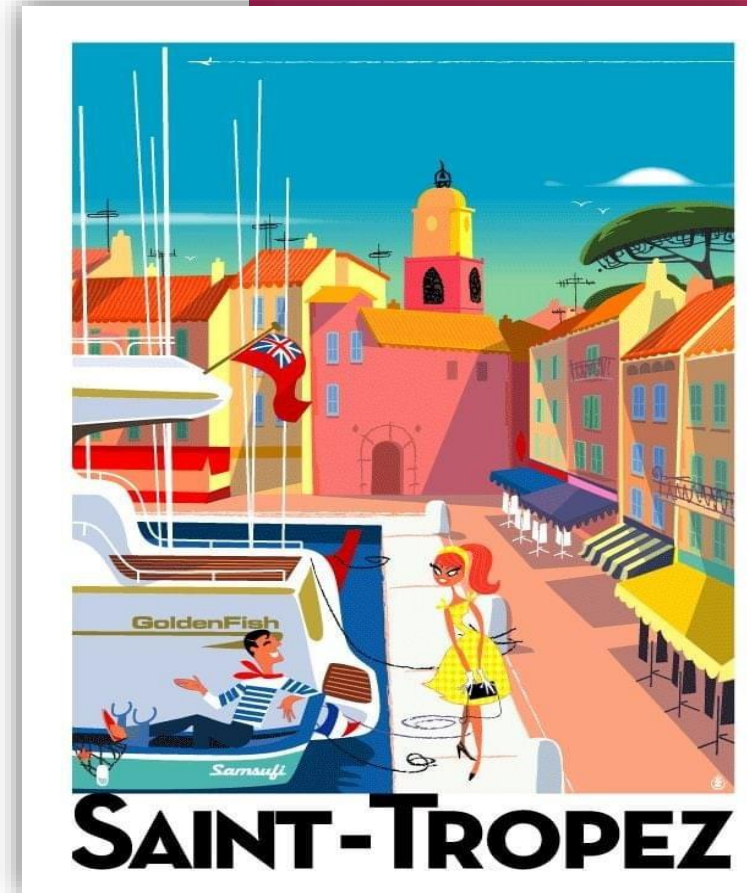


Table of Contents

1. Intro to French Riviera
2. Our Sailboat
3. Your Captain and First Mate
4. Where, how and what time will we meet?
5. Medical Emergency & Safety Rules
6. What things will you need to bring?
7. Provisioning Plan
8. Questions & Answers



INTRODUCTION TO FRENCH RIVIERA



Riviera is an Italian word which means "coastline".

We English call South of France "*French Riviera*" and French people call it "*Côte d'Azur*". It means "Azure Coast" in French. The name of French Riviera can extend eastwardly from Toulon to Menton near the borders of Monaco and Italy.

Since the end of 18th century, French Riviera was a winter health resort for the British elites such as Queen Victoria, Tsar Alexander II and King Edward VII. Every summer, many members of Rothschild family came to French Riviera. In the first half of the 20th century, it was frequented by artists and writers including Pablo Picasso, Henri Matisse, Francis Bacon, Edith Wharton, Somerset Maugham and Aldous Huxley, as well as wealthy Americans and Europeans (Wikipedia). During World War II, Nazis invaded French Riviera in June 1940. Later French Riviera was liberated by French armed forces and the Allies (Americans, British and Canadians) from the sea during the week of August 21-28, 1944. During the late 20th century until today, many celebrities including Elton John and Brigitte Bardot have homes in that region. Late Sean Connery used to own his place there too. Millionaires and billionaires have their super yachts at anchoring off French Riviera and some at docks there. French Riviera is still very popular and attracts the tourists from around the world today.



Destinations

Day #1: Meet us in Toulon at 6:00 p.m. After brief meeting, dine out.

Day #2: Route 1-2 Sail away to Ile de Port Cros early in the morning.

Day #3 Route 2-3 Pull the anchor and set sails to Saint Tropez and stay there for 2 days.

Day #5 Route 3-4 Sail to Cannes and anchoring overnight near Port Pierre Canto. Touring in Cannes for a day.

Day #6 Route 4-5 Move to Iles de Lerins from Cannes for touring on both islands and anchoring overnight.

Day #7 Route 5-6 Sail to a final destination in Nice. Sleep onboard overnight.

7 NIGHTS & 8 DAYS ITINERARY



TOULON

- There are 176,198 people residing in City of Toulon (Wikipedia). It was dated on January 1, 2018.
- Toulon is France's the oldest military port where many warships are located. A half of Toulon's harbor is out of bounds to us civilians. It is strict military area.
- Toulon harbor is very busy with many different vessels such as ferry ships, military vessels, coast guard ships, cruise ships and yachts coming forth and back from Toulon from all over places.
- You can ride on the cable car up the mountain called Mont Faron and you will enjoy seeing the breathtaking scenes of City of Toulon, Toulon Harbor, Mediterranean Sea and French Riviera.
- Our sailboat will be located in Saint Mandrier-Sur-Mer. It is in the south from Toulon. You can take a public ferry boat there from Toulon.



ILE DE PORT CROS

- Ile de Port Cros is a part of French National Park. It is one of three islands known as the Iles d'Hyeres. Port Cros is 2 miles wide and its highest point is 653 ft. high.
- On August 15, 1944, Americans and Canadians battled with Nazis before they landed on Port Cros. They used this island as base for liberating French Riviera. It was known as "Battle of Port Cros".
- It is heavy secluded wooded island. Sometimes it is closed to public due to a danger of potential forest fire if it is very dry and extremely hot. There are several hiking routes, some of them are very difficult as rocky routes you will climb, beaches and old forts you will explore on this paradise island. Bring your hiking shoes, your hat and water bottle!
- For overnight stay, we will drop the anchor in the anchorage called, "Baie de Port Man". It is in the northeast of Port Cros.
- There is a small village on the west side of Port Cros. It is nice place for taking a break before continuing your adventurous hiking trip.



SAINT TROPEZ

- After refusing to renounce his Christianity, Caius Silivus Torpetius , Roman officer was decapitated by Nero's Reign in Pisa as a part of Roman Empire at this time and his severed head was thrown in the river Arno while his body was set adrift in a wooden boat with a rooster and a dog. Later his body found washed ashore on the beach in Saint Tropez. This town was named respectfully after him. He was a martyr.
- The movie, "And God Created Woman" was filmed there in 1956 starring Brigitte Bardot. Pink Floyd music band sang "Saint Tropez". The dessert in Saint Tropez is famous. It is called "Tarte Tropezienne." It was invented by Brigitte Bardot.
- Super yachts, fishing vessels and sailboats from around the world are docked in Le Vieux Port de St. Tropez. It means "Old Port of St. Tropez". There are many restaurants , arts shops, boutique shops and bars along the quay and in the city of St. Tropez.. It is like exploring inside the maze in St. Tropez. There is big yacht race hosted in St. Tropez every year. It is called, "Les Voiles de Saint-Tropez".



CANNES

- In the 10th century, Romans took over Cannes and they used it as Roman outpost. There are several Ancient Roman tombs discovered in Cannes.
- Around the year of 1530, Cannes was liberated independently from the firm dominance of the monks after hundreds of years.
- During 18th century, Lerins Islands in the south of Cannes were dragged into the tug war between British, Spanish and French forces. French drove them out from Lerins Islands.
- After World War II, Cannes gains more popularity for rich people and celebrities spending holidays there. Many luxury hotels, fashion boutiques and casinos were established there.
- The Cannes Film Festival was founded in 1946. Many famous celebrities from Hollywood come there every year.



ILES DE LERINS

- Lerins Islands are the Mediterranean islands found in French Riviera near Cannes about a few miles south. There are two main islands named as Ile Sainte-Marguerite and Ile Sainte-Honorat
- In the year of 1047, these islands were raided by pirates from Andalusia. The Monastery was rebuilt and fortified between the 11th and 14th centuries.
- The Monastic community still lives on Ile Sainte-Honorat today. They grow the lavenders, produce beer and wine. And they do beekeeping for producing honey. You will smell lavender everywhere there.
- There is a fortress on Ile Sainte-Marguerite where the Man in the Iron Mask was held as a political prisoner for his time. There is the 1998 Hollywood film called “The Man in the Iron Mask”. Leonardo DiCaprio starred in this film.
- Ile Sainte-Marguerite is a heavy wooded island. There are several hiking routes on this island. There is a path of the eucalyptus trees. You will smell it real nice there. There is a small village with the docks in the northwest part of this island.
- There is a red pizza catamaran at the anchoring in between two Lerins Islands. You can order the pizza and it can be delivered to your boat from this catamaran. Isn't it awesome?



NICE

- Nice is the second largest Mediterranean city in French Riviera after Marseille. It has approximately 1 million residents living there. It is near another country Monaco about 13 kilometers and the border of Italy about 30 kilometers.
- Nice was under Italy in the past. After the war with Italy, the city of Nice was given up to France by following Treaty of Turin Agreement in 1860.
- There is strong Franco-Italian influence in Nice. You will see many buildings which have Italian style. They were similarly designed as buildings in Italy. There are many hotels and restaurants in Nice.
- Nice was so popular city for British Royals and Tsar family in the past. It was nicknamed “Nice, Winter Resort Town of the Riviera”.
- There is a famous promenade around the beach in Nice. It is called, “Promenade des Anglais.” It means “Promenade of the English” in French. It was named after many wealthy British people who came to Nice for winter holidays.
- There are big airport and shopping mall called “CAP3000” in St-Laurent-du-Var. We more likely will dock in Port de St-Laurent-Du-Var if the old port of Nice is fully occupied.



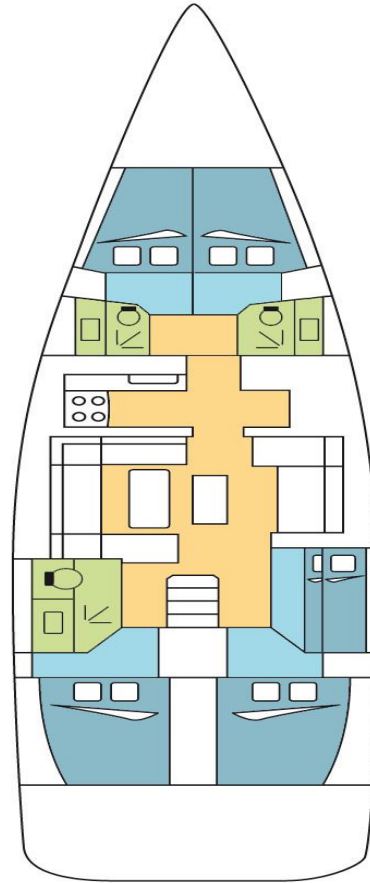
OUR SAILBOAT



BOAT SPECIFICATIONS

- Our boat selection will be Dufour 520 GL Adventure. Its hull type is monohull. This has LOA of 50 ft. long and its beam of 7.5 ft. wide.
- It can carry up to 12 persons but it is recommended up to 10 persons for more space and comfortable. There are 12 lifejackets stored on this sailboat.
- There are 5 double cabins plus 3 heads with hot showers units. This boat has Roller Main Sail and Roller Genoa.

Two Steering Wheels
190 Gallon Water Tank
116 Gallon Fuel Tank
75 HP Engine



- Bow Thruster
- GPS Plotter
- Autopilot
- Wind Instruments
- VHF Radio
- Electric Anchor Windlass
- Dinghy with Outboard Engine
- Swimming Ladder
- Refrigerator
- 220 V Socket
- Bimini
- Dodger



EXTERIORS



Starboard Steering Wheel



Cockpit



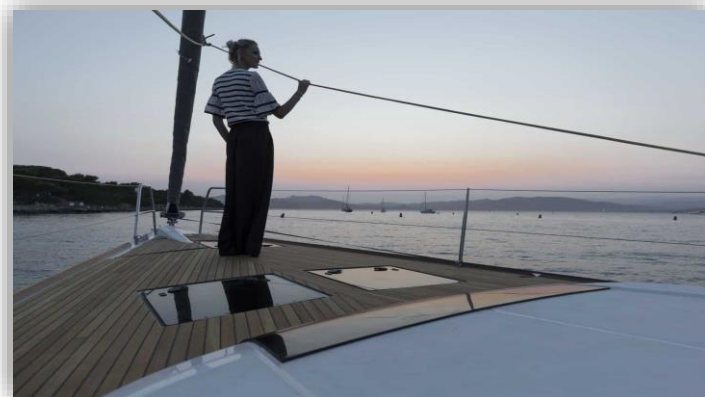
Port Steering Wheel



Cabin Top and Deck



BBQ set



Bow

CABINS AND HEADS



2 Bow Cabins



Forward Head



Aft Head



Port Quarter Cabin



Starboard Bow Cabin



Double Bunk Cabin

MAIN GALLEY & SALOON



Main Galley



Saloon



A white sailboat is positioned on the left side of the frame, floating on a body of blue water. In the background, a city skyline is visible under a clear blue sky with some light clouds. The text 'YOUR CAPTAIN AND FIRST MATE' is overlaid in white, bold, uppercase letters on the right side of the image.

YOUR CAPTAIN AND FIRST MATE

YOUR CAPTAIN



Captain Paul Eddie

SAILING CERTIFICATIONS

- * ASA 101: Basic Keel
- * ASA 103: Coastal Cruising
- * ASA 104: Bareboat Chartering
- * ASA 114: Cruising Catamaran
- * International Proficiency Certificate
- * Boater Safety Certificate
- * CPR, AED & First Aid Certificate

“I was attending the university in England when a Scottish family invited me to sail on their sailboat from England to sail along the coast of Spain for a month. While it was a great experience and I will never forget it, I didn’t pursue it actively until many years later. Later on, I took up scuba diving and from that, I would hear about the thrill of sailing. I love water and started to pursue sailing and got certified with American Sailing Association (ASA). In my free time, I enjoy swimming, biking and traveling to new places. Originally from Canada, I now reside in Virginia, USA.”

YOUR FIRST MATE



First Mate Brian Mehan

SAILING CERTIFICATIONS

- ASA 101: Basic Keel
- ASA 103: Coastal Cruising
- ASA 104: Bareboat Chartering
- ASA 114: Cruising Catamaran
- International Proficiency Certificate
- Boater Safety Certificate

“F or my whole life, I grew up on the small islands of Avalon and Stone Harbor, New Jersey USA. I always love the ocean. When I was 10 years old, my parents sent me to the Avalon Yacht Club for learning how to sail on the small sailboat known as Sunfish with my two brothers. Even without access to ASL interpreter, I was very good at learning the sailing lessons from my instructor who had very good body language and gestures. Also, I was very grateful to have my great instructor who had a lot of patience with me. I fell in love with sailing sports for a first time in my life. When I was 12 years old, I was a volunteer working at the windsurf shop in my home neighborhood. For my first time, I spotted a huge beautiful catamaran in Florida back in the 1990s and I fell in love with it! Many years later, I decided to take ASA coastal cruising and bareboat chartering courses with Troy. He is Deaf sailing instructor. We sailed to Catalina Island from Los Angeles. I learned a lot from him. In May 2019, my wife and I went to the South of France for sailing with Troy. I have earned good sailing experience and sailing skills. Now I permanently live in Ocean City, Maryland USA. Currently, I'm retired from my work and my goal is now to be involved in sailing with the sailor “gangs” and sail where the sun guides us to go for my opportunity to learn a lot of techniques with windsurfing at the bay. My parents bought a sunfish sailboat and windsurf for me so I'd play around at the bay behind my home. I am planning to buy and own my sailboat and I will sail around the world.”

WHERE, HOW
AND WHAT TIME
WILL WE MEET?





Where and how will we meet there from Marseille or Paris?

If you arrive in Paris, you can take OUIGO train from Paris to Toulon. We encourage you to visit Marseille for one day. It is very exciting place to explore. You can take a regional train from Marseille to Toulon. It takes about one hour ride. Here is a train fare website:

<https://en.oui.sncf/en/train/timetables/marseille/toulon>

There is a daily ferry boat service available between Toulon and Les Sablettes. When arrived in Toulon, it takes a few minutes walk to Reseau Mistral (you can take city bus or cab) from the train station. You can take the ferry boat “Ligne 18M Toulon - Les Sablettes” from Reseau Mistral to arrive in Les Sablettes. **Please be advised that last boat will be departed at 7:00 p.m. Please try come early.** Please check the website:

https://www.reseaumistral.com/en/interactive-map/145/NearBy/search?Place=3909_4

When you arrive in Les Sablettes (Ligne 18M Toulon - Les Sablettes), you can walk to meet us at Dream Yacht Charter office anytime after 6:00 p.m. You can unpack your bags and make your bed. We will have a brief meeting at 6:30 p.m. You can go out for dinner or night bar in Les Sablettes as known as beach town or downtown La Seyne-sur-Mer. Sleep aboard. We will set sail for Port Cros National Park Island in the early morning.

Marseille - Toulon Route Map



Gare de
Marseille-Saint-Charles

8TH ARR.

D559

Parc national
des Calanques

Cassis

A50

La Ciotat

Saint-Cyr-sur-Mer

Bandol

Toulon

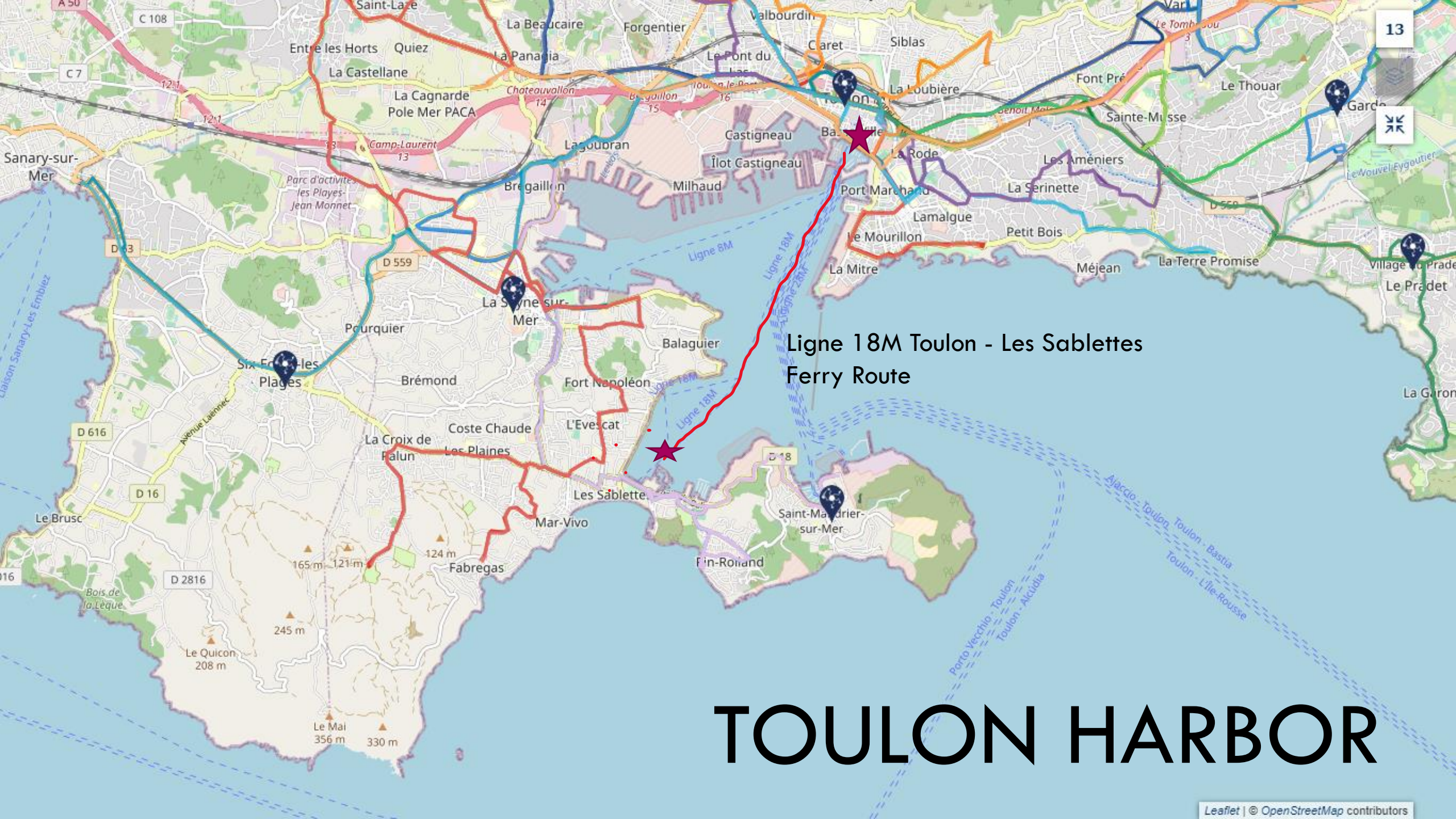
A57

Map data ©2021 Google

TOULON

**Gare de Toulon
(Train Station)**

**Reseau Mistral
(Ferry Boat)**



Ligne 18M Toulon - Les Sablettes
Ferry Route

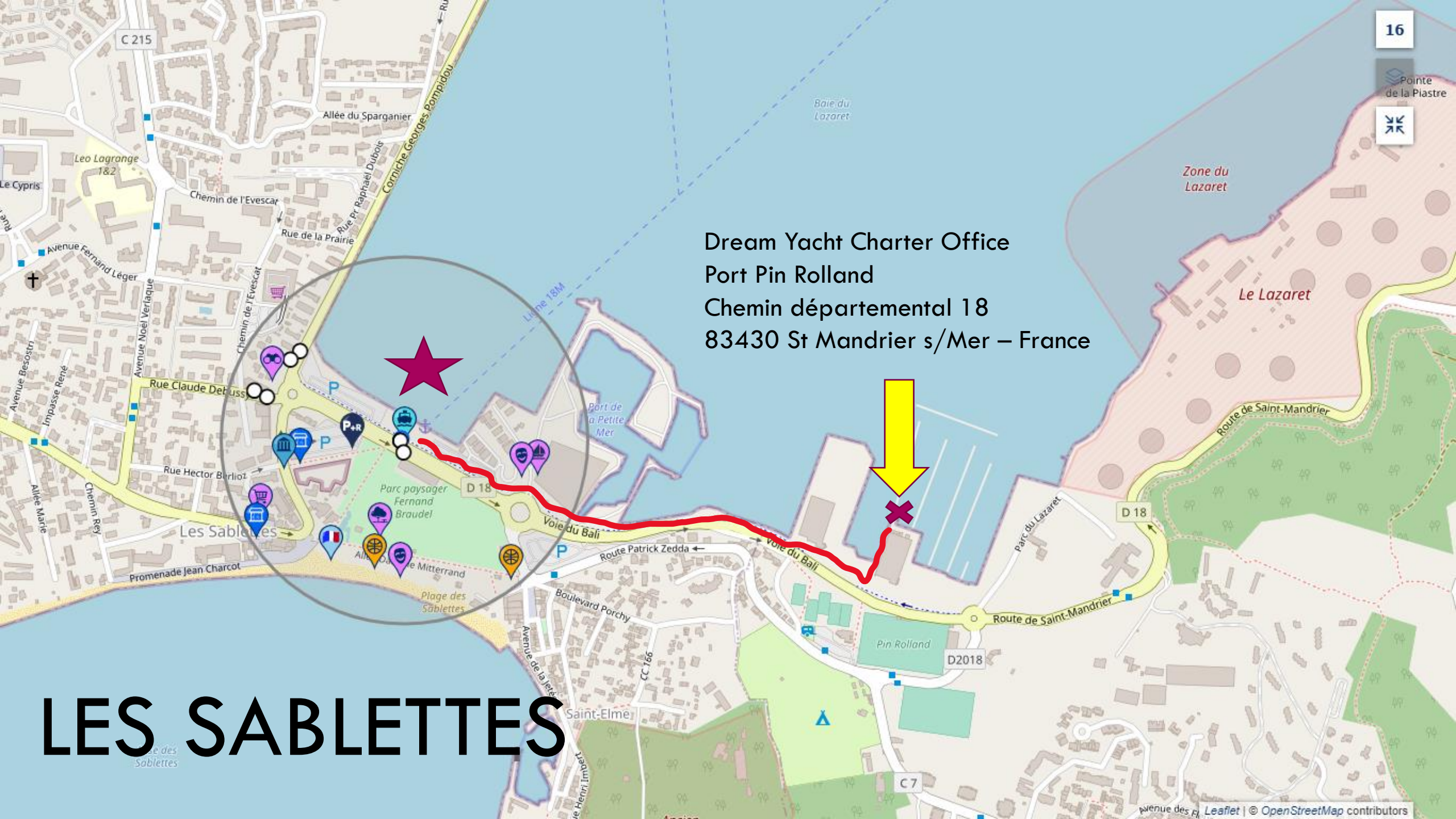
TOULON HARBOR



Dream Yacht Charter Office
Port Pin Rolland
Chemin départemental 18
83430 St Mandrier s/Mer – France



LES SABLETTES



A scenic view of a marina at sunset. The sky is filled with soft, golden light, reflecting on the water. Numerous sailboats are docked in the background, their masts creating a dense forest of thin lines. In the foreground, the white hull and large circular portholes of a motorboat are visible on the right, and another white boat is partially seen on the left. The overall atmosphere is calm and picturesque.

MEDICAL EMERGENCY & SAFETY RULES

YOUR SAFETY IS OUR MAIN RESPONSIBILITY ON OUR SAILBOAT

- 3 B-I Fire Extinguishers (small) or 2 B-II fire extinguishers (big)
- Fire blanket for stove
- First Aid Kit / thermal blanket
- Disinfectant wet wipes
- PDF lifejackets
- Light/smoke Flares
- Spot Satellite Messenger
- Sail Plan
- Mobile phones / DCS - VHF radio
- Marine Weather
- Dinghy with outboard engine
- Automatic/manual Bilge Pumps
- Wood cones
- Emergency tiller
- Emergency anchor (backup)



SOME
DIFFERENT
SOURCES ARE
AVAILABLE
WHERE YOU
CAN GET MORE
UPDATE
INFORMATION
ABOUT COVID
TRAVEL
RESTRICTIONS.

KAYAK

[HTTPS://WWW.KAYAK.COM/TRAVEL-RESTRICTIONS](https://www.kayak.com/travel-restrictions)

CDC

[HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/TRAVELERS/MAP-AND-TRAVEL-NOTICES.HTML](https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html)

FRENCH GOVERNMENT

[HTTPS://WWW.DIPLOMATIE.GOUV.FR/EN](https://www.diplomatie.gouv.fr/en)

TRAVEL MEDICAL EMERGENCY INSURANCE

PLEASE BE ENCOURAGED TO BUY TRAVEL MEDICAL EMERGENCY INSURANCE. IT WILL COVER A LOSS OF YOUR BAG AT THE AIRPORT, TRIP DELAY, AND FLIGHT CANCELLATION TOO.

PLEASE BE AWARE THAT SOME OF TRAVEL INSURANCE COMPANIES EXCLUDE COVID-19 MEDICAL EMERGENCIES. SOME OF THEM WILL CHARGE YOU TOO HIGH FOR COVERING COVID-19 MEDICAL EMERGENCY.

PLEASE DOUBLE CHECK WITH YOUR TRAVEL MEDICAL INSURANCE COMPANY BEFORE BUYING THE TRAVEL MEDICAL EMERGENCY INSURANCE. THE U.S. MEDICARE MAY OFFER THE INSURANCE BUT PLEASE CONTACT THE U.S. MEDICARE OFFICE BEFORE YOU WILL FLY.



YOUR HEALTH CONFIDENTIALITY WILL BE RESPECTED AND PROTECTED

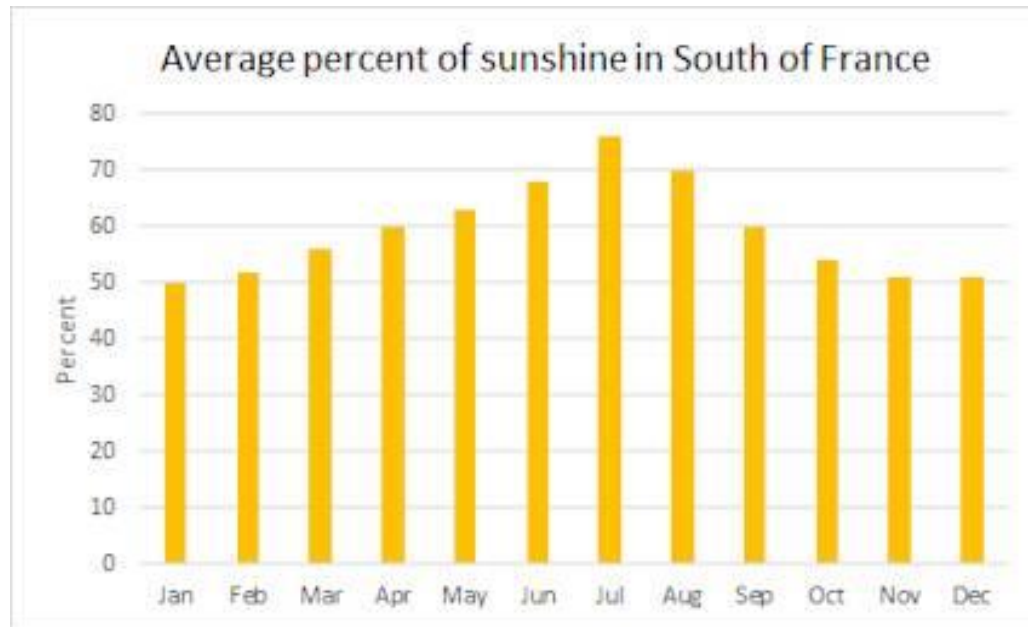
- If you have any health condition and you don't wish to share it with us, your privacy will be respected. The copies of our medical forms and envelopes will be distributed to you and the passengers. You can fill out the medical form and put it in the envelope and seal it. Keep it or give it to your travel partner.
- If you are unconscious, we will give your sealed envelope to the doctor or EMS paramedic.
- We urge you to share your information with us if you have any food allergies. For your safety, we (including passengers) must know immediately. Please bring your EpiPen if possible.



An open suitcase is shown from a top-down perspective, lying flat. The left side of the suitcase contains a red bag, a pair of pink sneakers, a pair of red sneakers, a white power strip, and a book titled 'EMONY, SHICKEY! BATHING' with the subtitle 'Should You Go to School?'. The right side contains a dark blue t-shirt, a blue t-shirt, a pair of blue jeans, a blue t-shirt, and a black and white zebra-print shirt. The suitcase is secured with two grey straps with red and blue stripes. The text 'WHAT THINGS WILL YOU NEED TO BRING?' is overlaid in white, bold, sans-serif font across the center of the image.

**WHAT THINGS WILL YOU NEED
TO BRING?**

THE WEATHER IN SOUTH OF FRANCE



Climate and weather in the South of France in May
Average temperature in the South of France in May: 12°C to 22°C, 54°F to 71°F

Sea temperature in the South of France in May: 16°C, 61°F

Average rainfall in the South of France in May: 40mm to 50mm, 1.6in to 2in

Note: May is a good time to go to the South of France because the weather is warm and the bulk of tourists have not yet arrived for their summer holiday in France.

Events: The world famous Cannes Film Festival will take place in May and is bound to draw in many international celebrities and film buffs. The Monaco Grand Prix will take place in Monaco and is the largest Formula One event in the world, not to be missed if only because of its grand scale. The Cavalcade Festival celebrates medieval culture with parades and markets in Pezenas, and guests can expect some jousting and feasting to entertain the crowds. Feria de Pentecost festival is Nimes biggest festival, full of bullfighting, dancing and food, which is a local traditional festival that is not to be missed.

(<http://www.climateandweather.com/weather-in-south-France>)

OUR SUGGESTIONS

- There are two different kinds of weathers on land and sea. During cool nights and early mornings in South of France, it is bit cool like 60-70 F. (We don't need air conditioning when we are sleeping in the cozy warm berths.)
- From our travel experience in South of France, we recommend you to bring wind jacket, hat, pants, shorts, sweater, t-shirt, and sailing shoes. It may be chilly and windy at sea. You may wear t-shirt and shorts when you are on land. It is very warm in the cities in South of France during sunny days. It is around 75-85 F degrees. During cloudy days, it is bit cool but it is warm thick humid air. It is like 70-75 F degrees. You can wear shorts and sweater.

Wind jacket

Sweater

Pants

Flashlight

Deck shoes

Sun lotion

T-shirts

Shorts

Headlamp

Hiking boots





PROVISIONING PLAN

ENJOY MEALS AND DRINKS ON BOARD

- In the month of March before sailing, we will send out copies of the provisioning forms to all of you to fill out. We will collect them from you by deadline date and we will follow what you wish to eat and drink onboard. After that, we will give you a week schedule for different meals.
- We will provide fresh water, milk, coffee cream, sugar, natural sweeteners, American coffee, regular tea, soft drinks and fruit juices.
- For saving food from wasting, we will need to know who wish to go out to eat onshore and wish to eat onboard daily. We will make sure we will stay onboard for anyone who wish to eat onboard.
- Please bring your drinks and snacks if you want. You can keep them in your cabin.
- We will not be responsible for providing alcohol beverages. You are welcome to bring them on your own. Please be responsible drinker and respect for other passengers too.



FOOD MENU FROM OUR CRUISE ON FRENCH RIVIERA LAST MAY 2022



Cinnamon Toast Quinoa



Lentil Soup & Garlic Bread



Zucchini Pasta



Dal



Margarita Pizza



Cheese Blintze



Baguette & Jam



Chicken Pesto Sandwich

DO YOU HAVE ANY QUESTIONS?

PLEASE EMAIL US!