

BALEARIC ISLANDS

INFORMATION SEMINAR

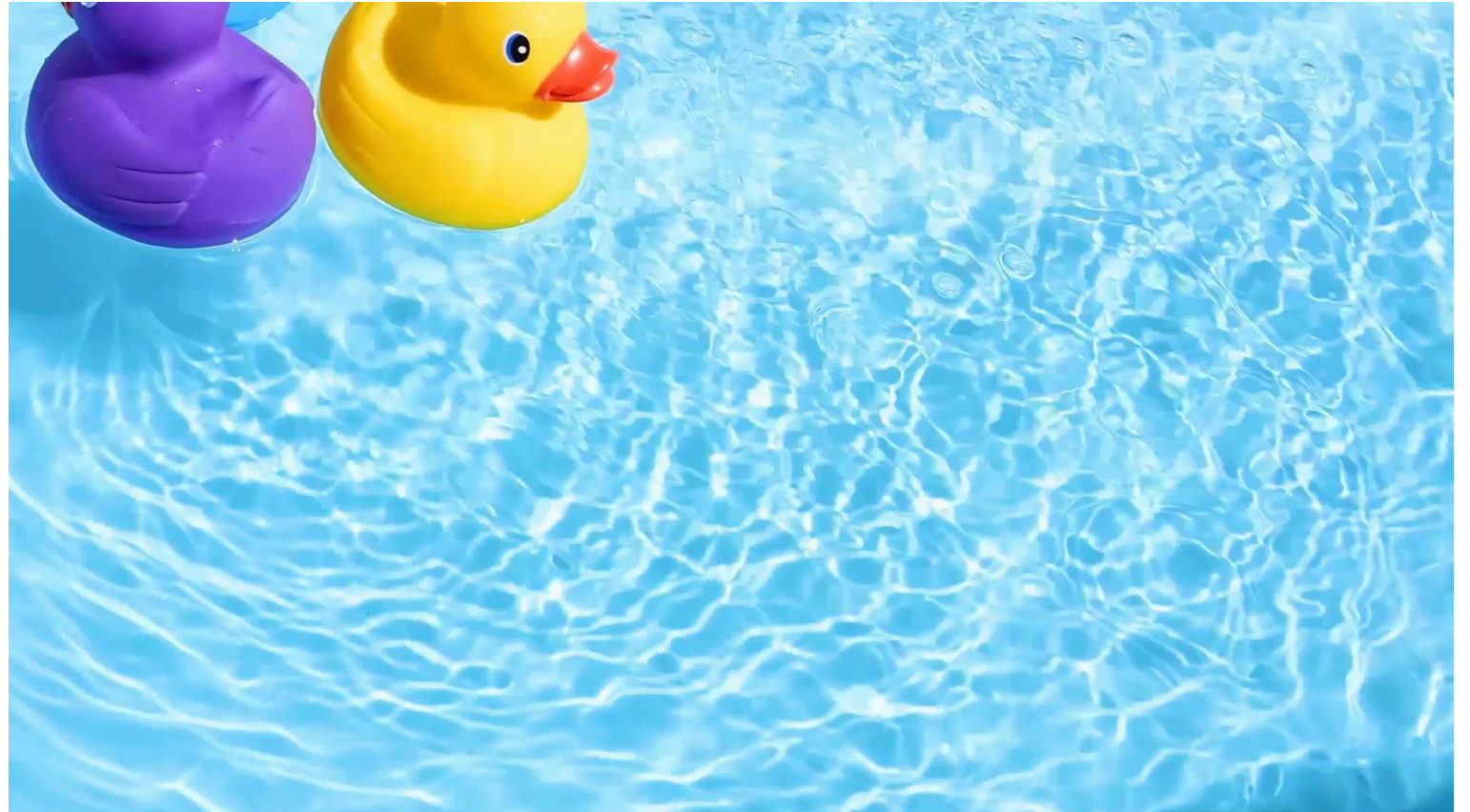
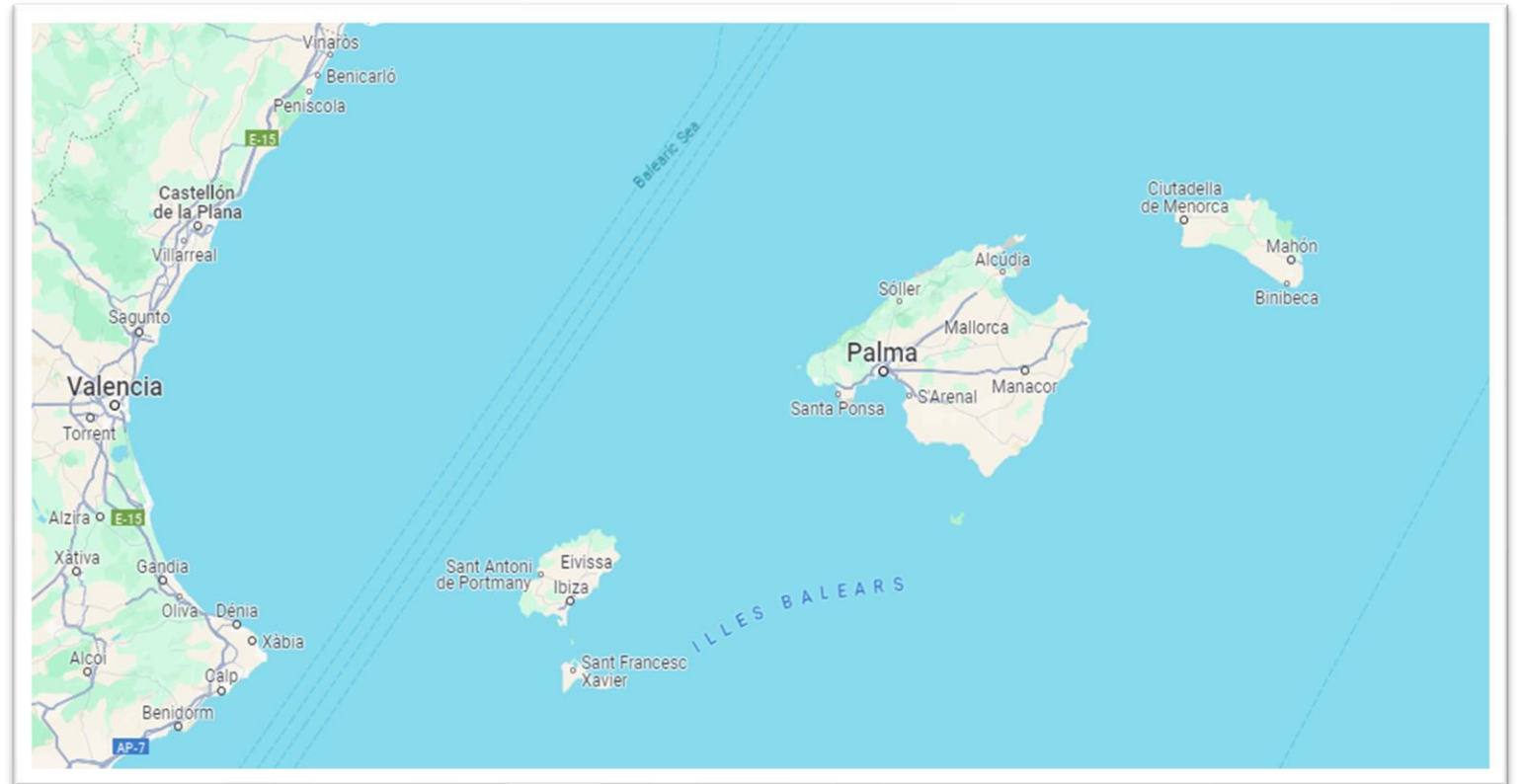


TABLE OF CONTENTS

- Introduction to Balearic Islands
- Our Catamaran
- Your Captain and First Mates
- Where, how and what time will we meet?
- Medical Emergency & Safety Rules
- What things will you need to bring?
- Provisioning Plan
- Questions & Answers



INTRODUCTION TO BALEARIC ISLANDS



Introduction to Balearic Islands

The earliest known evidence of inhabitation of the Balearic Islands is dated to the 3,000 BC, around 2500-2300 BC from the Iberian Peninsula or southern France, by people associated with the Bell Beaker culture. Little is recorded on the inhabitants of the islands during classical antiquity, though many legends exist. The story, preserved by Lycophron, that certain shipwrecked Greek Boeotians were cast nude on the islands, was evidently invented to account for the name Gymnesiae (Ancient Greek: Γυμνήσιαι). In addition, Diodorus Siculus writes that the Greeks called the islands Gymnesiae because the inhabitants were naked (γυμνοί) during the summer time. Also, a tradition holds that the islands were colonized by Rhodes after the Trojan War. The islands had a very mixed population. Several stories describing them as having unusual habits. Some have it that they went naked year-round (a folk etymology claims this inspired the islands' name), some say they went naked only in the summer, some that they wore only sheepskins—until the Phoenicians arrived and provided them with broad-bordered tunics. Other stories have it that the inhabitants lived in hollow rocks and artificial caves, that their men were remarkable for their love of women and would trade three or four men to ransom one woman, that they had no gold or silver coin, and forbade the importation of the precious metals—so that those of them who served as mercenaries took their pay in wine and women instead of money. The Roman Diodorus Siculus described their marriage and funeral customs (v. 18 book 6 chapter 5), noting that Roman observers found those customs peculiar.

Source: [Wikipedia.org](https://en.wikipedia.org)



BALEARIC ISLANDS

8-Day Destinations

Day 1:

Board on our catamaran in Palma, Mallorca at 6:00 p.m. We will have a brief meeting and go out for dinner.

Day 2: **Green Line (17 nm 2.5 hr)**

Set sail around Mallorca to Cala Pi from Palma after breakfast.

Day 3: **Red Line (8 nm 1.5 hr)**

Set sail to Colonia Sant Jordi.

Day 4: **Purple Line (11 nm 1.5 hr)**

Sail north and enjoy the scenic coastline on the way to Cala Figuera.

Day 5: **Black Line (18.5 nm 3.5 hr)**

On the turn trip from Cala Figuera to Cabrera Island.

Day 6: **Yellow Line (4 nm 1 hr)**

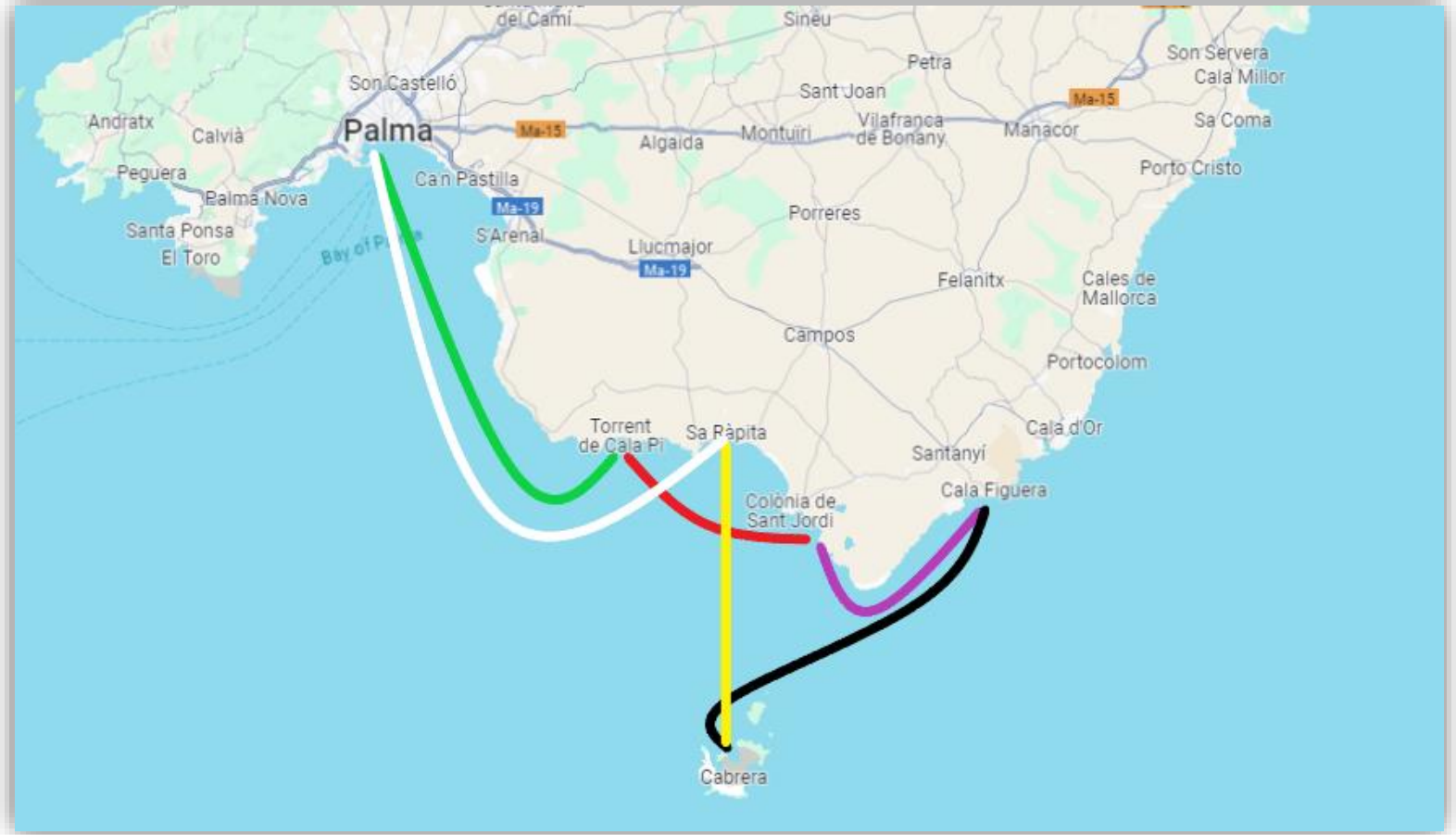
Heading west from Cabrera Island to Sa Rapita.

Day 7: **White Line (22 nm 3.5 hours)**

Set sail back to Palma. Enjoy scenic view. Sleep aboard.

Day 8:

After breakfast, take group pictures, wave farewell and disembark at 9:00 a.m.



Itinerary and time are subject to change due to weather conditions.

PALMA

- ★ Palma is a resort city and capital of the Spanish island of Mallorca (Majorca), in the western Mediterranean. The massive Santa María cathedral, a Gothic landmark begun in the 13th century, overlooks the Bay of Palma. The adjacent Almudaina is a Moorish-style Arab fortress converted to a royal residence. West of the city, hilltop Bellver Castle is a medieval fortress with a distinctive circular shape.
- ★ Palma is an exciting Mediterranean capital which seduces thousands of visitors each year with its rich offering of art, culture and gastronomy. Its historic streets are home to top restaurants, enticing boutiques stores, contemporary galleries and bustling fresh food markets.
- ★ The city of Palma was founded in 124 BC. It has 409,661 residents (2018). It has elevation 43 ft. high above the sea level.



CALA PI

★ Cala Pi is the perfect choice for peace, quiet and relaxation. This, the earliest known settlement in Mallorca ironically remains one of the most un-spoilt locations on the island. Cala Pi is a quiet, natural harbor on the south coast in the district of Lluchmayor and approximately 40-minutes' drive from the airport of Son Sant Joan. We hope you enjoy this abcMallorca guide to Cala Pi to help you make the most of your visit to this idyllic location.

★ Cala Pi has a beautiful beach sandwiched between two natural cliff sides. This allows for amazing views contrasting the sandy beach with the crystal clear waters, dramatic rocks and lush vegetation. The beach is only 50 metres wide but stretches towards the sea for about 100 metres, giving it a very sheltered feeling.



COLONIA SANT JORDI

- ★ The upbeat coastal resort of Colonia Sant Jordi in southeast Mallorca was traditionally a fishing village, but now has much more to offer than just seafood. Situated on almost the southernmost tip of the island in the municipality of Ses Salines this village attracts an active, sporty crowd of visitors. Making the most of all the natural wonders which surround this unique town is only a step away with our abcMallorca guide to the very, best that Colonia Sant Jordi has to offer.
- ★ Colonia Sant Jordi is blessed by its proximity to several major natural attractions in Mallorca. In particular the 3km long unspoilt beach of Es Trenc and the national park and marine reserve of Cabrera which is an archipelago of small islands just 10 kilometres off-shore. Cabrera is uninhabited but was once used to hold prisoners during the Napoleonic wars in the early 1800s, most of whom, tragically died. Its protected status now makes it an ideal place to visit if you enjoy seeing abundant marine life.



ISLA DE CABRERA

- ★ Cabrera is the largest island and the name of the small archipelago that sits 10 miles off the southern most tip of Mallorca. It's a national park so no one lives here and visitors are only able to come here in boats with permits. The permits don't cost anything and merely need to be applied for but they do mean that fewer people come here than other parts of Mallorca and as such the water is cleaner and clearer than anywhere else I've seen on the island.
- ★ Cabrera was used to house French prisoners of war following the 1808 Battle of Bailén. Of the 9,000 sent to Cabrera during the war, only 3,600 remained to be repatriated at its end in 1814, though 876 officers and sergeants were taken off in July 1810 and sailed to England.[2] The island was to be supplied every two days with food and water but these ships often did not set sail. As well as dying of starvation, thirst and disease many were driven insane and some became cannibalistic. Inscriptions by the prisoners have been discovered in a cave at Cap Ventos, to the northwest of the island, which is also still littered with buttons from their rotted uniforms.



SA RAPITA

★ Also known as Platja de Sa Ràpita, an alternative to Es Trenc is the beautiful neighbouring beach at S'Arenal de sa Rapita in the southeast of Majorca. It is much quieter than Es Trenc, and is popular with families, surfers and windsurfers. This unspoilt beach is around one kilometre long and consists of fine white sand. The clear shallow water is a beautiful shade of turquoise making it a picturesque and inviting destination. Well-equipped to cater for the enthusiastic tourists, there are sun loungers and parasols for hire, as well as showers, toilets and lifeguards are on duty.

★ Situated in the municipality of Campos, 11 km from Campos and 12 km from Lluçmajor, the beach is about a 35-minute drive from the city of Palma. Backing onto sand dunes and pine forest makes it one of the more beautiful natural beaches in all of Mallorca. Within the Es Trenc-Salobrar de Campos Natural Park, it is in an area home to a diverse range of flora and fauna, featuring protected sand dunes, wetlands and offering excellent opportunities for nature walks and bird watching. Often associated with Es Trenc Beach given their close proximity, Es Trenc is notably one of Mallorca's most famous 'natural' beaches and can be accessed via a short walk west or a quick boat ride.





OUR CATAMARAN

SPECIFICATIONS

- Our boat selection will be Lagoon 42. Its double hull type is catamaran. This has LOA of 42 ft. long. It has 22.67 ft. wide beam. Its draft is 4.42 ft. depth. Displacement: 16,550.00 lb.
- It can carry up to 12 persons. There are 12 lifejackets available on this sailboat.
- There are 4 double cabins plus 4 heads with hot showers units. This boat has Roller Main Sail and Roller Genoa.

300 Liter Water Tank

300 Liter Fuel Tank

2 X 45 HP Engines

220 V Socket

Air Conditioning

Generator

Watermaker – Desalinator

Electric Anchor Windlass

Electric Toilet

Refrigerators

Freezer

Wind Instruments

VHF Radio

Dinghy with Outboard Engine

Swimming Ladder

Bimini & Dodger



version 4 cabins / 4 cabins version



CAN WE USE WIFI ONBOARD?

Unfortunately, there is no WIFI system on our catamaran. We may not have internet working when we are far from land at sea at least 25 miles away. If we get closer to the island, the internet may be working. When internet is working, we can use HOTSPOT if necessary.

Please be encouraged to buy eSIM from Airalo. You can download Airalo app from Play Store or Apple Store. You can try to ask your cellphone company if they offer you affordable international roaming charges in Tahiti. You can find if there are other competitors beside Airalo.

<https://www.airalo.com/>

<https://www.phonetravelwiz.com/best-esims-for-french-polynesia-guide/>

EXTERIORS



Stern



Stern Deck



Port side



Cockpit



Forward



Cabin Top

CABIN AND HEAD



4 Cabins



4 Heads

MAIN GALLEY & SALOON



Main Galley

Saloon

A nighttime photograph of a marina filled with numerous sailboats. The water is dark, reflecting the lights from the boats and the surrounding city. In the background, the Sagrada Família is brightly lit, standing out against the dark sky. The city lights are visible on the hillside behind the marina. The text "YOUR CAPTAIN AND FIRST MATE" is overlaid in white, bold, sans-serif font in the lower-left quadrant of the image.

**YOUR CAPTAIN
AND
FIRST MATE**

YOUR CAPTAIN



Captain Troy Stilwell

SAILING CERTIFICATIONS

- ASA 101: Basic Keel
- ASA 103: Coastal Cruising
- ASA 104: Bareboat Chartering
- ASA 105: Coastal Navigation
- ASA 106: Advanced Coastal Cruising
- ASA 107: Celestial Navigation
- ASA 114: Cruising Catamaran
- ASA 119: Marine Weather Endorsement
- ASA 120: Radar Endorsement
- USCG Affiliated Captain Diploma
- International Proficiency Certificate
- Boater Safety Certificate
- AED, CPR & First Aid Certificate
- Food Handling Safety Certificate
- +10 years sailing experience
- ASA certified Sailing Instructor

“Near the border of Maine, USA, I was born in Saint John, New Brunswick, Canada. When I was 3 years old, my parents and I sailed on Northumberland Strait for lobster fishing with his friends. I grew up and I knew nothing about sailing. I obtained the sailing certifications from American Sailing Association (ASA) in November 2010. Every summer, I work and volunteer at the sailing club for disabled sailors. I also teach sailing lessons to the Deaf/Hard of Hearing people. For more than 10 years, I chartered different sailboats in California, New England and France. I mostly teach online ASL classes at my college in Toronto, Canada.”

YOUR FIRST MATE



First Mate Brian Mehan

SAILING CERTIFICATIONS

- ASA 101: Basic Keel
- ASA 103: Coastal Cruising
- ASA 104: Bareboat Chartering
- ASA 114: Cruising Catamaran
- International Proficiency Certificate
- Boater Safety Certificate
- AED, CPR & First Aid Certificate
- Food Handling Safety Certificate

“F or my whole life, I grew up on the small islands of Avalon and Stone Harbor, New Jersey USA. I always love the ocean. When I was 10 years old, my parents sent me to the Avalon Yacht Club for learning how to sail on the small sailboat known as Sunfish with my two brothers. Even without access to ASL interpreter, I was very good at learning the sailing lessons from my instructor who had very good body language and gestures. Also, I was very grateful to have my great instructor who had a lot of patience with me. I fell in love with sailing sports for a first time in my life. When I was 12 years old, I was a volunteer working at the windsurf shop in my home neighborhood. For my first time, I spotted a huge beautiful catamaran in Florida back in the 1990s and I fell in love with it! Many years later, I decided to take ASA coastal cruising and bareboat chartering courses with Troy. He is Deaf sailing instructor. We sailed to Catalina Island from Los Angeles. I learned a lot from him. In May 2019, my wife and I went to the South of France for sailing with Troy. I have earned good sailing experience and sailing skills. Now I permanently live in Ocean City, Maryland USA. Currently, I'm retired from my work and my goal is now to be involved in sailing with the sailor “gangs” and sail where the sun guides us to go for my opportunity to learn a lot of techniques with windsurfing at the bay. My parents bought a sunfish sailboat and windsurf for me so I'd play around at the bay behind my home. I am planning to buy and own my sailboat and I will sail around the world. “

**WHERE, HOW
AND WHAT TIME
WILL WE MEET?**



Where, how and what time will we meet?

ACCESS BY PLANE

Palma de Mallorca Airport (PMI): The airport is 10km from the base, which is a 13-minute journey by car/shuttle. Fly via Barcelona or Madrid, as well as other European countries, with most major airlines. There are more flights during high season. Please check the schedule on the airport website.

TRANSFERS FROM THE AIRPORT TO OUR BASE

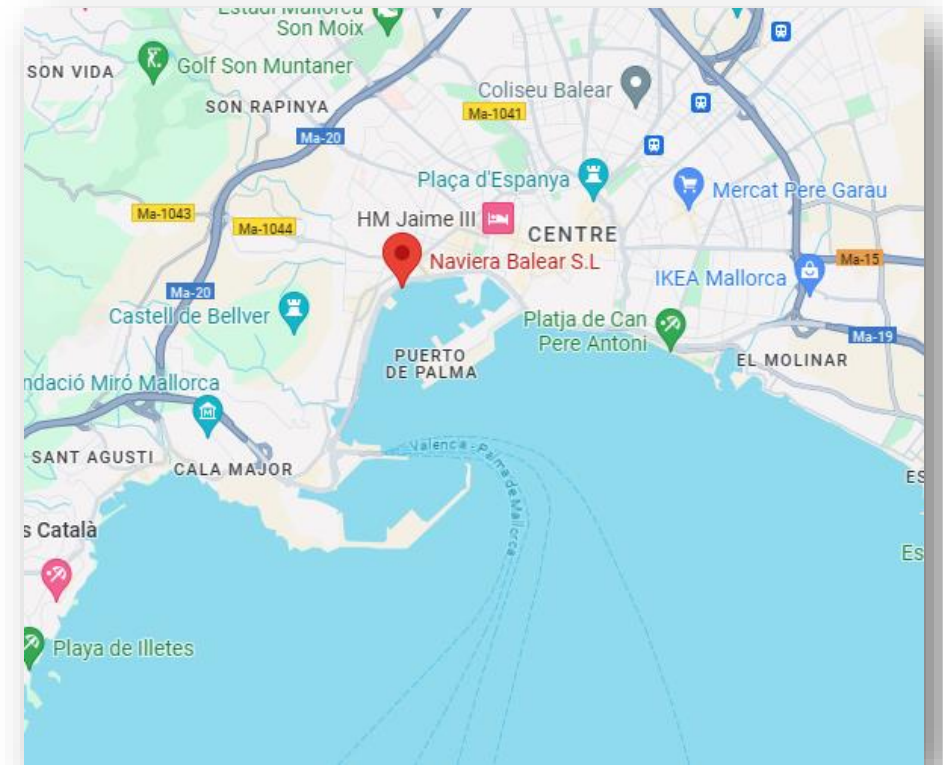
If you need organized transfer from the airport, please contact our base manager. Major car rental companies operate from the airport, please refer to airport website for info, working hours and contacts. Taxis are regularly available in front of the airport buildings.

ACCESS BY FERRY

Palma Port Terminal (3 km from the base or 5 minutes by car):

<https://www.balearia.com/en>

<https://www.trasmediterranea.es/en>



Dream Yacht Charters Office address:
Avda. de Gabriel Roca, 25, bajos, loc. 2-3,
07014 Palma Illes Balears (550 meters from
Marina Naviera Balear)
GPS POSITION: N39°31'51",E2°34'10"
OPENING HOURS: 8am-6pm

A scenic view of a bay with a rocky, green cliffside in the background. Three sailboats are visible in the water. The central sailboat is the largest, with two masts and a blue hull. To its left is a smaller white sailboat with a colorful flag. To its right is a white motorboat. The water is a deep blue. The sky is clear and blue.

MEDICAL EMERGENCY & SAFETY RULES

YOUR SAFETY IS OUR MAIN RESPONSIBILITY ON OUR SAILBOAT

- 3 B-I Fire Extinguishers (small) or 2 B-II fire extinguishers (big)
- Fire blanket for stove
- First Aid Kit / thermal blanket
- Disinfectant wet wipes
- PDF lifejackets
- Light/smoke Flares
- Spot Satellite Messenger
- Sail Plan
- Mobile phones / DCS - VHF radio
- Marine Weather
- Dinghy with outboard engine
- Automatic/manual Bilge Pumps
- Wood cones
- Emergency tiller
- Emergency anchor (backup)



Will you sign a liability waiver?

Like any kind of a transportation, there is always risk involved. You will be requested to sign our liability waiver form after boarding on the first day. This is for you to be responsible and acknowledge your own risks. Be assured that we are trained professionally and experienced to ensure the safety of you, our guests, and our sailboat. Unfortunately, there is always unforeseen risk which we have no control over of being sudden ill, injured or killed by accident, disease, natural disaster, terrorism, war and crime.

Travel Medical Emergency Insurance

Please be encouraged to buy your Travel Medical Emergency Insurance Policy! It will help protecting you from a financial trouble if you seek urgent medical care overseas. Some insurance companies are not covering the costs of Covid-19 medical emergencies. Some of them will charge you very high for adding covid-19 medical emergency insurance. Please double check with your travel medical insurance company before buying the travel medical emergency insurance policy. The U.S. Medicare may offer the insurance but please check with The U.S. Medicare office at first before you will fly.



YOUR CONFIDENTIALITY WILL BE RESPECTED AND PROTECTED

- If you have any health condition and you don't wish to share it with us, your privacy will be respected. The copies of our medical forms and envelopes will be distributed to you and the guests. You can fill out the medical form and put it in the envelope and seal it. Keep it in your cabin or give it to your partner.
- If you are unconscious, we will give your sealed envelope to the doctor or EMS paramedic.
- We urge you to share your information with us if you have any food allergies. For your safety, we (including our guests) must know immediately. Please bring your extra Epi-pen if possible.

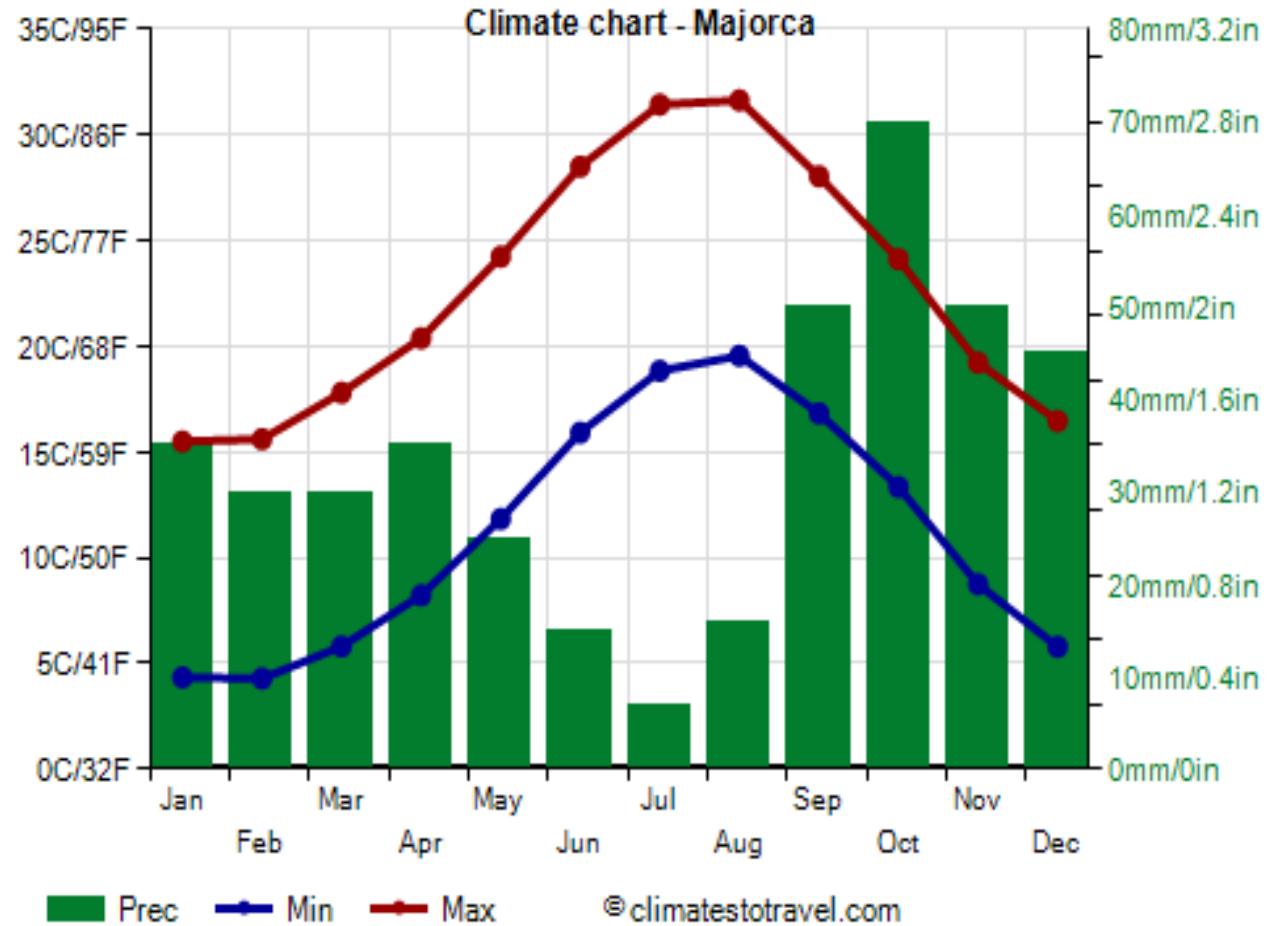


An open suitcase is shown from a top-down perspective, lying flat. The left side of the suitcase contains a red bag, a pair of pink sneakers, a pair of red sneakers, a white power strip, and a book titled 'EMONY, SHIGLEY, & BATHROOM' with the subtitle 'Should I Go to School?'. The right side contains a dark blue t-shirt, a blue t-shirt, a blue t-shirt, a pair of blue jeans, a black and white zebra print shirt, and a pair of black shoes. The text 'WHAT THINGS WILL YOU NEED TO BRING?' is overlaid in white, bold, sans-serif font across the center of the image.

**WHAT THINGS WILL YOU NEED
TO BRING?**

THE WEATHER IN BALEARIC ISLANDS

The climate in Mallorca in July is hot and dry. 'Sunseekers' will be in their element as the weather is perfectly suited for swimming, sunbathing and perfecting your tan. Many of the beaches in Palma and across the island are packed and it is best to book a place in the sun early in the day. Average temperatures in Mallorca during July range from 21 to 29°C (70 to 84°F). Sea temperatures during July in the Balearic Islands tend to peak at 24 degrees Celsius (75 degrees Fahrenheit). Holidaymakers in Mallorca can expect 11 hours of sunshine per day and virtually no rain throughout the month. Interior regions of the island tend to get slightly warmer than the coastal areas. Areas toward the south of the island sometimes receive dusty air blown in from the Sahara desert.



WHAT TO PACK FOR A HOLIDAY IN BALEARIC ISLANDS IN JULY?

July is peak summer, the hot weather means that tourists should pack as little as possible. Swimwear and beach paraphernalia are vital, but holidaymakers in Mallorca in July should also pack protective clothing and sunblock as the hot weather lends itself to sunburn and sometimes even heatstroke. Light summer clothes are best for July in Mallorca.

What do you need to wear for sailing?

Wind jacket

Shorts

Flashlight or headlamp

Deck shoes

Swimwear

Waterproof bag for mobile phone

Sun lotion

Sunglasses

Sunhat

Beach Towel

Mask & Snorkel





PROVISIONING PLAN

ENJOY MEALS AND DRINKS ONBOARD

- In April 2026, we will send out copies of the provisioning forms to all of you to fill out. We will collect them from you by deadline date and we will follow what you wish to eat and drink onboard. After that, we will give you a week schedule for different meals.
- We will provide fresh water, milk, coffee cream, sugar, natural sweeteners, American coffee, regular tea, soft drinks and fruit juices.
- If you wish to go out to eat onshore, please let me know. This is for saving the food from wasting.
- Please bring your own snacks.
- We will not be responsible for providing alcohol beverages. You are more than welcome to bring them on your own. Please be responsible drinker and respect for other passengers too.



FOOD MENU FROM OUR CRUISE ON FRENCH RIVIERA LAST MAY 2023



Cinnamon Toast Quinoa



Lentil Soup & Garlic Bread



Zucchini Pasta



Dal



Margarita Pizza



Cheese Blintze



Baguette & Jam



Chicken Pesto Sandwich

DO YOU HAVE ANY QUESTIONS?