

# **“It’s Not Suppose To Be This Way”**

**Lysa Terkeurst**

## **Chapter 3 and 4**

### **Statement to Hold Onto:**

Jesus learned from His suffering an obedience that matured over time.

### **Video:**

In Genesis the first garden Adam and Eve’s heart was in \_\_\_\_\_ harmony.

Sin entered in and life became full of \_\_\_\_\_.

The second garden mentioned in Revelation will be \_\_\_\_\_.

When Jesus told the disciples, in the book of Mark, to keep watch he meant for them to watch as He did \_\_\_\_\_.

Jesus is in the order of \_\_\_\_\_.

Melchizedek was both a \_\_\_\_\_ and \_\_\_\_\_.

He was the only king that was a High Priest.

Jesus is both our \_\_\_\_\_ and \_\_\_\_\_.

### **Book**

What part of the teaching was most meaningful to you?

Pages 36-44

Lysa talks about pain.

How did God use the pain she went through in the hospital?

Page 48

What do we need to know about trust?

How do we trust?

Chapter 4

Pages 56-57

Lysa talks about her journey of slowing down. What are some ways you can slow down to hear God?

Page 60

Where does fear reside?

Page 65

What are some of God's truth statements for us?

# **“It’s Not Suppose To Be This Way”**

**Lysa Terkeurst**

## **Chapter 5 and 6**

### **Statement to Hold Onto**

God’s promise fulfilled applies both to problems placed on us and problems within us.

### **Video**

What is hyssop?

Examples of its usage in the Bible.

### **Book**

Page 75

What are Satan’s ploy?

Page 80

How do we use God’s comfort?

2Corinthians 1:3-4

Page 83

What is the Bible’s instructions?

Colossians 3:12

Page 94

What are some ways our hope is tied to God?

Page 97

Psalm 40:1-3

How do we get to the solid rock?

Page 99

Why don't we have to find God?

Page 102

Once we have gone through the process God has for us, what will we be able to do? Is the process the same for each of us?

Page 102-103

Colossians 1:9-11

Personalize these verses for yourself and others.

What happens when our suffering ends?

Page 104

Why is the enemy terrified?

Which part of the chapters 5 and 6 were most meaningful to you?

# It's Not Suppose To Be This Way

Lysa Terkeurst

## Chapter 7 and 8

### Statement To Hold Onto

Turn the tragedy of sin into a victorious testimony.

### Video Notes

Psalm 51 was written as a \_\_\_\_\_ of confession within a community of faith.

From community we need \_\_\_\_\_ and \_\_\_\_\_.

If the enemy can isolate us he can \_\_\_\_\_ us.

Sin never \_\_\_\_\_ affects the one who sins.

What was the example she gave?

There are four steps of restoration: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

Psalm 51:1—6 \_\_\_\_\_ -- \_\_\_\_\_ sin, \_\_\_\_\_ it.

Psalm 51:7—9 \_\_\_\_\_ -- \_\_\_\_\_ away the sin.

Psalm 51:10—12 \_\_\_\_\_ --bring into existence a \_\_\_\_\_ heart.

Psalm 51:13 \_\_\_\_\_ --“Then”, I will \_\_\_\_\_ others.

### Chapter 7

Page 112 Read 2 Corinthians 1:8=9

God doesn't want us to \_\_\_\_\_ this. He wants us to hand this \_\_\_\_\_ to Him.

Page 114

I don't know God's plan for me. The main thing I know is God is \_\_\_\_\_.

I don't know the details, but I could make His \_\_\_\_\_ the starting place to renew my perspective.

Page 115 What is grog?

Page 115-116 What is a potsherd?

In the Master's hands what can we entrust Him to do?

Page 119 Matthew 5:8 If we want to see God in our circumstances and see His perspective we must \_\_\_\_\_ Him, His \_\_\_\_\_, and His \_\_\_\_\_.

## Chapter 8

Page 128

\_\_\_\_\_ moments don't make weak \_\_\_\_\_.

It makes us more \_\_\_\_\_ of our need to press in to \_\_\_\_\_.

Page 131 Hebrews 12:1—2

To be able to run free we must do three things. What are they?

Page 133 John 9:1—7 Why was the man blind?

Page 141 We must keep our eyes on \_\_\_\_\_ and go over His \_\_\_\_\_ --the \_\_\_\_\_ --again and again.

This is how we get through \_\_\_\_\_.

# “It’s Not Suppose To Be This Way”

Lysa Terkeurst

## Chapter 9 and 10

### Statement To Hold Onto

The enemy wants us to have an eroded trust in God and elevated trust in ourselves.

### Video

Trees that have shallow roots or are hollow can fall during a \_\_\_\_\_.

Shallow seeking will lead to shallow \_\_\_\_\_.

\_\_\_\_\_ can either move us closer to God or draw us away.

Fear is an \_\_\_\_\_ trust in God.

Read Matthew 4:1—11.

How did Satan tempt Jesus?

What did Jesus use to come against Satan?

### Book

page 150

Information about our enemy isn’t meant to scare us. It is meant to \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ us.

Page 153

John 10:10

Enemy’s best work is to \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

Where can we find insights into fighting the enemy?

Page 157

Our minds are made by \_\_\_\_\_. We are capable of receiving what it needs by reading the \_\_\_\_\_ labels that God has provide in His \_\_\_\_\_.

Read 1 Peter 1:6—9

Read James 5:13—16.

My Fighting Words—pages 188, 191—202

**Affection:** my \_\_\_\_\_ what I love.

Psalm 91:14—15

Jeremiah 24:7

Psalm 112:7

**Adoration:** my mouth, what I \_\_\_\_\_

Psalm 19:14

James 5:13

Psalm 138:1—3, 7

**Attention:** my mind, what I \_\_\_\_\_ on

Isaiah 26:3

1 Peter 5:8

Proverbs 5: 1—2

**Attraction:** my eyes, what I \_\_\_\_\_

Proverbs 4:25—27

Philippians 3:15—21

1 John 2:16

**Ambition:** my calling, what I spend my time \_\_\_\_\_

Hebrews 3:1

Hebrews 12: 1—2

Ephesians 2:10

**Action:** my choices, how I stand \_\_\_\_\_

2 Thessalonians 12:1—2

Philippians 4:1, 6—8

Numbers 23:19

When we declare these fighting words and \_\_\_\_\_ them out, we will be  
\_\_\_\_\_. \_\_\_\_\_ . And ready to fight Satan's  
vicious lies with the \_\_\_\_\_ truth of God's Word.

# “It’s Not Suppose To Be This Way”

Lysa Terkeurst

## Chapter 11

### Statement To Hold Onto

How we live on this side of eternity matters.

### Video

\_\_\_\_\_ minded means there’s a purpose to my pain here and now.

Philippians 4:5—7

The Lord is \_\_\_\_\_. In every \_\_\_\_\_ present your requests to God.

James 1:2—4

Consider it pure \_\_\_\_\_. The testing of your faith produces \_\_\_\_\_.

Eternally focused. We are headed to a restored \_\_\_\_\_ (our eternal home).

The crown of \_\_\_\_\_ is for those who suffer for the sake of the gospel.

The crown of \_\_\_\_\_ is for those who fulfill the role of elder or pastor.

The crown of \_\_\_\_\_ is for those who win others to Christ.

The crown of \_\_\_\_\_ is fir anyone who preservers through hardships and longs for the return of Jesus.

The \_\_\_\_\_ crown s for those who keep their body in a whole and healthy state on mission for God.

We will all cast our crowns at \_\_\_\_\_ feet. This is a symbol of our \_\_\_\_\_.

## **Book**

Lysa starts out sharing how she would love to sit with each of us and share the funny things that have happened in our lives.

Jot down a few funny things that have happened to you. Anyone want to share?

She then goes on to say she would like to share a few disappointments and how we let God handle them.

Jot down some growths you have had through the disappointments in your life. Anyone want to share?

Page 212 Lysa talks about making a cake. Explain how God uses all the ingredients of our lives to mature us.

Read Lysa's journal entry "Upside Down". Can you see yourself in this entry? Jot some thoughts below. Anyone want to share?